

**Youth Ministry**  
**Information of Adults - Información de Adultos**

**Please Print (Letra de Molde)**

Name (Nombre): \_\_\_\_\_ Age (Edad): \_\_\_\_\_

Address (Domicilio): \_\_\_\_\_

City (Ciudad): \_\_\_\_\_ State (Estado): \_\_\_\_\_ Zip (Código Postal): \_\_\_\_\_

Circle One (Poner un círculo alrededor)  
Single Young Adult (Joven Soltero(a) - Married (Casado(a)

Cell (Celular) : \_\_\_\_\_

Home Phone (Teléfono de casa): \_\_\_\_\_

E-mail (Correo electrónico): \_\_\_\_\_

Circle (Poner un círculo alrededor)  
Languages (Lenguajes): English (Ingles) - Spanish (Español) – Vietnamese (Vietnamés) –

Other (Otros Lenguajes): \_\_\_\_\_

I can only help on these days: \_\_\_\_\_ times: \_\_\_\_\_

Yo puedo ayudar en estos días: \_\_\_\_\_ horario: \_\_\_\_\_

Comments (Comentarios):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please see other pages for many ways to serve according to your gifts and time.  
Por favor vea las otras páginas para ver de las muchas formas de servir de acuerdo sus dones y tiempo.

Our parish is encouraging you to circle one of these activities and hand in your response. Enrolling in one of these one-shot activities in no way obligates you to additional responsibility. (Marque con un circulo una de estas actividades y entregue su respuesta. Inscribirse en una de estas actividades, de ninguna manera lo obliga a asumir responsabilidades adicionales.)

1. Encourage the youth to attend Mass
2. Help youth organize for a Jamaica booth
3. Graduation cards for the month of May
4. One mailing of birthday cards for one month
5. Setup and serve youth for a youth group meeting
6. Accompany youth to the soup kitchen
7. Accompany youth to the nursing home
8. Buy snacks for youth ministry one time a year
9. Help during a retreat
10. Help in Ministry of Presence at Gatherings
11. Teach one time a special youth lesson on one of the Catholic Social Teachings
12. Participate in married couple's testimony night
13. Phone youth for a special event (one time)
14. Set up appreciation dinner for youth volunteers
15. Participate in Youth Rallies – DCYC as a helper
16. Be a table monitor for Confirmation (no preparation necessary)
17. Provide refreshments for youth group (one time)
18. Take pictures for one youth activity
19. Encourage one youth you now to take a leadership role as a lector, Eucharistic minister, usher, or greeter
20. Write thank you notes to youth for one of the leadership roles
21. Participate as a helper in a youth fund-raiser
22. Participate in one youth seasonal planning meeting
23. Accompany youth to rake leaves for the elderly
24. Accompany youth to remove snow for the elderly
25. Share your testimony at a youth meeting

1. Animar a los jóvenes a asistir a misa
2. Ayudar a los jóvenes a organizarse para un puesto en la Jamaica
3. Tarjetas de graduación del mes de mayo
4. Un envío por correo de tarjetas de cumpleaños durante un mes
5. Organizar y servir a los jóvenes para una reunión de grupos de jóvenes.
6. Acompañar a los jóvenes al comedor de beneficencia.
7. Acompañar a los jóvenes al asilo de ancianos.
8. Compre bocadillos para el ministerio juvenil una vez al año.
9. Ayuda durante un retiro
10. Ayuda en el ministerio de presencia en reuniones.
11. Enseñe una vez una lección especial para jóvenes sobre una de las enseñanzas sociales católicas.
12. Participar en la noche de testimonios de parejas casadas.
13. Llamar a los jóvenes para un evento especial (una vez)
14. Organizar una cena de agradecimiento para los jóvenes voluntarios
15. Participar en la conferencia Juvenil - DCYC come ayudante.
16. Sea un monitor de mesa para la Confirmación (no se necesita preparación)
17. Proporcionar refrescos para el grupo de jóvenes (una vez)
18. Tome fotografías para una actividad juvenil
19. Animar a un joven que usted conoce a asumir un papel de liderazgo como lector, ministro de la Eucaristía acomodador o saludador
20. Escriba notas de agradecimiento a los jóvenes por uno de los roles de liderazgo.
21. Participa como ayudante en una recaudación de fondos para jóvenes
22. Participar en una reunión de planificación para jóvenes
23. Acompañar a los jóvenes a rastrillar hojas de la casa de los ancianos
24. Acompañar a los jóvenes a quitar la nieve de casa de los ancianos.
25. Compartir su testimonio en una reunión de jóvenes

