

# Reflecting On Sunday's Readings

THE MOST HOLY BODY AND BLOOD OF JESUS CHRIST SUNDAY—June 23, 2019

## First Reading — Genesis 14:18-20

<sup>18</sup> And Melchizedek king of Salem brought out bread and wine; he was priest of God Most High.

<sup>19</sup> And he blessed him and said, "Blessed be Abram by God Most High, maker of heaven and earth; <sup>20</sup> and blessed be God Most High, who has delivered your enemies into your hand!" And Abram gave him a tenth of everything.

## Responsorial Psalm PS 110:1, 2, 3, 4

R.(4b) **You are a priest forever, in the line of Melchizedek.**

The LORD said to my Lord: "Sit at my right hand till I make your enemies your footstool."

R. **You are a priest forever, in the line of Melchizedek.**

The scepter of your power the LORD will stretch forth from Zion:

"Rule in the midst of your enemies."

R. **You are a priest forever, in the line of Melchizedek.**

"Yours is princely power in the day of your birth, in holy splendor; before the daystar, like the dew, I have begotten you."

R. **You are a priest forever, in the line of Melchizedek.**

The LORD has sworn, and he will not repent:

"You are a priest forever, according to the order of Melchizedek."

R. **You are a priest forever, in the line of Melchizedek.**

## Second Reading — 1 Corinthians 11:23-26

<sup>23</sup> For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, <sup>24</sup> and when he had given thanks, he broke it, and said, "This

is my body which is for you. Do this in remembrance of me." <sup>25</sup> In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." <sup>26</sup> For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

## Gospel Reading — Luke 9:11-17

<sup>11</sup> When the crowds learned it, they followed him; and he welcomed them and spoke to them of the kingdom of God, and cured those who had need of healing.

<sup>12</sup> Now the day began to wear away; and the twelve came and said to him, "Send the crowd away, to go into the villages and country round about, to lodge and get provisions; for we are here in a lonely place." <sup>13</sup> But he said to them, "You give them something to eat." They said, "We have no more than five loaves and two fish—unless we are to go and buy food for all these people." <sup>14</sup> For there were about five thousand men. And he said to his disciples, "Make them sit down in companies, about fifty each." <sup>15</sup> And they did so, and made them all sit down. <sup>16</sup> And taking the five loaves and the two fish he looked up to heaven, and blessed and broke them, and gave them to the disciples to set before the crowd. <sup>17</sup> And all ate and were satisfied. And they took up what was left over, twelve baskets of broken pieces.

## Our Lady of Perpetual Help

### INVITATION TO PRAY

Pause for a few moments of silence and enter more deeply into the presence of God...

### Proclaim the Scriptures out loud

As you listen to the scriptures be attentive to a word, a phrase, a question, an image, or a feeling that emerges. Reflect on this quietly or share it aloud.

### INVITATION TO REFLECT

### INVITATION TO GROUP SHARING

#### First Reading — Genesis 14:18-20

1. How has Christ satisfied your need for being blessed?

#### Second Reading — 1 Corinthians 11:23-26

2. When you receive the body and blood of Christ in Eucharist, what do you think about?
3. What do you think Jesus specifically wanted the disciples to remember? Why?

#### Gospel Reading — Luke 9:11-17

4. Why do you think Jesus involved the disciples in the feeding of the multitude?
5. What message do the twelve baskets of left over broken pieces of bread and fish signify?
6. What can we do to welcome people to our parish life and encourage them to be nourished by Christ?

### INVITATION TO ACT

*Determine a specific action (individual or group) that flows from your sharing. When choosing an individual action, determine what you will do and share it with the group. When choosing a group action, determine who will take responsibility for different aspects of the action. These should be your primary considerations.*

### CLOSING INVITATION TO PRAY

*Give thanks to God (aloud or silently) for new insights, for desires awakened, for directions clarified, for the gift of one another's openness and sensitivity. Conclude with a final prayer.*