



SEPTEMBER 2021

“Stay fun, Stay fresh, Stay festive, Eat healthy”-
From Mother of Providence

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

1 2 3

Labor Day **6** 221 Two Cheese Chicken Quesadilla **7** 253 Hot Dog with French Fries **8** 205 Popcorn Chicken **9** 271 Spaghetti & Meatballs **10**
639 Corn 603 Maple Baked Beans 633 Sunset Sip Vegetable Juice 684 Mixed Berry Applesauce
659 Watermelon Craisins 645 Dole Pineapple Cup 611 Bagged Baby Carrots 909 Dinner Roll
906 Hot Dog Bun

255 Cheese Stuffed Breadsticks **13** 234 Chicken Tenders with Potato Wedges **14** 201 Cheeseburger **15** 263 5" Round Cheese Pizza **16** 251 Chicken Nuggets **17**
622 Marinara Sauce 623 Broccoli 634 Hash Browns 708 Romaine Salad with Spinach & Chickpeas 611 Bagged Baby Carrots
633 Sunset Sip Vegetable Juice 690 Apple Crisps 635 Calypso Crush Vegetable Juice 752 Fruit Punch Juice 541 Chocolate Hummus
685 Rosati Water Ice 932 Cinnamon Scooby Snacks 647 Dole Mandarin Orange Cup 609 Dole Mixed Fruit Cup
915 Hamburger Bun

253 Hot Dog with French Fries **20** 223 Veggie Pinwheel **21** 274 Curly Cheesy Lasagna **22** 205 Popcorn Chicken **23** 275 BBQ Chicken Filet **24**
603 Maple Baked Beans 611 Bagged Baby Carrots 750 Apple Juice 704 French Fries 706 Romaine Salad with Cherry Tomatoes
658 Cherry Craisins 633 Sunset Sip Vegetable Juice 908 Dinner Roll 752 Fruit Punch Juice 684 Mixed Berry Applesauce
906 Hot Dog Bun 691 Strawberry Apple Crisps 992 Oatmeal Cookie

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds **27** 211 Sloppy Joe **28** 215 Beef & Cheese Taco **29** 255 Cheese Stuffed Breadsticks **30** 200 Hamburger **1**
611 Bagged Baby Carrots 624 Garlic Green Beans 620 Salsa 622 Marinara Sauce 708 Romaine Salad with Spinach & Chickpeas
545 Cranberry Orange Hummus 749 Apple-Cherry Juice 639 Corn 631 Cherry Star Vegetable Juice 752 Fruit Punch Juice
645 Dole Pineapple Cup 915 Hamburger Bun 941 Tostitos Scoops 694 Kiwi Strawberry Sidekick 915 Hamburger Bun
992 Oatmeal Cookie

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.