

The 1st Sunday in Lent – Some Musings
“Worship the Lord your God and serve only Him”

The bright sun rose over the trees as I stood ready to begin another day. It would be a busy day filled with little tasks and errands; a day in which I’d meet many people – some who would uplift me and brighten my day as that sun had earlier and I’d meet others who would make it challenging to live His law of love and service. It would be a day in which there’d be many temptations. It’s not strange that Satan puts so many little things in our path that can make it difficult to “serve only Him.” Most of these temptations can be overcome with His help and our own will. However, I wonder how I’d do were I facing the temptations set before Jesus. Starving and thirsty with the promise of banquet, I’m not sure how strong my faith and will are. The second temptation seems a little easier. Most assuredly I’d not cast myself from a high cliff trusting in His word and my own abilities. Watching the cliff divers is frightening! How I’d do being promised that I could have anything I wanted if only I’d turn away from Him is quite another matter. There’s that old adage, “If He brings you to it, He’ll get you through it” seems a bit childish when faced with serious temptation.

We’ve begun this lovely time of Lent; it’s a time to set our minds and hearts on a new path that will lead us closer to our God and His saving power. It’s a time to set some goals and put in place some ways to accomplish them. While we may make New Year’s resolutions, there’s something about our Lenten resolutions that makes us want to achieve them. I rarely give up something as I don’t find that helpful for my faith practice and growth; instead I take up new ways in which to be His good and loyal daughter and servant. I am not always faithful to these resolutions but when I wander there’s always a way to start anew.

Lent is a sacred time; a time to reflect, pray, worship and work with our sisters and brothers to ease some of the pain and suffering that is rampant in our world today. It’s a time for us to reflect on our blessings and find ways to share these with those less fortunate. It’s a sacred time for us to become more like the One Who came to live among us and to die that we might have the opportunity to live with Him eternally. I’ve always found Lent to be a space out of time from the busy world to find what really matters in the long run. It’s a penitential time and a time to grow spiritually.

We’ve set our feet on this penitential path with hope that it will enable us to be more like our Lord and Saviour; that it will be a time for us to strengthen our resolve to deny Satan and love our Lord and God with fervour and devotion; a time to become the disciples He needs to do His will here on earth and come at the end to walk with Him. It’s a very sacred time.

As I stood the other evening, bidding farewell to my busy day, I stood surrounded in the still silent evening and thanked Him for the day past and asked Him for strength for the days ahead, that they would make me a more productive worker in His world and for His people. We need to pray for the ability to fend off Satan and his call to ease and take up the gentle yoke of our Lord. Walking the Lenten path will take us places where we will encounter Him in surprising and joy-filled ways. We need to be open to those moments when He surprises us with His love and those times when we may surprise ourselves as we lean more closely on Him and His promises.

Wishing you a Lent of strength and peace and many small miracles.

Betty Bruch

	<p>Days of Abstinence: No meat can be eaten on Ash Wednesday and all of the Fridays during Lent. This applies to all Catholics 14 and older.</p>
	<p>Days of Fast: Only one full meal is permitted on Ash Wednesday and Good Friday for Catholics between 18 and 59. Two smaller meals are permitted, but the small meals should not equal a second full meal. Drinking coffee, tea and water between meals is allowed. Snacks between meals are not allowed.</p>

March 1, 2020

1st Sunday of Lent

SACRED HEART PARISH

Sacred Heart Church
24 Albert St.
Langton, ON



St. Michael’s Church
978 St. John’s Road
Walsh, ON



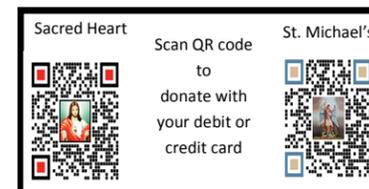
Weekend Mass Schedule
Saturday - 5:00 pm
Sunday - 8:30 am (St. Michael’s)
Sunday - 10:30 am

Daily Mass
Tues. - 5:00 pm
Wed. to Fri. 9:30 am

Reconciliation
20 min. prior to weekday mass
Sat. 4-4:45 pm
Sun. 8-8:20 am or by appt.(St. Michael’s)

Mailing Address

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E-mail: sacredheartlangton@dol.ca
Fr. Thomas e-mail: tckuriack@dol.ca



Parish Clergy

Rev. Thomas Kuriacko, Pastor
Jack Grim, Deacon
Brian Hanley, Deacon
Office Hours: Tues. and Thurs. 9 am - 4 pm

