

THE 5TH SUNDAY IN ORDINARY TIME – SOME MUSINGS

“You are the salt of the earth . . . You are the light of the world.”

So often I find myself doing something ordinary and something happens to change that ordinary act into a moment of reflection. The other morning I was filling my salt shaker (one of those that I fill from the bottom) and I overfilled it spilling a good amount of salt on my kitchen counter. As I took a damp dishcloth and wiped it up, rinsing it and rinsing that salt down the drain, I was reminded of that old adage, “He’s not worth his salt.” I recall a time when my Dad let one of our hired hands go telling Mom he wasn’t worth his salt and I asked what that meant they explained that in ancient times salt was a precious commodity as it was used to preserve food and often Roman soldiers received their payment in salt so it was not a good thing if one was not worth one’s salt. It meant he was lazy or careless about his duties. When Jesus tells His followers that they salt of the earth, it’s a great compliment.

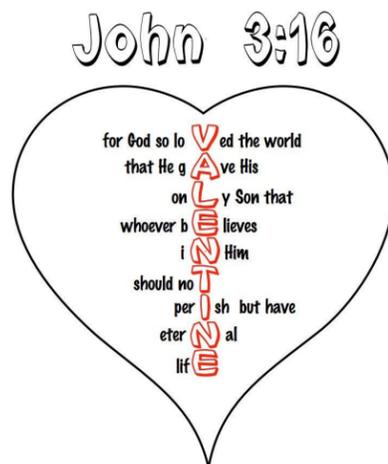
Salt is not always easy to come by. There’s a small atoll in the British Virgin Islands called Salt Island and it’s leased from the Crown by five families for 100 pounds of salt a year. When the tide ebbs, the families go out and gather the salt that has gathered at the edge of the lagoon. Now 100 pounds of salt doesn’t seem like a lot – that is until you actually weigh those boxes in which we buy it at the grocery store. So when Jesus tells us we are meant to be the salt of the earth, He’s telling us we’re precious and need to live out our commitment to our baptismal and confirmation promises. We need to be worth our salt. To do that we need to use our gifts, whatever they may be, to help build a world that reflects His love and compassion to all. We’re meant to stand firm in our role as His disciples and followers, to be ready to stand up and face the evils in the world and to do our part to make sure that we don’t submit to the call of the world but to submit to the gentle yoke of Jesus.

If we do that we become the light that this world so desperately longs for. I know it’s not always possible to be a cheerful, loving person but when we have those down days there’s no need to inflict our grouchiness on others. People who constantly complain can change a mood just by opening their mouths. They aren’t the light of the world; they’re the deep dark night of the soul. But I do know one thing – everyone brightens a room – some folks when they enter and some folks when they leave. We need to be the former. Jesus calls us to life – and life to the full – and we can’t have that full life if we only see what’s wrong in our lives or in the world. We can take many of our blessings for granted; the tartness of salt, the brightness of light and we forget to thank Him for these blessings that are so very ordinary. We’d had a stretch of rather cloudy and gloomy days but then one morning, the sun shone glistening on the white snow and brightening my home with precious and longed for light. That’s what we’re meant to do, brighten the lives of others, whistle as we work, and praise Him for His great goodness.

This week as we reflect on being the salt of the earth and a light for the world, we should take Master Yoda’s advice to Luke Skywalker, “Try not! Do or do not! There is no try!” Let’s be worth our salt and brighten the lives of people we meet. Let’s follow Him and remember that He loved us first and there’s nothing we can do that will quench the fire of love that burns in His heart.

Wishing you a week of much saltiness and light and many small miracles.

