

Grade 1, Unit 4 Lessons

Lesson 13: We Pray

Opening Prayer: [Begin and end with the Sign of the Cross]

Lord Jesus, teach us to pray as you taught the disciples to pray. Amen

1. All about Prayer:

Today we are learning all about prayer. Watch the following short videos and fill in the blanks:

What is Prayer? <https://www.youtube.com/watch?v=v6muRREUOU0>

Prayer is _____ to God.

Why do we pray? https://www.youtube.com/watch?v=jB10aU5t_as

So we can have a _____ with God!

How to Pray? <https://www.youtube.com/watch?v=qFmOCYj0Fvk>

There is no _____ way to talk to God!

There are many different ways to pray. Jesus prayed a lot when he was on earth, and he taught others how to pray like he did. In fact, Jesus taught us to pray the Our Father!

2. My Prayer Plan

On the sheet below, fill in the blanks with words or pictures to make a plan of how you want to pray each day.

3. Try out your prayer plan this week!

My Prayer Plan

When will I pray?

Where will I pray?

Who will I pray with?

What will I pray?

Lesson 14: We are Peacemakers

Opening Prayer: [Begin and end with the Sign of the Cross]

My God, I am sorry for choosing to do wrong. Help me to live as your child. Amen

1. What is Sin?

Sin is choosing to do or say something that we know is against God's laws. In other words, sin is choosing not to love. Everyone sins sometimes. When we sin, we hurt God and others.

Circle the actions that are sins in the following list:

- a) Your brother hits you because you got an extra cookie
- b) You share your cookie with your brother
- c) You stole your brother's cookie and ate it.

2. What should we do when we sin?

When we sin, we feel bad, and we need to ask for forgiveness from those we have hurt in order to help try and repair or heal the hurt that we made.

On p. 130, complete the activity by circling words that we can say that will show that we are sorry for what we did or said.

3. How do we forgive others?

Sometimes other people hurt us with their words or actions. When people hurt us, it can make us angry or sad. Jesus wants us to love those who have hurt us, and we call that forgiveness. It can be hard to forgive on our own, but the good news is that we don't have to! God will always help us to forgive others when we ask Him.

Forgiveness Object Lesson: <https://www.youtube.com/watch?v=SLy7zXo3fQ0>

Draw a picture or write a sentence below to describe what happened in the video:



Lesson 15: We go to Mass

Opening Prayer: [Begin and End with the Sign of the Cross]
God; Father, Son & Holy Spirit, we give you thanks and praise. Amen

1. We Celebrate

When we go to Mass on Sunday, we are going to the most important celebration of the Church! At Mass we get to spend time with God, who becomes physically present to us at the Mass in the form of Bread and Wine, and thank Him for all the wonderful things He does for us each day.

Watch the following video to see what *really happens* at Mass that we can't necessarily see with our eyes.

The Veil Removed -What really happens at Mass:
<https://www.youtube.com/watch?v=OOLZDaTglaM>

Write or draw one thing that you saw in the video that you don't normally see at Mass:



2. We Hear the Word

At Mass we listen to God's Words from the Bible. We hear 3 different readings from different sections of the Bible which help us to know more about God and how we should live in order to be happy.

Complete the Activity on p. 138 to discover what we say after we hear the first reading at Mass.

3. We give thanks

At every Mass we celebrate the Eucharist. The word Eucharist means 'to give thanks'. During the celebration of the Eucharist, bread and wine are changed into the body and blood of Jesus.

On the sheet below, Color the following picture of the Eucharist and write one thing you are thankful to God for.



One way that God has provided for a healthy soul is through the blessed Eucharist! The word "Eucharist" is a Greek word which means "thanksgiving".



Lesson 16: Jesus Shows God's Love

Opening Prayer: [Begin and End with the Sign of the Cross]

Lord God, you always love us. Amen

1. It's a Miracle!

Last time we talked about the Mass and how it is the most important celebration in the church. At every Mass God performs a Miracle (something only God could do). He turns regular bread and wine into the body and blood of Jesus!

When Jesus was living on earth, He performed many miracles (amazing things that only God could do). Watch the following video about one of these miracles:

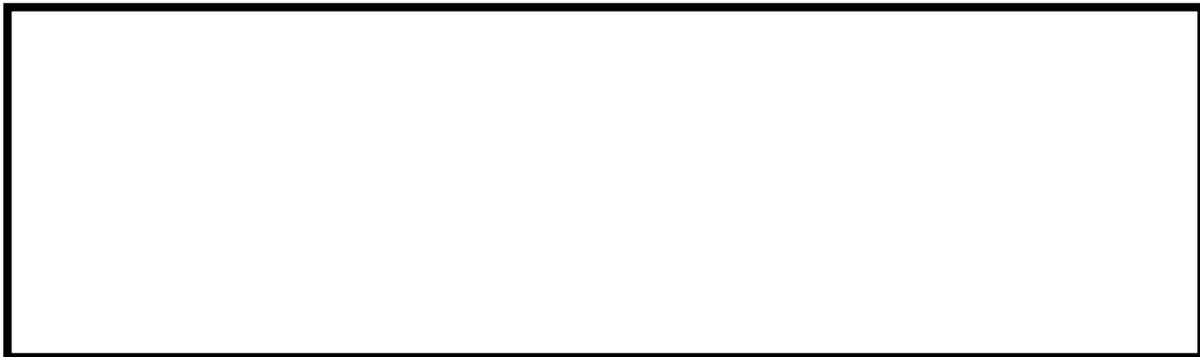
Jesus Feeds the 5000: <https://www.youtube.com/watch?v=S6rj9cAJrWE>

Using what you saw in the video, or the story on p. 146 of your text, number the sentences in the chapter review on p.149 in the order that they happened.

2. Signs of Love

By performing miracles like this, Jesus was showing people that God cared about them.

Write or draw below one way that you show people you care about them:



3. Sharing God's Love

Jesus taught us that we can and should share God's love with others by caring for them. Our church has a food bank that gives food to those who were hungry just like Jesus did. You can help too by making a food donation to a food bank of your choice, or making a card to give to the volunteers at the food bank who give their time for free to help others.