



Confirmation Preparation Guidelines 2019-2020

The Goal:

The Goal of Confirmation preparation is to lead the candidate toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit in order to be more capable of assuming the apostolic responsibilities of Christian life (*Catechism of the Catholic Church*, art.1309).

When and Where:

The Sacrament of Confirmation will be celebrated on Thursday, Feb 20, 2020 at St. Luke's with a reception to follow. (The rehearsal for Confirmation will be Saturday, Feb. 15th, during the preparation session.)

Who can be Confirmed?

Students are eligible for Confirmation if they:

1. are in the 10th grade or older and their families are registered in the parish
2. are enrolled in a weekly Catholic education program, like KeySIS.
3. have fulfilled their attendance requirement for the previous year (70% attendance at KeySIS or another approved program)

Pre-Candidates Requirements (9th Grade)

1. Attend weekly Catholic religious education (KeySIS or another approved program).
2. Attend Pre-Candidate Preparation Sessions in the Upper Room from 9:00-10:00 a.m.:
3. Weekly participation in the Holy Mass and yearly Confession (recommended monthly).

Candidates Requirements (10th Grade):

1. Catechesis –
 - a) Participation in weekly religious education (KeySIS or another approved program) for their entire freshmen and sophomore year.
 - b) Saint Report – One page hand-written biography on the life of their Confirmation Saint due by the Jan. 25th preparation session.
 - c) The Preparation Sessions are in the Upper Room (Youth Center) in the Pastoral Center from 9:00 -10:00 a.m. on the following Saturdays:
 - Session 1 – Saturday, Oct. 26 – for Candidates and Parents
 - Session 2 – Saturday, Nov 23 – for Candidates
 - Session 3 – Saturday, Dec. 7 – for Candidates
 - Session 4 – Saturday, Dec. 14 – for Candidates and Parents
 - Session 5 – Saturday, Jan. 18 – for Candidates and Sponsors
 - Session 6 – Saturday, Jan. 25 – for Candidates
 - Session 7 – Saturday, Feb. 8 – for Candidates and Parents
 - Session 8 – Saturday, Feb. 15 – for Candidates and Parents (Rehearsal)
2. Spiritual Formation –
 - a) One Retreat weekend (Discipleship Week w/ NET, Godstock, KeySIS Fall Retreat, DCYC – Jan. 31 - Feb. 2, 2020, or another approved retreat)
 - b) Acts of Service – while we do not require service hours growing in service is important and special importance should be placed on this in the home
 - c) Confirmation Retreat – either the one here at St. Luke or another approved confirmation retreat



3. Liturgical/Ritual

- a) Participation in the Holy Mass on Sundays and Holy Days of Obligation
- b) Received the sacrament of Confession at least once in the last year (recommended monthly)

If you are unable to attend the St. Luke Conformation Retreat on Nov. 9th, there are some alternative options below:

- Diocesan Confirmation Retreat Dec 7th – 8th