

Teaching Touching Safety
Grade PK
Lesson Plan 1:

Touching Safety Rules

Prayer:

Teacher uses prayer familiar to this age group.

Objective:

To reinforce parent/guardian teaching or message about safe touch and protecting private body parts

Children will learn how to guard against those who may seek to harm them through inappropriate touching

Guidelines Reference:

God has given us people who help us and teach us to care for ourselves.

Because of God's great love for us, He never wants us hurt in anyway.

Vocabulary words:

**private body parts (parts covered by our bathing suits)
rules**

secrets (things that you feel uncomfortable knowing without telling a safe adult)

safe adults

Activity:

Use the song, "Head, Shoulders, Knees and Toes" to begin making the students aware of the names of their body parts. Have each child touch the named parts as they sing the song. Explain to the children that these are our regular body parts; also tell them that there are body parts

that no one should touch and that they shouldn't touch these parts on someone else. These parts are our private body parts. We keep these covered and if anyone should touch these parts or ask them to touch theirs, they should tell someone RIGHT AWAY. Never keep this a secret. Tell them that if this ever happens to them they should follow these rules:

- 1. Say "NO"**
- 2. Run away**
- 3. Tell a safe adult**

Prayer:

Angel of God

HEAD, SHOULDERS, KNEES AND TOES

{Touch each part as you sing it}

Head and shoulders, knees and toes, knees and toes.

Head and shoulders, knees and toes, knees and toes

Eyes and ears and mouth and nose,

Head and shoulders, knees and toes,

Head and shoulders, knees and toes, knees and toes.

{Repeat several times, gradually increasing the tempo—speed—each time!}

Head and shoulders, knees and toes, knees and toes.

Head and shoulders, knees and toes, knees and toes

Eyes and ears and mouth and nose,

Head and shoulders, knees and toes,

Head and shoulders, knees and toes, knees and toes.

Teaching Touching Safety
Grade PK
Lesson Plan 2:

Touching Safety Rule

Prayer:

Teacher uses prayer familiar to this age group.

Objective:

To have children be able to name and identify safe friends, safe adults and respond to an unsafe situation.

**Guidelines
Reference:**

God is our loving Creator. He created each person to be special. God knows each of us by name, Caring for ourselves and others is a way of saying ‘thank you’ to God for the gift of life.

Vocabulary words:

**safe touch
unsafe touch
unsafe adult**

Discussion:

Read the following statements and have the children tell if it is a safe situation or an unsafe situation.

- 1. Mommy gives you a hug when you wake up.**
- 2. Daddy gives you a kiss at bedtime.**
- 3. Tommy gives you a high five when you win the game.**
- 4. A friendly person wants to touch your private body parts.**
- 5. Your cat purrs and rubs your leg.**
- 6. Your babysitter wants to give you a bath even though your mom says you don’t need one that night.**
- 7. Your dog is wagging its tail and wants to lick your face.**
- 8. The next door neighbor pushes you down on the sidewalk.**

Solicit some examples of safe and unsafe friends and adults from the children themselves to check their level of understanding.

Activity:

Have the children draw pictures or cut out pictures provided by the teacher and place them in the appropriate boxes: (see attachment) (safe adults –happy face boxes); (unsafe adults/ **questionable adults –sad face boxes). Teacher should check all drawings by children at the conclusion of the lesson.**

Review the Touching Safety Rules before ending the lesson.

Review:

Never talk to strangers

Never take candy or other gifts from a stranger.

Don't keep secrets from your parents- especially if someone asks you to

Your body is your own personal property and nobody else's business-especially the private parts. (When you're real little, of course, Mom or Dad may help you with your bath or in the bathroom-and your doctor is in the body business and will have to examine you from time to time, even when you are not little, but mommy or the nurse will be there with you.)

Prayer:

Angel of God

