



Family Rosary Curriculum (FRC)

Catechetical Evangelization - Faith Formation & Sacramental Preparation



Week 15 - The Transfiguration

Parents - Instructions: Before beginning this lesson, please take a few minutes together as a couple, or by yourself, to read and reflect on the “Scripture Reading” and “Discussion Questions”. Next, read the Scripture passage and the lesson to/with your child(ren). Then, as a family, discuss a few of the questions. Parents, please be sure to share *your* answers, thoughts, and questions with your child(ren) as well. It’s ok to not know everything about our faith. Your parish leadership is happy to help you find answers.

Scripture Reading: [Matthew 17:1-8](#)

Virtue/Fruit: Desire for Holiness

“For he alone is the way that is worth following, the light that is worth lighting, the life that is worth living, and the love that is worth loving.” ~ St. Teresa of Calcutta

Theme: True Happiness - Living Moral Lives

Parents - Read to/with Child(ren):

Jesus went up the mountain with his closest followers. What they saw amazed them. The Scriptures tell us Jesus’ face shone like the sun and his clothes became white as light. What they were seeing was Jesus in all his glory. They were seeing Jesus as he really is. They were seeing him perfect.

There were two men there talking with Jesus. They were Moses and Elijah, two of the most well-known characters in the Old Testament of the Bible. The disciples of Jesus saw them talking even though Moses and Elijah lived a long time ago. The disciple Peter was so amazed by what he had seen, he didn’t want to leave. He told Jesus he would build tents for all of them so that they could stay there. Peter was seeing Jesus in perfect holiness. Peter desired to be holy too. He desired it so much he wanted to stay as long as he could.

In the midst of all of this, God the Father spoke to them from heaven. He told them “this is my beloved Son... listen to him”. At first, the disciples were afraid, but soon after, Jesus comforted them and told them to not be afraid. They heard God’s voice coming from heaven, and they saw the face of Jesus. The disciples continued to follow Jesus and listen to him. Because they followed him and listened they found true happiness. We can also be truly happy if we seek to be holy; following and listening to Jesus.

Discussion Questions (to help start the family conversation)

Young Child(ren) (& 1st Reconciliation/1st Communion Students)

1. What do you think it means to be holy?
2. Why does God the Father want us to listen to Jesus?

Older Child(ren) (& Confirmation Students)

1. What is one thing you can do to become more holy?
2. In what ways has Jesus led you to happiness?

Prayer: Each day this week, as a family, please pray **one decade of the Rosary** reflecting on the mystery of the **Transfiguration of Our Lord**.



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