

Deacon's Beacons

September 25, 2019

Be not quick in your spirit to become angry, for anger lodges in the heart of fools.
Ecclesiastes 7:9

Anger will cause us to say or do things that we usually would not. And most times, we regret our outbursts later. Anger is an emotion and as such is neither good nor bad. But it can become bad depending on how we respond. A wise person will measure what they do or say. Maybe we should be relying on the Holy Spirit for guidance and protection in moments of anger or strong emotion. That does not mean that you should not feel things but that you should always consider the effects of your response.

Go raibh síocháin Chríost a bheith in éineacht leat.

Deacon Mike