- 26 Pass out event flyers at Mass already attending.
- 27 Help in Fundraisers (one time a year)
- 28 Accompany youth to Hospital (one time)
- 29 Help drive teens to a retreat
- 30 Act as a baby sitter for youth-parent sponsored event
- 31 Decorate the youth room to make it more youth friendly
- 32 Donate used furniture, games, and decorations to the youth room
- 33 Participate in 7<sup>th</sup> and 8<sup>th</sup> grade activity
- 34 Participate in the parish cleanup with youth
- 35 Help organize one youth night
- 36 Help financially when possible for teens to attend retreats, conferences etc.

- 26 Repartir volantes de un evento en la misa que ya asisten.
- 27 Ayudar en la recaudación de fondos (una vez al año)
- 28 Acompañar a los jóvenes al hospital (una vez al año)
- 29 Ayudar a llevar a los adolescentes a un retiro.
- 30 Actuar como niñera en un evento patrocinado por padres jóvenes.
- 31 Decorar la sala de jóvenes (una vez al año)
- 32 Donar muebles, juegos y decoraciones para la sala de jóvenes.
- 33 Participar en la actividad de séptimo y octavo grado.
- 34 Participar en la limpieza de la parroquia con los jóvenes.
- 35 Ayudar a organizar una noche juvenil.
- 36 Ayudar económicamente cuando sea posible para que los jóvenes asistan a retiros, conferencias, etc.

## **OTHER WAYS TO HELP - OTRAS FORMAS DE AYUDAR**

### **Youth Ministry serving opportunities (Oportunidades de servir en el ministerio Juvenil)**

1. Ministry of Catechesis (Ministerio de Catequesis)
2. Ministry of Advocacy (Ministerio de Intercesión)
3. Ministry of Community Life (Ministerio de Crear Comunidad)
4. Ministry of Evangelization (Ministerio de Evangelización)
5. Ministry of Justice and Service (Ministerio de Justicia y Servicio)
6. Ministry of Leadership Development (Ministerio Promotor de Liderazgo o Facilitación)
7. Ministry of Pastoral Care (Ministerio de Cuidado Pastoral)
8. Ministry of Prayer and Worship (Ministerio de Oración y Culto)

### **Advocacy**

1. Develop a youth newsletter, written and formatted by youth, for youth. Include an adult and parent insert to send to the entire parish. Provide information about the opportunities for ministry with youth and job descriptions for leadership needed in the programs and strategies.
2. Begin a letter-writing campaign to government, media and other officials supporting specific legislative initiatives promoting the healthy development of young people and their families.
3. Involve young people in parish pastorals councils and committees.
4. Sponsor a forum of community leaders that reflects on the asset-building strategies developed by the Search Institute.
5. Sponsor and involve youth in a voter registration drive.

6. Develop a group that affirms and protects the sanctity of human life as a gift from God and building societal respect for those who most need protection and support—the unborn, the poor, the disadvantaged, the sick, and the elderly.
7. Develop a group that speaks on behalf of young people and their families on public issues that affect their lives, such as support for education, quality housing, employment opportunities, access to health care, safe neighborhoods, and availability of meaningful community activities and services
8. Organize a group to attend peaceful protest concerning the dignity of life: walk for life (unborn), death penalty, euthanasia, etc.

