

Grade 4, Unit 4 Lessons

Lesson 13: Jesus Feeds Us

Opening Prayer: [Begin and end with the Sign of the Cross]

Lord, we know that you are present here with us today. Please help us to become more aware of your presence with us always. Amen

Watch Video:

Last week we learned that we are all on a mission. But God doesn't just send us out on this mission and wish us good luck – He comes with us and helps and strengthens us. God provides for us and cares for us, and one of the ways God does this is by feeding us.

In the Bible we see lots of times that God has fed his people. He gave a special bread called 'Manna' to His people when they were travelling in the desert to the promised land:

<https://www.youtube.com/watch?v=ogfVBP35U-U>

And later, when Jesus was on earth, he fed 5000 people with a few loaves and fish:

https://www.youtube.com/watch?v=S6rj9cAJrWE&list=PLThWIIQp9mZQtIE_6lb689qYxXhOItD3O&index=31&t=0s

Activity:

Both these stories show how much God loves us, and point to the greatest sign of God's love for us – The Eucharist, which is Jesus himself coming to us in the form of Bread and Wine. At Mass Jesus is fully present in a true and real way in the Eucharist. Jesus told us that the Eucharist is the spiritual food that will strengthen us to follow Him on our missions.

On the worksheet below, write a few sentences or draw a picture to help you remember some of the details of each of the ways God has fed and strengthened His people over time.

Final Prayer: Sometimes (like during COVID restrictions) we are unable to receive the Eucharist. Today let's pray a special prayer called a Spiritual Communion, where we ask Jesus to feed us in a special way when we are unable to receive the Eucharist itself.

[Begin and end with the Sign of the Cross]

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

Jesus Feeds Us Worksheet

Manna in the Wilderness (Old Testament)	Jesus Feeds the 5000 (New Testament)	The Eucharist (Now)

Lesson 14: Jesus Forgives

Opening Prayer: [Begin and end with the Sign of the Cross]

Lord, help us to forgive. Amen.

Watch Video:

We have been learning about the Sacraments, and how they strengthen us to live our best lives. When Jesus was living he brought the gift of God's healing and forgiveness to people, and he continues to do that today through the Sacrament of Reconciliation.

The Sacrament of Reconciliation: <https://www.youtube.com/watch?v=fXLiyY6II6Q>

Answer the following questions from the video:

1. What sin did the girl confess to?

2. How many different Acts of Contrition are there? Can you make up your own?

3. What Penance did the priest give?

4. What does the Priest do with his Hand during Absolution?

Activity:

In the Bible, when we read about Jesus forgiving people's sins. When we sin, we don't just hurt ourselves, we damage our relationship with others and God. Sometimes other people sin, and it hurts us. The Sacrament of Reconciliation gives us the gift of God's healing to help heal the damage we do to others, as well as healing the damage others have done to us.

Complete the activity on p. 132. Think of a time someone hurt you, and then write (on one hand) what would happen if you forgave them and (on the other hand) what would happen if you didn't.

Final Prayer:

Try and go to the Sacrament of Reconciliation this week (times are listed on our website & FB). Prepare by praying the Act of Contrition on p. 133, and making a list of ways you hurt others, yourself or God since your last confession.

Lesson 15: Jesus Heals the Sick

Opening Prayer: [Begin and end with the Sign of the Cross]

Look up Psalm 4 in your Bible and pray verse 4 out-loud.

Watch Video:

Last week we talked about how God heals us in the Sacrament of Reconciliation. When Jesus was on earth, He not only healed us of sins, but sometimes healed our bodies as well. The church continues this healing work in the Sacrament of Anointing of the Sick.

In this video, see what happens when someone asks God for healing and has faith that it will be done:

Jairus’ Daughter: <https://www.youtube.com/watch?v=O1KAC6Jrofg>

Activity:

Watch the following video and answer the questions (You may use p. 139 as reference as well).

Anointing of the Sick: <https://www.youtube.com/watch?v=n9Ujmdo8Aio>

1. When should you receive the Sacrament of Anointing of the Sick?

2. What does the priest do during the Sacrament?

3. How can the Sacrament help someone?

Final Prayer:

God wants us to help those who are sick also. We can do that through acts of service (bringing food, cleaning for them), listening patiently to them and spending time with them. God wants us to pray for those who are sick as well.

Think of someone you know of who could use prayers of healing and pray the following for them:

[Begin and end with the Sign of the Cross]

God of love, you are always present with us. Comfort (name) with your love. Send your Holy Spirit to comfort (name) with the gift of your love and presence in this time of sickness. We ask this through Christ our Lord. Amen.

Lesson 16: Signs of God's Love

Opening Prayer: [Begin and end with the Sign of the Cross]

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Amen.

Watch Video:

The Sacraments strengthen us to live our best lives. Two Sacraments involve specific vocations. A vocation is a way that God is calling you to live so you can become your best version (i.e. Holy!).

A vocation is more than a job. At a job, you only work certain hours, then you stop. A vocation is a way of life, a way you live 24/7, that serves others. It can be difficult to give of ourselves all the time, so God gives us His strength to live out these ways of life through the Sacraments.

What is your vocation? <https://www.youtube.com/watch?v=mhh01plqxtQ>

Activity:

The Sacrament of Matrimony strengthens a baptized man and women to serve each other, their family and God through their marriage. The Sacrament of Holy Orders strengthen priests, bishops and deacons to love and serve God and His Church.

a) Complete the chart below using the info on p. 146 by writing 2 facts about each type of clergy ordained through Holy Orders.

Bishops	Priests	Deacons
1.	1.	1.
2.	2.	2.

b) Complete the activity on p. 147, describing how families are called to be a domestic church.

Final Prayer:

[Begin and end with the Sign of the Cross]

Lord God, help me understand how you want me to live. I will give all my heart to the work of being a sign of your love for all to know. Amen.