

Rising 7th Grade

2019 Summer Reading Assignment

Students will read a total of **two books**. Students will read *one book approved by their parents*. Parents, please visit Common Sense Media's Book Review section to approve your son's or daughter's reading choice for the summer.

Students will also read *Resisting Happiness* by Matthew Kelly. You must purchase/rent this book on your own. Links for purchasing and the Jefferson County library are below. *If you have trouble finding the book, please let us know early in the summer and we will get you a copy.*

Assignment: As students read the chapters in *Resisting Happiness*, there are Action Steps at the end of each chapter. Students should complete 10 of these action steps and keep a journal of their responses. Each journal entry should be a 5-7 sentence reflection.

Their graded assignment in the fall will be a 5 slide presentation on Google Slides.

Format:

Presentation on 5 slides to present most meaningful lessons/experiences from at least 5 of those action steps that they completed.

Slide 1: Title slide/Introduction

Slides 2-4 should reflect:

- *What were the main ideas of the chapter?
- *What was the action that was taken?
- *What were the lessons gained from the action?

Slide 5: Last slide could summarize overall lessons from the reading and what actions the student would like to keep putting into practice.

This presentation should be *reviewed and approved by parents* prior to the student presenting their slideshow.

WAYS TO PURCHASE or RENT:

FREE BOOK LINK: <https://dynamiccatholic.com/resisting-happiness-free-copy>

Amazon Link: <https://www.amazon.com/Resisting-Happiness-Matthew-Kelly/dp/1942611927>

Barnes and Noble: <https://www.barnesandnoble.com/w/resisting-happiness-matthew-kelly/1124809229?ean=9781942611929>

Jefferson County Library (electronic book available)

https://encore.bham.lib.al.us/iii/encore/record/C_Rb3025930_Sresisting%20happiness_Ori_ghtresult_U_X7;jsessionid=9311050F55419CDB7F9519FB9C91E673?lang=eng&suite=beta