



# September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Alternate for week: Cheese Nachos	30 Soft Pretzel w/ Cheese Sauce, Yogurt, Fresh Veggies, Fresh/Can Fruit	31 Chicken Soft Taco, Rice Fresh Veggies, Fresh/Can Fruit	1 French Toast Sticks, Sausage, Fresh Veggies, Fresh/Can Fruit	2 Chicken Nuggets, Cheese Potatoes, Fresh Veggies, Fresh/Can Fruit	3 Pizza, Steamed Broccoli, Fresh Veggies, Fresh/Can Fruit	4 Available daily: PB&J Garden Salad Cheese Sandwich
5 Alternate for Week: Chicken Nuggets	6 Labor Day No School	7 Crunchy Beef Taco, Rice, Fresh Veggies, Fresh/Can Fruit	8 Mini Blueberry Pancakes, Bacon, Fresh Veggies, Fresh/Can Fruit	9 Grilled Chicken Salad, French Fries, Fresh Veggies Fresh/Can Fruit	10 French Bread Pizza, Zucchini, Fresh Veggies, Fresh /Canned Fruit	11 
12 Alternate for Week: Corn Dog	13 Chicken tenders, Buttered Noodles, Fresh Veggies, Fresh/Can Fruit	14 Cheese Quesadilla, Corn, Fresh Vegetables, Fresh/ Can Fruit	15 Ham/Egg/Cheese Bagel sandwich, Tater Tots, Fresh veggies, Fresh/can Fruit	16 General Tso's Chicken, Lo Mein Noodles, Fresh Veggies, Fresh/can Fruit	17 Bosco Sticks, Green Beans, Fresh Veggies, Fresh/Can Fruit	18
19 Alternate for Week: Hamburger	20 Country Chicken Bowl, Fresh Vegetables, Fresh/ can Fruit	21 Cheese Nachos, Corn, Fresh Veggies, Fresh/Can Fruit	22 Waffles, Bacon, Fresh Vegetables, Fresh/Can Fruit	23 Pasta/Meatballs, Garden Salad, Bread Stick, Fresh/Can Fruit,	24 Pepperoni Pizza, Steamed Broccoli, Fresh Veggies, Fresh/can Fruit	25
26 Alternate for Week: Soft Pretzel	27 Cheeseburger, French Fries, Green Bean, Fresh Veggies, Fresh/Can Fruit	28 Chicken Quesadilla, Rice, Fresh Vegetables, Fresh/can Fruit	29 Mac and Cheese, Peas, Fresh Veggies, Fresh/Can Fruit	30 Pulled Pork Sandwich, Chips, Fresh Vegetables, Fresh/Can Fruit	1 Mini Pizza, Steamed Broccoli, Fresh Vegetables, Fresh/ Can Fruit	