

SURVIVAL SACKS

(Sacred Heart Program)

What is a Survival Sack?

- Survival Sacks are a way to distribute much-needed items to people who are currently homeless.
- A person can receive a Survival Sack once every three months in addition to regular Clothes Closet services.
- Sacred Heart distributes them on the 1st and 15th of each month.
- Sacred Heart distributes 200 Survival Sacks each month.
- Survival Sacks are meant to last an individual 3 months (hygiene items should be full-sized to accommodate this need).

ITEMS WE CURRENTLY NEED*

Bars of Soap (3 oz.)

Deodorant (3.5 oz.)

Fem. Hygiene Products

First-Aid kits—small (approx.. 6" x 6"—no family-sized, please)

Rain Ponchos (heavy plastic)

Razors (disposable)

Shampoo (15+ oz)

Socks—Men's AND women's (new)

Toothpaste (7+ oz. tubes)

Underpants, *New--Men's AND Women's (Please, no XX large)*

Washcloths

Food items (lunchbox sized) in pop-top cans, cardboard covers, or packages: fruit, Vienna sausages, tuna salad, jerky, etc. or items ***not needing to be cooked***.

***We do NOT need backpacks (Sacred Heart provides them) or toothbrushes, lip balm, or toilet paper (we currently have enough).**