

Night of WOH = Wipe Out Homelessness

High School and 8th grade youth are invited to participate in the Night of WOH sleep-out to raise awareness and funds for homelessness on **Saturday, October 5** starting at **4:00 pm**. For any youth in need of service hours, participation in the Night of WOH will **count as 3 service hours**. It is also a great activity for confirmation small group and anyone else who wants to help wipe out homelessness!

Questions or concerns? Contact Kristen Neuman at 763-784-1329
or kneuman@churchofsttimothy.com

Prior to the Night of WOH:

- 1) Tell friends and family about this event and invite them to give you a monetary **donation** that will go to local organizations that help homeless people. Include your own donation, too. Remember to bring these donations to the Night of WOH.
- 2) Find your sleeping bag and a sturdy, large cardboard box (*available at businesses that carry appliances/furniture*) needed for sleeping outside. You also want to bring some tarps to put on the ground and perhaps over your box. Depending on the weather forecast for that night, you may also want to bring a poncho or rain gear, and warm clothing such as mittens and a cap.
- 3) The Parental Authorization/Code of Conduct form (available on our website and the parish office) is due no later than Wednesday, **October 2**.

What to Bring:

- 1) The donations you collected. Put money and checks in an envelope with your name on it. Checks should be made out to "Church of St. Timothy – WOH."
- 2) Sleeping bag, cardboard box(es), optional tarp, pillow, warm clothing, and a flashlight.
- 3) Warm jacket and outdoor apparel. Dress in layers of clothing if cold temperatures are expected. Depending on the weather and night air temperature, a layer of long underwear would be a good idea, and perhaps rain gear.

Do Not Bring:

1. Valuables (other than the donations collected) or any sort of electronic devices or cell phones. None of this will be needed. We will have access to the phone in the parish center, if needed.
2. Air mattresses or air pumps. Only camping pads and sleeping bags or blankets are allowed.

Dressing Tips:

1. Dress in layers, such as a liner against your skin (long johns), insulation (fleece), and a water/wind proof outer shell.
2. Wool or synthetic materials work better than cotton.
3. Bring some sort of head covering (wool cap), mittens, and a scarf – just in case.
4. Wear wool socks, but not too many pairs (may constrict blood flow, resulting in cold feet despite warm socks).

Other Tips:

1. Tarps and extra boxes can be used as layers between the ground and sleeping bags.
2. Closed-cell foam pads or Thermo Rest camping mattresses work better than regular foam or air mattresses. Insulating oneself from the ground is more important than insulating oneself from the cold air.
3. Use a winter-weight sleeping bag, sufficient for cold temperatures.
4. A bottle of warm water in the foot of the sleeping bag will help keep feet warm.
5. If the air is cold, breathe through a stocking cap or bandana instead of breathing into the sleeping bag (the moisture from one's breath can reduce the bag's insulating ability).

Tentative Schedule:

4:00 pm	Arrive and set up cardboard boxes
5:00 pm	Mass - We will sit as a group and our families may sit with us. After Mass, some parishioners may want a tour of our cardboard box camp. We will gladly accept donations from any Mass-goers who may be willing to help our cause.
6:30 pm	Supper
Later	Various activities related to homelessness including a presentation about homelessness, outdoor games, and a campfire.
8:15 am	Arise
8:15-8:30	Be available for interested Mass-goers to stop by and chat or donate.
8:45 am	Begin to tear down camp, recycle cardboard city and clean up our area <i>after</i> 8:30 Mass-goers come by. Closing discussion and prayer.
9:15 <i>or so</i>	Leave for home with gratitude that we have a home and warm bed to go to!

Did you know....

- ⊗ About 7,200 Minnesotans were experiencing homelessness on the night of January 24th, 2018.
- ⊗ Families with children are the fastest growing group of the homeless population.
- ⊗ Availability of affordable housing is still a critical issue.
- ⊗ Nationally, one in five people in a soup kitchen line is a child.