

TEST ON ADULT ABUSE TRAINING MODULE

My PRINTED NAME is: _____

I understand if my handwriting is illegible I may not receive credit for my training.

1. **True or False.** Persons must be at least age 65 to be eligible for Adult Protection Services in Texas.
2. **True or False.** Two types of maltreatment of adults are Exploitation and Neglect.
3. All of the following are common signs of self-neglect **except**:
 - (1) Home in a state of filth or dangerous disrepair.
 - (2) Utility bills paid on time so that services are maintained.
 - (3) Unmet medical or dental needs.
 - (4) Obvious malnutrition.
4. **True or False.** Loneliness, isolation, and depression can all be causes of self-neglect.
5. **True or False.** Depending on circumstances, it can be helpful to confront an elderly person with their self-neglect in an effort to help them resolve it.
6. **True or False.** Vulnerable adults need to be careful with their alcohol intake because alcohol can produce a dangerous reaction with acetaminophen, antibiotics, antidepressants, etc.
7. Two examples of those who may perpetrate fraud and exploitation are: _____ & _____.
8. All of the following are common types of fraud perpetrated against the elderly **except**:
 - (1) Home equity fraud.
 - (2) Mail Fraud.
 - (3) Telemarketing Fraud.
 - (4) Refund Fraud.
9. **True or False.** Slamming and cramming are two types of fraud perpetrated on the elderly.
10. List **two ways** it is recommended that the elderly can avoid money-related fraud:
_____ & _____
11. What is the estimated number of older people in the United States that need help with their financial affairs?
 - (a) 1,000,000
 - (b) 500,000
 - (c) 138,000
12. If you help an elderly person by regularly reviewing their checkbook, bank statements, etc. and suspect that a caregiver, family member, or friend is improperly using the elderly's resources, to whom should you report the situation in Texas? _____

13. Persons most at risk of isolation include all of the following **except**:
- (1) those who are chronically ill
 - (2) those who live with adult children
 - (3) those who are widowed or divorced
 - (4) those who have reduced resources
14. List three common indicators of depression: _____, _____, &
_____.
15. **True or False.** Overreacting with anger toward a care recipient, neglecting or mistreating the care recipient, and wishing simply to “have the whole thing over with,” are three examples of what is referred to as “sibling burnout.”
16. List the three stages of caregiver burnout:
- (1) _____
 - (2) _____
 - (3) _____.
17. **True or False.** Providing care for an elderly adult requires a lot of patience, time, and love.
18. **True or False.** Installing handrails and repairing worn and ripped carpets are two easy guidelines that help prevent falls.
19. **Two ways** to make bathrooms safer for the elderly include: _____ &
_____.
20. Today’s date is: _____ - - therefore, I understand that I must complete my next annual training no later than _____ in order to remain eligible to serve. (**Remember!** All persons must complete an annual update no later than the 12-month anniversary of their most recent training.)

Thank you for completing your training.

If you have any questions, concerns, comments or suggestions,
please contact the SPX Safe Environment Director.