

# Saint Barbara Parish

## FOOD PANTRY

### WISH LIST

Thank you for helping to stock our Pantry!!

#### Grains

shredded wheat cereal  
rice krispies cereal  
cheerios cereal  
corn flakes cereal  
hot oatmeal cereal  
corned bread mix  
egg noodles  
pastas  
flour  
macaroni & cheese mixes  
pancake mix  
rice & rice mixes  
whole wheat, saltine or  
graham crackers  
granola bars  
breakfast bars  
popcorn  
(microwave & other)

#### Vegetables

canned:  
peas  
corn  
lima beans  
tomatoes  
greens  
green beans  
soups  
tomato sauce  
vegetable juice

#### Dairy

boxed shelf milk  
canned milk  
evaporated milk  
powdered milk  
instant breakfast drinks

#### Fruits

all canned fruit  
apple sauce  
all dried fruit  
bottled juices (plastic)  
canned or boxed juices

#### Protein

baked beans  
bean soup  
beef stew  
canned tuna  
canned salmon  
canned chicken  
canned beef  
canned chili  
peanut butter  
beef or turkey jerky

#### Other Items

jams or jellies  
syrup  
salad dressings  
vegetable oils  
mayonnaise  
sugar  
powered drinks  
all soups

