

Choosing Your Confirmation Sponsor

No one journeys through life alone. We walk with many people within the Christian community. We form close ties with certain people who demonstrate in their lives what it means to be a Catholic.

A sponsor at Confirmation is someone who stands up for you before the community, presents you to the Bishop, and witnesses the anointing with the chrism.

But the sponsor's influence in your life continues after this celebration. The sponsor you choose should be someone you can turn to for help and guidance as you continue the journey of faith in the years ahead.

The sponsor should be more than simply a good friend. Is this person someone whose maturity can provide you with good example? Can you relate to this person, talk with them, ask them to be a part of your life? Are they free and willing to spend time with you?

Requirements for Confirmation sponsor are:

- Be selected and designated by the candidate
- Have the ability and intention of carrying out their responsibilities
- Be at least sixteen years old
- Must be Roman Catholic
- Must have received Eucharist and Confirmation, and if married, must be married in the Catholic Church
- Must attend Mass and receive the sacraments regularly

The sponsor cannot be a parent of the one to be confirmed. It is considered very fitting that the baptismal godparent assume the role of the confirmation sponsor.