### **Catechesis**

1. Sponsor educational programs on faith themes for adolescents as articulated in *Renewing the Vision*. Utilize a variety of settings and formats (Weekly, Monthly speaker series, weekend retreats, overnight lock-ins, summer and vacation programs).
2. Develop catechetical programming on the same faith theme in three different formats to respond to the diversity of youth schedules: a gathered program sponsored on a fixed date (mini-course, monthly programs, weekend), a small group program in homes sponsored on variety of days and times, and an individualized one-on-one study programs.
3. Invite high school students to be catechists, sharing faith in the childhood and junior high religious education programs of the parish.
4. Send an anniversary card to remember the baptism of each adolescent. Provide one or two reflection questions for parents to help them remember this significant moment as a family.
5. Organize Bible study groups designed to help youth re-discover the importance and relevance of scripture in their lives.
6. Provide self-directed learning for youth by using *Youth Updates* Which are published by St. Anthony Messenger Press. Distribute the updates and develop a monthly “read-at-home” program with gathered discussions and follow up.
7. Create faith – sharing, interest-topic peer groups for youth involved in different activities or situations, such as: Band, athletics, artists, college-bound students, or youth involved in theatre. Provide faith formation materials and adult guides for each group.
8. Organize celebrations of multicultural diversity by including stories, songs, dances, feasts, values, rituals, saints, and heroes from the rich heritage of various cultures.

### **Leadership Development**

1. Develop a peer ministry leadership group.
2. Invite youth to serve on parish councils and committees. Prepare the adults on those committees to work with young people.
3. Develop a link with the scouting units (Boy Scouts, Girl Scouts, Campfire Girls) In your area.
4. Sponsor and give scholarships to the young people in your parish to attend leadership development programs.
5. Have a special sign-up table at your parish ministry fair with listings of youth leadership positions that match with adolescent’s gifts and energy
6. Sponsor a day of reflection for youth called to leadership in the community (student councils, leadership in clubs, scouting, etc.)
7. For Martin Luther King, Jr. Day, plan a program of prayer and reflection for youth leaders on the issues of leadership and service
8. Develops a leadership system that invites, trains, supports, and nourishes adult and adolescent leaders and provides for the coordination of leaders throughout a comprehensive ministry.
9. develops and nurtures adult leaders of lively faith and maturity with solid theological understandings, relational and ministry skills, and organizational ability appropriate to their particular role in ministry with adolescents.
10. Organize a groups that develop leaderships skills of youth people as, retreat teams, dance teams, drama teams, small group leaders, music etc.

## **Pastoral Care**

1. Develop programs designed to aid youth in the formation of planning, decision-making, relationship building, communication and conflict resolution skills.
2. Sponsor a self-esteem awareness workshop.
3. Develop a list of recommended counselors in the community who would be helpful to youth and families in need of counseling.
4. Sponsor a breakfast study that brings young people together to study with peers and tutors.
5. Sponsor a book club for youth, similar to Oprah's book club. Have young people write reviews of their favorite books. Provide incentives for reading for pleasure.
6. Develop a network of adult mentors who will connect with, support, and be available to youth.
7. Develop peer discussion groups to support adolescents experiencing divorce, separation, death of a parent, etc.
8. Develop groups that guide young people in making important life decisions, such as career and college choices, and discerning their particular Christian vocation.
9. Develop groups that foster the spiritual development of young people and the healthy integration of their sexuality and spirituality.
10. Develop a network that cares and supports the young people and their families (single parents, grandparents raising their grandchildren etc.)
11. Develop programs and resources for parent education and skills for effective parenting that incorporate understandings of adolescent development and family life cycle tasks.
12. Develop a source that provides and connects adolescents and families to support services, referral resources, and self-help groups to promote healing during times of loss, sudden change, unexpected crises, divorce, separation, family problems or personal transitions (appropriate counseling resources).
13. Develop source that helps in the process to collaborates with the wider community in providing direct aid to youth-at-risk in the form of programs, services, and counseling.
14. Develop a program that helps young parents with their toddlers during Liturgy. (1 years – 4 year old babysitting)