Baptisms - Contact Rev. Thomas - 6 months notice **Marriages** - Contact Rev. Thomas - one year notice required
Schools - Sacred Heart Langton - St. Michael’s, Walsh - Our Lady of Fatima Courtland

FROM THE PASTOR’S DESK:

The first thing that needs to be said about the temptations of Jesus is that they were real. This was no play-acting. But the question arises: Can a good person be tempted like the rest of us? The truth is: the good person who resists temptation knows more about it’s power than the weakling who submits at the very onset of temptation. Those who give in easily to temptation know little about the struggle involved. Those who struggle with temptation and overcome it know it best. If you want to know what victory over temptation costs, don’t ask a sinner; ask a saint. It is because Jesus struggled with temptation and was victorious over it that he can help us in our struggles with temptation. If you want to give up cigarettes or drink, you don’t look for help from someone who has tried and failed. You look for help from someone who has tried and succeeded. What did temptation mean for Jesus? It meant the same as it meant for Adam and Eve, and as it means for us. It meant choosing between good and evil, between doing God’s will and one’s own will. And his tempting was not a once-off event. He was tempted right throughout his life. His victory in the desert was not the winning of the war, but merely the winning of a battle. Since even Jesus and the saints were tempted we can’t hope to escape it. The struggle is between the passions of the flesh and longings of the spirit. This struggle, with its almost inevitable falls, is not something to be ashamed of. Ours is not never to fall, but to fall, to rise and go on in spite of everything. Every time one is tempted to do evil but makes a decision to do good, that makes one stronger. Suffering and struggle make us stronger. Furthermore, how could we prove our fidelity if there was no temptation? There wouldn’t be any particular credit in remaining virtuous through lack of temptation. Virtue would become meaningless if there was no evil, no struggle. Virtue involves a choice between good and evil. That choice can sometimes be very difficult, and there is no definitive victory. The battle against evil is never over as long as we are on this earth. However, each right choice makes the next right choice more likely and easier. But we might say, ‘it was easy for Jesus!’ It wasn’t easy for him. He too had to struggle to do the will of God. His victory was no easy one. It was achieved through prayer, fasting, and reflection on and obedience to the word of God. The Holy Spirit was with Jesus during his struggle. And he is with us too in our struggles. It is a great consolation to know that God is not outside our struggle but is with us during it.

“GOD BLESS YOU ALL!!”

Fr. Thomas

WEEKDAY MASS SCHEDULE – SACRED HEART, LANGTON			
DATE	TIME	MASS INTENTION	BY
Tues Mar 3/20	5:00 pm	• Elza Bolle	• Mary-Lynn Heye
Wed Mar 4/20	9:30 am	• Joseph & Maria Ferreira	• Jose Ferreira
Thurs Mar 5/20	9:30 am	• Rene DeCarolis	• Armin & Francis Kunkel
Fri Mar 6/20	9:30 am	Adoration	• Trudy Konopetski
	10:00 am	• Shawn LeBlanc	
	11am – 4pm	Stations of the Cross (SHS @ SHC) Visiting the house-bound	
	7:00 pm	Stations of the Cross STM	

LITURGY ASSIGNMENTS FOR SACRED HEART, LANGTON	
March 7 & 8	
<i>Saturday (5 pm)</i>	
Lector:	Bryan Cairns
Eucharistic Minister:	Mary DeCloet
Altar Servers:	Ryan Kershaw, Luke Smithers
<i>Sunday (10:30 am)</i>	
Lector:	Laura Boyd
Eucharistic Ministers	Elaine Boyd, Ann Marie Claes
Altar Servers :	Michael Demaiter, Joel Demaiter

WEEKLY OFFERTORY – Feb 22 & 23, 2020	
St. Michael's	
Regular Sunday Envelope	\$ 430.00
Thanksgiving Appeal	\$ 510.00
Loose	\$ 55.00
Sub-Total	\$ 995.00
Sacred Heart	
Regular Envelope	\$ 1,822.00
Initial Envelope	\$ 100.00
Loose	\$ 92.50
Building Fund	\$ 40.00
Sub-Total	\$ 2,054.50
Total	\$ 3,049.50

Thanks!


