



Living Christ Together...

Into Your Hands

Dear Friend in Christ,

I've been praying this prayer by Blessed Charles de Foucauld for the last 30 years. It never gets old. It always gets new.

Prayer of Abandonment

Father,
I abandon myself into your hands;
do with me what you will.
Whatever you may do, I thank you:
I am ready for all, I accept all.
Let only your will be done in me, and in all your creatures.
I wish no more than this, O Lord.

Into your hands I commend my soul;
I offer it to you with all the love of my heart,
for I love you, Lord,
and so need to give myself,
to surrender myself into your hands,
without reserve,
and with boundless confidence,
for you are my Father.
Amen.



In Christ Jesus,

Bishop Liam Cary

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The Roman Catholic Diocese of Baker

641 SW Umatilla Avenue Redmond, OR 97756

Tel (541) 388-4004 - Fax (541) 388-2566

www.dioceseofbaker.org

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