

Physical/Health Form for Athletics (Boys and Girls)

Entering Grade _____ YR 20 _____

CHILD'S NAME: _____ SEX: M F DOB _____
FIRST MI LAST MO/DAY/YEAR

ADDRESS: _____
STREET CITY ZIP

MOTHER'S NAME: _____ PHONE: _____
FIRST MI LAST HOME/WORK

FATHER'S NAME: _____ PHONE: _____
FIRST MI LAST HOME/WORK

IN CASE OF EMERGENCY IN WHICH THE PARENT'S CANNOT BE REACHED, PLEASE CALL:

NAME	RELATIONSHIP	PHONE

***** SPECIAL EMERGENCY REFERRAL INSTRUCTIONS *****

IN THE EVENT I CANNOT BE REACHED OR MAKE ARRANGEMENTS FOR EMERGENCY MEDICAL ATTENTION AT THE TIME OF ILLNESS OR ACCIDENT, I HEARBY AUTHORIZE _____

TO TAKE MY CHILD TO: _____
DOCTOR ADDRESS PHONE
HOSPITAL / CLINIC ADDRESS

1) Has this child: (please explain any yes answers)

- a) had any chronic illnesses – i.e., Diabetes, Cystic Fibrosis YES: _____ NO: _____
- b) had any allergies that require special attention or medication YES: _____ NO: _____
- c) had any past history of head injury, concussions, seizure, etc. YES: _____ NO: _____
- d) had any heart or blood pressure abnormalities YES: _____ NO: _____
- e) had any spinal injuries or spinal defects of any kind YES: _____ NO: _____
- f) need for medication at school YES: _____ NO: _____

2) Are there any special concerns that you have regarding athletic participation for your child?

Are there any limitations for your child's participation in physical education or sports?

DATE OF LAST DT: _____

PARENT SIGNATURE: _____

THIS SIDE TO BE COMPLETED BY PHYSICIAN

STUDENTS NAME (PLEASE PRINT) _____

RELEVANT HEALTH INFORMATION	PHYSICAL ASSESSMENT	NORMAL	ABNORMAL	NOT EXAMINED
PRESENT AGE:	GENERAL APPEARANCE			
HEIGHT (NO SHOES):				
WEIGHT (LIGHT CLOTHING)	SKIN			
	REFLEX TEST			
OTHER:	COVER TEST			
	EARS			
	NOSE, MOUTH, PHAYNX, TEETH			
	NECK (LYNPHATIC/THYROID)			
	HEART			
	LUNGS			
	ABDOMEN (INCLUDES HERNIAS)			
	GENITALIA			
	ORTHOPEDIC			
	NEUROLOGIC			

ABNORMAL FINDINGS:

PATIENT HEALTH HISTORY, FINDINGS AND RECOMMENDATIONS:

PHYSICAL ACTIVITY: RESTRICTED OR UNRESTRICTED – EXPLANATION:

I have examined the child named on this form and find that he/she is able to participate in the athletic programs of the school:

DATE: _____ **SIGNATURE:** _____

PRINTED PHYSICIAN'S NAME AND ADDRESS:
