

## Deacon's Beacons

July 16, 2020

Be not quick in your spirit to become angry,  
for anger lodges in the heart of fools. Ecclesiastes 7:9

Anger is so easy to fall into. We react rather than responding. What we need to do is control our emotions. Emotions are not sinful. But they can lead us into sin. It is very easy to explode in anger and say hurtful things. Remember the old saying, "Sticks and stones can break my bones but words will never hurt me?" Not true. Words have power and, once spoken, cannot be taken back. Be cautious only to speak after careful consideration.

Go raibh síocháin Chríost a bheith in éineacht leat.

Deacon Mike