Betty Bruch



FEBRUARY 9, 2020

5th Sunday in Ordinary Time

SACRED HEART PARISH

Sacred Heart Church
24 Albert St.
Langton, ON



St. Michael’s Church
978 St. John’s Road
Walsh, ON



Weekend Mass Schedule
Saturday - 5:00 pm
Sunday - 8:30 am (St. Michael’s)
Sunday - 10:30 am

Daily Mass
Tues. - 5:00 pm
Wed. to Fri. 9:30 am

Reconciliation
20 min. prior to weekday mass
Sat. 4-4:45 pm
Sun. 8-8:20 am or by appt.(St. Michael’s)

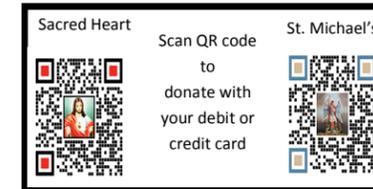
Mailing Address

Box 8, Langton ON N0E 1G0

Phone: (519)875-4438

E-mail: sacredheartlangton@dol.ca

Fr. Thomas e-mail: tckuriack@dol.ca



Parish Clergy

Rev. Thomas Kuriacko, Pastor

Jack Grim, Deacon

Brian Hanley, Deacon

Office Hours: Tues. and Thurs. 9 am - 4 pm

Baptisms - Contact Rev. Thomas - 6 months notice **Marriages** - Contact Rev. Thomas - one year notice required

Schools - Sacred Heart Langton - St. Michael’s, Walsh - Our Lady of Fatima Courtland

FROM THE PASTOR’S DESK:

When Jesus used the symbol of salt, he must have meant it as a great compliment. When we say to someone, for example, “you are the salt of the earth,” we emphasize his worth and usefulness. In the ancient world salt was very valuable. The romans used to say: “Nil utilius sole et sale” (there is nothing more useful than sun and salt). Salt has many useful qualities. Salt purifies. In the ancient times it was used as a preservative. Salt flavours the food. Christians are therefore asked to be salt of the earth and bring life it’s flavor, purity and antiseptic power.

Jesus also said: “ you are the light of the world.” He meant that we have to be a source of inspiration to others, that we have to ‘shine forth,’ so that others may ‘see goodness’ in our lives. The function of the light is to shine, to illumine; to be seen. The Christian message is not something to be kept hidden but to be ‘proclaimed from housetops.’

Light guides. It warms up; it removes fear. It shows the path. Christians have to assume leadership. We often waste our time criticizing others and excusing ourselves saying: it is not my job. Thus we leave to others what we have to do ourselves, namely, to continue the command of Christ. Let us not forget the saying, “Where there is a will, there is a way,” and, as Christians it is our duty to do all we can to bring light to this world.

All these show that the Christian life is essentially missionary. Jesus did not say, “You can be salt and light;” he said, “You are salt, you are light.” We have you have to shed light to bring brightness into the lives of people; we have to give them freshness of life; we have to make life pleasant and worth living for them. Jesus’ words are a compliment and an encouragement, a call to a vocation: “ You are the salt of the earth; you are the light of the world.”

“GOD BLESS YOU ALL!! HAVE A GREAT WEEK!!!”

Fr. Thomas

WEEKDAY MASS SCHEDULE – SACRED HEART, LANGTON			
DATE	TIME	MASS INTENTION	BY
Tues Feb 11 /20	5:00 pm	• No Mass	
Wed Feb 12/20	9:30 am	• Elza Bolle • Norman Amirault	Reg & Francine Godelie Trudy Konopetski
Thurs Feb 13/20	9:30 am	• No Mass	
Fri Feb 14/20	9:30 am	• Justine Eckeloo • Roy Christopher	Caroline Vandekerckhove & Family Magdalen Christopher

LITURGY ASSIGNMENTS FOR SACRED HEART, LANGTON

February 15/16

Saturday (5 pm)

Lector: Bryan Cairns
 Eucharistic Minister: Anne Marie Claes
 Altar Servers: Ryan Kershaw, Chelsie Spriet

Sunday (10:30 am)

Lector: Godelieve Townsend
 Eucharistic Ministers: Juliet VanLeuvenhage,
 Marg DeBackere
 Altar Servers : Scott Boyd, Sophie Butler

WEEKLY OFFERTORY – Feb 1 & 2, 2020

St. Michael's

Regular Sunday Envelope	\$	340.00
Jan Online Donation	\$	160.00
Thanksgiving Appeal	\$	10.00
Loose	\$	55.00
Building Fund	\$	30.00
Sub-Total	\$	595.00

Sacred Heart

Regular Envelope	\$	1,147.00
Loose	\$	93.10
Building Fund	\$	120.00
Sub-Total	\$	1,360.10