## **Prayer and Worship**

1. Liturgy Team: Invite youth to participate as liturgical ministers (lectors, Eucharistic ministers, greeters).
2. Develop a youth choir or invite youth to join the parish choir.
3. Develop a youth band.
4. Celebrate rituals and blessings at liturgy or other times that mark the special moments in teen's lives such as getting your driver's license, homecoming, prom, graduation, etc.
5. Invite adolescents to become prayer partners for young parishioners preparing for first communion.
6. Invite youth to become involved in preparing parish liturgy environment. Through this involvement, youth can be part of the planning for the decorating of the church for different liturgical seasons.
7. Sponsor a retreat for adolescents on personal prayer. Provide a "How to Pray" guide for each youth.
8. Develop a guide for celebrating Advent and Lent at home.
9. Involve youth in preparing and leading prayer services and liturgical experiences such as a "Living Stations of the Cross."
10. Organize opportunities for creative prayer with adolescents in peer, family, and intergenerational settings.
11. Promotes effective preaching of the word (work with young people to do a reflection after the homily)
12. Develop an apprentices of youth people in liturgical ministries (lectors, usher, etc.)

## **Community Life**

1. Build community a variety of social activities, sports and recreation programs, ect.
2. Invite older adolescents to sponsor a Halloween party for younger parishioners.
3. Prepare “study-snack” packs for youth during finals week. Involve parish organizations and adult leaders in organizing and delivering the packs.
4. Sponsor a pot-luck for families of adolescents so that parents can meet other parents.
5. Provide parish T-shirts to adults who regularly attend school youth programs (athletic and band events, plays, art shows, etc.)
6. Sponsor fundraisers for different youth activities. Involve as many youth and adults as possible.  
Consider fundraisers in which youth and adults will work together in groups, such as spaghetti dinners, car washes, or festivals.
7. Send birthday cards to every young person in your parish.
8. Develop family relationships through programs, activities, and resources to improve skills such as family communication, decision making, and faith sharing.
9. Organize opportunities for multicultural community building that promote respect for young people's racial and ethnic cultures and develop skills for communication and understanding.

## **Evangelization**

1. Sponsor retreats for teens on topics such as the challenge of discipleship, and the life and message of Jesus.
2. Host a “homecoming” celebration for teens who have not been actively participating in your faith community.
3. Plan a youth component for parish renewal programs such as a parish mission or the *Renew program*.
4. Divide the teens in your parish into groups of eight. Assign each group two adult mentors. Instruct the adults to find ways to connect with those teens over the course of the year (phone calls, email, personal notes, get-together, meeting at church, etc.)
5. “Breakfast with Father.” Sponsor a pancake breakfast for small groups of youth at the rectory. Provide the youth people with the opportunity to share their dreams and hopes.
6. Develop a post-confirmation role in the parish and its ministries for each youth.
7. Develop a parish home page on the internet with areas of special interest for young people.
8. Develop an evangelization group that goes out and ministers to those in your parish boundaries.

## **Justice and Service**

1. Develop education programs for young people to explore important justice issues that affect their lives and their world.
2. Sponsor a Thanksgiving scavenger hunt to collect food for food pantries of families in need in your community.
3. Develop a youth-service group for young people interested in community service.
4. Develop relationships with service organizations in your areas that involve youth and their families in service. Consider Habitat for Humanity, local food pantries, soup kitchens and homeless shelters.
5. Develop an adopt-a-grandparents program. Invite and prepare teens to visit with an elderly person on a regular basis.
6. Organize a group of young people to participate in justice and service program.
7. Identify the adults in the parish who are already involved in justice and service work in the community and find ways to connect young people with these adults. Adults already engaged in justice and service work can serve as mentors for young people the work and involve young people in the work they are doing.