

Parents,

I wanted to share a few resources that may help during our time away from school.

I am also available via email if you or your child would like to reach out for support.

Helpful Articles:

Keeping Your Kids Happy, Busy and Learning

<https://time.com/5803373/coronavirus-kids-at-home-activities/>

Managing Anxiety and Stress

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

Talking to Kids about Coronavirus

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

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