



Living Christ Together...

Through Easter with Mary

Dear Friend in Christ,

It's good to pray to Our Lady in tune with the liturgical seasons, as the Church has long done at the close of the day with Compline, the official night prayer.



Throughout the Easter season the passing of the daylight is accompanied with the *Regina caeli, laetare*, which looks like this in English:

Queen of Heaven, rejoice, alleluia,
for He Whom you were worthy to bear, alleluia,
has risen as He said, alleluia.
Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia.
For the Lord is truly risen, alleluia.

O God,
Who by the Resurrection of Your Son,
Our Lord Jesus Christ,
were pleased to make the world rejoice,
grant, we beseech You,
that through His Mother, the Virgin Mary,
we may possess the joys of eternal life.

Between now and Pentecost this ancient hymn is also prayed in place of the *Angelus* in the morning and at noon.

"We are Easter people," the saying goes, "and Alleluia is our song."
Pray the *Regina caeli*, and join the crowd!



In Christ Jesus,

Bishop Liam Cary

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