DATES TO REMEMBER		
DATE	TIME	EVENT
Fri March 6/20	10:00 am	Stations of the Cross (SHS @ SHC)
	7:00 pm	Stations of the Cross STM
Tues. Mar 10/20	11:15 am	Lenten School Confessions OLFS @ OLF
Wed. Mar 11/20	11:15 am	Lenten School Confessions STMS @ STM
Thurs Mar 12/20	11:15 am	Lenten School Confessions SHS @ SHC
Fri March 13/20	10:00 am	Stations of the Cross (SHS @ SHC)
	7:00 pm	Stations of the Cross SHC

CHARITABLE TAX RECEIPT PICK-UP
CHARITABLE DONATION RECEIPTS FOR INCOME TAX PURPOSES ARE AVAILABLE AT THE ENTRANCE OF THE CHURCH PLEASE PICK UP YOUR RECEIPTS WHEN YOU COME TO MASS THIS WEEKEND!

Lenten Day of Prayer

at St. Mary's Parish, Tillsonburg

Bishop Fabbro has invited each of us to enter into a Year of Prayer which began on Pentecost Sunday this past June. Saturday March 21st we have invited Bishop Fabbro to lead us in a Day of Prayer. We will explore the Lenten scriptures and the Bishop's invitation to deepen our confidence as missionary disciples. All are welcome!

9 AM	Mass
10 AM	Opening Presentation
12:15 PM	Lunch (free will offering)
1 PM	Second Presentation
3 PM	Blessing & Dismissal

There is no cost for this Lenten Day of Prayer except for the free will offering for your lunch that will be provided. However you will need to register by **March 7th** by contacting Courtney at St. Mary's Parish (519-842-3224). Late registrations will not be accepted and the day is structured for prayer and exploring the scriptures.

LIFT JESUS HIGHER RALLY
This year's Lift Jesus Higher Rally will take place on Saturday, Mar. 7 from 9 am – 5 pm at the Metro Toronto Convention Centre North Building, 255 Front Street West. It will be a grace-filled day of celebrating God's love together with Cardinal Collins, Ralph Martin, and Fr. James Mallon, featuring uplifting music, a Eucharistic healing procession, confession and holy Mass. There will also be a separate youth event with Christy Dupuis & Rachel Herbeck.

The Catholic Family of Parishes in Norfolk will be taking a coach bus to and from the event, for more info or to book your spot on the bus and/ or ticket contact Ian Duckworth (Family and Youth Worker) 519 426 0887 ext. 26 or go to <https://catholicfamilyparishesnorfolk.dol.ca/lift-jesus-higher-rally> To sign up online.

Your deeds may be the only sermon some people hear today
- St. Francis of Assisi

2020 LANGTON C.W.L. RUMMAGE SALE
April 4, 2020
8:30 a.m. to 12:00 noon
Langton Community Centre
Flea Market, Clothing, Books, Toys, & More
Donation Drop Off Dates
and Times Langton Community Centre
Thursday April 2: 5:30 p.m. to 8:30 p.m.
Friday April 3: 8:30 a.m. to noon.
Volunteers Needed
To help load and unload trailer on Thursday April 2 @ 5:00 p.m. Call for location and information due to changes!
Please come out and join us
April 3rd for set up day and
April 4th for the sale day.
Everyone is welcome.
Questions?
Call Darlene @ 519-875-1887 or
Roxanne @ 519-875-3347

CWL SACRED HEART
The CWL will once again host their annual Spring Bazaar on Saturday March 7th, 2020 at the Langton Community Centre. Doors open at 10:30am with a Giant Penny Sale, Used Books, Cabbage Rolls for sale, Door Prizes and many more.
NEW this year will be Hot soup and sandwiches. Bingo begins at 1:00pm. Come out and Have Fun. We will also again be collecting items for our White Elephant table as well as used Books. Books can be dropped off at the back of the Church anytime. Items for the White Elephant table can be dropped off at Mrs. Couture's place at 44 Queen St. Langton or the Community Centre on Friday March 6th between 9:00am and 12:00pm. We will also be taking orders for Cabbage Rolls, please call Jeanette Major 875 4952. Pick up the Cabbage Rolls on March 7th 2020. For more information contact Carol Vanderhaeghe 875-4377.

FRESH START MATERNITY SUPPORTS

BABY BOTTLE DRIVE:
Fill a bottle, Change a Life! The Baby Bottle Drive for Fresh Start Support Services helps to support vulnerable women and children. Come pick up a bottle today at the doors of the church, and fill it with coins, cash, cheques or send an e-transfer to babybottles@fsm.ca over the coming weeks. Bring it back to the church on Sunday April 12th, and know that your giving is making a positive difference for women and children in our community.

