



## *Living Christ Together...*

### *Corpus Christi* Thinking

Dear Friend in Christ,

“The one who feeds on Me  
will have life because of Me.”

What kind of life? Bodily life.

Tangible, audible, recognizable  
Communion with the invisible Lord  
in His visible body, the Church.



Life that rises in the oven of sacrifice  
from grain ground into fine flour  
on redemptive suffering's millstone.

What kind of life? Life in the Blood.

Life crushed out of grapes of willingness  
at the winepress of faithfulness  
to sweeten the taste  
of the Banquet of the Lamb.

Unseen Love pulsing within us  
and through us  
and for us.  
Interior life.  
Life from the heart.

“My Flesh is real food and My Blood real drink.”

“The one who feeds on Me will have life because of Me.”



In Christ Jesus,

*Bishop Liam Cary*

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