Total \$ 1,955.10



DATES TO REMEMBER

DATE	TIME	EVENT
Wed Feb 26/20	9:30 am	Ash Wednesday School Mass SHC (SHS & OLFS)
	1:45 pm	Ash Wednesday School Mass STM (STMS)
Thurs Feb 27/20	7:30 pm	Finance Committee Meeting
Fri Feb 28/20	10:00am	Stations of the Cross (SHS @ SHC)
	7:00 pm	Stations of the cross SHC

NET RECRUITING EVENT

Do you have young people who might be interested in serving with NET Ministries? Sending them to a DSA (short for "Do Something Amazing") Retreat is a great first step. All the details can be found at <https://dsa.netcanada.ca/dsa>. There are also some NET dates still available for their upcoming visit and some funds to help offset the cost if you are booking them for the first time. Available dates can be found at <https://dol.ca/net-ministries> or you can email cbondy@dol.ca for details.

ST. MICHAEL'S CWL

Our annual fund raiser, Making Cabbage Rolls will be on April 6, a Monday at the Vittoria Community Centre. We will beginning at 8am and finish around 4pm, you are welcome to come help for as little or as much of that time as you can.

Please come out if possible and help make this event a success. Please save the date, and come out to help trim, roll or package the cabbage rolls. All members, family , friends or neighbors are welcome to come.

VERITAS LECTURE

The Veritas lecture series returns at King's University College, London, on Thursday, Feb. 13 at 7 pm with "Jean Vanier: Uncovering the Legacy" by Dr. Pamela Cushing. Jean Vanier, the founder of L'Arche International, began his legacy by choosing to share community with two individuals. At the time of his death, L'Arche had grown to support 154 residential communities in 38 countries on five continents. Vanier's legacy continues to emerge through the work of scholars and the community he inspired. Cushing will invite us to appreciate that legacy and consider the ongoing work of the Jean Vanier Research Centre at King's. Parking and admission are free, goodwill donations are welcome. Facilities are wheelchair accessible. For more information please visit www.kings.uwo.ca/campus-ministry/veritas-series.

NATIONAL YOUTH MINISTRY CONFERENCE

There is still time to register for the National Youth Ministry Conference that is taking place in Hamilton from Feb. 21-23. This is a great opportunity for ongoing formation or some 'retreat' time. It is not limited to employees; volunteers are more than welcome to attend. Please note that registration will close on Feb. 1. If you register, please let Claire Bondy know at cbondy@dol.ca, as the Family and Youth Ministry Office is covering \$50 of your registration cost and are connecting people to share a room and rides if they desire. For details and to register go to hopecomeshome.com.

CWL SACRED HEART

Once again the Langton CWL is taking orders for cabbage rolls, from January 26 – March 1 2020. Pick up is at the Langton Community Centre on March 7,2020 at the bazaar. \$18.00 per dozen. Phone Jeanette Major (519) 875-4952 or email jmamajor@hotmail.com

CWL - SACRED HEART

CWL soft sided Brief cases and 100th Anniversary Pins



Please contact Linda Elku at (519) 875-5648 to place an order and to make arrangements to pay. Please place your order as soon as possible, orders and payment are due before February 29, 2020.

CWL SACRED HEART

The CWL will once again host their annual Spring Bazaar on Saturday March 7th, 2020 at the Langton Community Centre. Doors open at 10:30am with a Giant Penny Sale, Used Books, Cabbage Rolls for sale, Door Prizes and many more.

NEW this year will be Hot soup and sandwiches. Bingo begins at 1:00pm. Come out and Have Fun.

We will also again be collecting items for our White Elephant table as well as used Books. Books can be dropped off at the back of the Church anytime. Items for the White Elephant table can be dropped off at Mrs. Couture's place at 44 Queen St. Langton or the Community Centre on Friday March 6th between 9:00am and 12:00pm. We will also be taking orders for Cabbage Rolls, please call Jeanette Major 875 4952. Pick up the Cabbage Rolls on March 7th 2020. For more information contact Carol Vanderhaeghe 875-4377.