

Deacon's Beacons

September 11, 2020

Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God. James 1:19–20

Anger itself is an emotion. Therefore it is not sinful in and of itself. What we do with our anger can easily become sinful. We must be careful to control our emotions so as not to fall into sin. Bottling up emotions is not good either. We must process our emotions, and especially our anger, so as to deal with it without hurting others. Anger is not a sin but angry action is.

Go raibh síocháin Chríost a bheith in éineacht leat.

Deacon Mike