

Diocese of Lake Charles

March 2020

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY LENT 6
Nachos Grande (GB/Cheese/JP/SC) IB Lettuce 1/8 Salsa 1/4 Pinto Beans 1/2 Sweet Kernel Corn 1/4 Peach Slices 1/2 HS Fruit 1/2	Hamburger WG Hamburger Bun Tomato Slices 1/4 IB Lettuce 1/8-1/4 French Fries 1/2 Pear Slices 1/2 HS Fruit 1/2 WG Cookie Choice	Chicken Alfredo WG Pasta 1/2 Yam Patty ½ (2) DG's Salad 1/4-1/2 Orange Smiles 1/2 HS Fruit 1/2 WG Garlic Roll	Pork Roast, Gravy Brown Rice 1/2-1 C. Sweet Peas 1/2 Cauliflower 1/4-1/2 Cheese Sauce Spiced Apples 1/2 HS Fruit 1/2	Cheese Pizza Broccoli 1/2 Vegetable Dip Baby Carrots 1/4-1/2 Pineapple Tidbits 1/2 HS Fruit 1/2
9 Chicken Nuggets Sweet Pot. Fries 1/2 Celery Sticks 1/4-1/2 Applesauce 1/2 HS Fruit 1/2 WG Dessert 3/4-1 HS	10 Italian Meat Sauce WG Spaghetti 1/2 Green Beans 1/2 DG's Salad 1/4-1/2 Pineapple Tidbits 1/2 HS Fruit 1/2 WG Garlic Roll	11 Salisbury Steak, Gravy Creamy Potatoes 1/2 DG's Salad 1/4 Cherry Tom. 1/4 (HS) Peach Slices 1/2 HS Fruit 1/2 WG Yeast Roll	12 Chicken Gumbo OR Chicken Stew Brown Rice 1/2-1 C. Black Eye Peas 1/2 Baby Carrots 1/4-1/2 Apple Wedges 1/2 HS Fruit 1/2	LENT 13 Baked Potato (Cheese/SC/BB) Broccoli 1/2 Fruit Mix 1/2 HS Fruit 1/2 WG Cinnamon Roll
In Service 16 Hamburger WG Hamburger Bun Tomato Slices 1/4 IB Lettuce 1/8-1/4 French Fries 1/2 Pear Slices 1/2 HS Fruit 1/2 WG Cookie Choice	17 Fiesta Soft Tacos (GB/Cheese/JP/SC) IB Lettuce 1/8 Salsa 1/4 Pinto Beans 1/2 Whole K. Corn 1/4 Peach Slices 1/2 HS Fruit 1/2	18 Chicken Alfredo WG Pasta 1/2 Yam Patty 1/2 (2) DG's Salad 1/4-1/2 Orange Smiles 1/2 HS Fruit 1/2 WG Garlic Roll	19 Pork Roast, Gravy Brown Rice 1/2-1 C. Sweet Peas 1/2 Cauliflower 1/4-1/2 Cheese Sauce Spiced Apples 1/2 HS Fruit 1/2	LENT 20 Grilled Cheese Sandwich Tomato Slices 1/8-1/4 IB Lettuce 1/4 French Fries 1/2 Pear Slices 1/2 HS Fruit 1/2 WG Cookie Choice
23 Hot Dog, Chili Tator Tots OR French Fries 1/2 Mexican Beans 1/2 Fruit Mix 1/2 HS Fruit 1/2 WG Dessert Choice 3/4-1 HS	24 Meat Balls, Gravy Brown Rice 1/2-1 C. Broccoli 1/2 Cheese Sauce Yam Patty 1/4-1/2 Fruit Choice 1/2 HS Fruit 1/2	25 Chicken Nuggets Mac. & Cheese 1/2 Baby Carrots 1/4 Cherry Tomatoes 1/4 Cuc. Sticks 1/4-1/2 Dip for Vegetables Pear Slices 1/2 HS Fruit 1/2	26 Baked Chicken, Gravy Brown Rice 1/2-1 C. Lima Beans 1/2 Glazed Carrots 1/4-1/2 Fruit Choice 1/2 HS Fruit 1/2	LENT 27 Nachos Grande (Cheese/JP/SC) IB Lettuce 1/4-1/2 Sweet K. Corn 1/2 Apple Slices 1/2 HS Fruit 1/2 WG Cinnamon Roll
30 Cheeseburger WG Hamburger Bun Tomato Slices 1/4 IB Lettuce 1/8-1/4 French Fries 1/2 Orange Smiles 1/2 HS Fruit 1/2 WG Dessert Choice 3/4-1 HS	31 Fiesta Soft Tacos (GB/Cheese/JP/SC) IB Lettuce 1/8 Pinto Beans 1/2 Sweet K. Corn 1/2 Peach Slices 1/2 HS Fruit 1/2	This institution is an equal opportunity provider.	CHOICE OF MILK 1% White Fat Free Chocolate Fat Free Strawberry MENUS SUBJECT TO CHANGE 12/22/20	Notification: Peanuts/Peanut butter are not used in our menus. However, some products may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.