

Pittsburgh Women's Emmaus Retreat # 16
October 8th - 10th, 2021
Hosted By Resurrection Parish
The Churches of St. Thomas More & St. John Capistran

General Information Sheet

Q. What is Emmaus?

- A. Emmaus is an active retreat designed for women who would like to explore a deeper relationship with God. Unfortunately, we are all very busy and do not allow enough time to explore this relationship. That's what the Emmaus retreat is for. It is for any woman who wishes to grow closer to the Lord and receive His touch and comfort. You will learn to recognize Jesus in your everyday life. The women hosting the retreat will not try to convince you of their answers; instead they will share their experiences and let you draw your own conclusion. Through the power of the Holy Spirit, the Lord has touched our lives and we would like to share with you this life changing experience. For many of us, it was during an Emmaus Retreat that our hearts were touched by God.

Q. How do they go about doing this?

- A. You will hear a series of talks by other women describing their relationship with the Lord. You will have a chance to reflect, pray, and consider the bigger questions of life in a place that is far enough away from everyday distractions, but close enough that you could be home in a matter of minutes.

Q. How long does the weekend last?

- A. Plan to arrive at St. Paul of the Cross Retreat Center, located at 148 Monastery Drive in Pittsburgh, PA between 6:00 p.m. and 6:30 p.m. on Friday. The weekend will conclude with a closing ceremony at 3:30 p.m. on Sunday.

Q. How do I dress for the weekend?

- A. Extremely casual and comfortable clothes and shoes - jeans or sweatpants are common. Pack a sweater or sweatshirt in case the retreat center is chilly. You will receive a white Emmaus shirt to wear to the closing ceremony on Sunday.

Q. What should I bring?

- A. Bring a change of clothes for two days, comfortable shoes and your toiletries (toothbrush, shampoo, etc.) Everything else will be provided. You will have a private bedroom with a sink, as well as access to a common, shared restrooms with showers. You will also receive a white shirt to wear on Sunday, so please pack appropriate undergarments.

It is not required for you to be Catholic, Christian, or a member of any Parish, however, this is a Catholic retreat. There will be mass, an opportunity for confession, and discussions regarding Catholic beliefs. You will have your own room, the food is excellent, the retreat center and grounds are calm and peaceful, and it will be an active weekend that you will never forget.

The cost of the weekend is \$160. Please include a \$50 deposit with your application so a spot can be reserved for you, as space is limited. Any questions, please contact Leslie Dambrogio at (412) 780-2872 or Theresa Zingrone at (412) 287-5295. If you need help with the cost of the retreat, financial assistance is available. Please inquire when you send in your application, as funds are divided according to need and may run out quickly.

***Pittsburgh Women's Emmaus # 16
Retreat Application October 8th - 10th, 2021***

NAME: _____

ADDRESS: _____

PHONE - HOME: _____ CELL: _____

EMAIL: _____ AGE: _____

OCCUPATION (OPTIONAL): _____

MARITAL STATUS: Married Single Divorced Widowed

SPOUSE/SIGNIFICANT OTHER NAME: _____ PHONE: _____

SHIRT SIZE: S M L XL XXL

CHURCH AFFILIATION, IF ANY: _____

EMERGENCY CONTACT &
RELATIONSHIP: _____

EMERGENCY CONTACT PHONE: _____

NON-EMERGENCY CONTACT: _____ PHONE: _____

HEALTH INSURANCE COMPANY: _____
POLICY NUMBER: _____

ANY HEALTH PROBLEMS WE SHOULD KNOW ABOUT (difficulty standing, walking, etc.)?

SPECIAL DIETARY REQUIREMENTS: _____

Make check payable to Pittsburgh Women's Emmaus and mail to:

Lori Keener
2005 Trillium Court
Canonsburg, PA 15317

Would you like more information about financial assistance? Circle one: YES / NO

Questions? Call Theresa Zingrone at (412)287-5295 or Leslie Dambrogio (412) 780-2872

