



VENITE ADOREMUS DOMINUM!

Most Holy Trinity Catholic Church Adoration Newsletter

VOLUME SEVEN - SUMMER 2019 - ENGLISH

The Adorer's Voice - Mater Dolorosa



**MATER DOLOROSA
(MOTHER OF SORROWS)
PRAY FOR US!**

On September 15 the Church celebrates the Feast of Our Lady of Sorrows. This Feast commemorates the seven great sorrows the Mother of God lived in relation to her Divine Son as recorded in the Gospels. The Blessed Virgin Mary (BVM) revealed to St. Bridget of Sweden (1303-1373) that she would give seven graces to those who honor her daily by praying the Hail Mary seven times and meditating on her tears and sorrows.

According to the *Catechism of the Catholic Church* (CCC), grace "is favor, the free and undeserved help that God gives us to respond to his call to become children of God...partakers of the divine nature and of eternal life." (CCC 1996) "Grace is a participation in the life of God." (CCC 1997) "The grace of Christ is the gratuitous gift that God makes to us of his own life, infused by the Holy Spirit, into our soul to heal it of sin and to sanctify it." (CCC 1999)

The seven graces as promised by BVM to those who

meditate daily on her sorrows (also called dolors) are:

1. "I will grant peace to their families."
2. "They will be enlightened about Divine Mysteries."
3. "I will console them in their pains and I will accompany them in their work."
4. "I will give them as much as they ask for as long as it does not oppose the adorable will of my Divine Son or the sanctification of their souls."
5. "I will defend them in their spiritual battles with the infernal enemy and I will protect them at every instant of their lives."
6. "I will visibly help them at the moment of their death. They will see the face of their Mother."
7. "I have obtained this grace from my Divine Son, that those who propagate this devotion to my tears and dolors will be taken directly from this earthly life to eternal happiness since all their sins will be forgiven, and my Son and I will be their eternal consolation and joy."

Meditate on and pray a Hail Mary after each of the seven sorrows of BVM:

1. **The prophecy of Simeon** (Luke 2:34-35)
2. **The flight into Egypt** (Matthew 2:13-21)
3. **The loss of the Child Jesus for three days in the Temple** (Luke 2:41-50)
4. **The meeting of Jesus and Mary on the Way of the Cross** (Luke 23:26-31)
5. **The Crucifixion** (John 19:17-30)
6. **Jesus being taken down from the Cross** (Mark 15:42-47)

7. **The burial of Jesus** (John 19:39-42)

For an even deeper devotion, download (for free) the book, *The Glories of Mary*, by St. Alphonsus Liguori at: themostholyroary.com There are excellent reflections for each dolor beginning on page 537. St. Alphonsus also lists the four promises Jesus made to those who devote themselves to the seven sorrows as revealed to St. Elizabeth of Hungary (1207-1231):

1. That those who invoke the Divine Mother by her sorrows before death will merit to obtain true repentance of all their sins.
2. That He will protect such in their tribulations, especially at the hour of death.
3. That He will impress upon them the memory of His passion, and that they shall have their reward for it in heaven.
4. That He will commit such devout servants to the hands of Mary, that she may dispose of them according to her pleasure, and obtain for them all the graces she desires.

The Mother of God said to St. Bridget, "I gaze upon the children of men to see whether anyone feels compassion for me, and alas! I see but few. If many forget me, at least you, my daughter, do not forget me. Consider how much I have suffered."

Remember the Sorrows of Our Blessed Mother!

Venite Adoremus Dominum! Blessings, *Dawn*

EUCCHARISTIC ADORATION IN THE DAY CHAPEL

- ◆ Monday 9am - 10pm
- ◆ Tuesday 9am - 10pm
- ◆ Wednesday 1pm - 10pm
- ◆ Thursday 9am - 10pm
- ◆ Friday 9am - 10pm
- ◆ **First Saturday Holy Hour for Fr. Khoi & vocations in the church 8am - 9am**



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VIRGIN OF THE ANGELS
 BY ADOLPHE-WILLIAM
 BOUGUEREAU
 (1881)

**"IT IS IN THE
 BLESSED
 SACRAMENT
 THAT WE FIND
 STRENGTH.
 WITHOUT MY
 DAILY HOLY
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 COULD NOT
 HAVE LASTED
 ONE SINGLE
 DAY."**

**ST. DAMIEN
 THE LEPER**

Litany of the Most Blessed Sacrament - St. Peter Julian Eymard

Lord, have mercy. R. Lord,
 have mercy.
 Christ, have mercy. R. Christ,
 have mercy.
 Lord, have mercy. R. Lord,
 have mercy.
 Christ, hear us. R. Christ, gra-
 ciously hear us.
 God the Father of Heaven, R.
 have mercy on us.
 God the Son, Redeemer of the
 world, R. have mercy on us.
 God the Holy Spirit, R. have
 mercy on us.
 Holy Trinity, one God, R. have
 mercy on us.

Jesus, Eternal High Priest of
 the Eucharistic Sacrifice, R.
 have mercy on us.
 Jesus, Divine Victim on the
 Altar for our salvation, R. have
 mercy on us.
 Jesus, hidden under the appear-
 ance of bread, R. have mercy
 on us.
 Jesus, dwelling in the tabernac-
 les of the world, R. have mercy
 on us.
 Jesus, really, truly and substan-
 tially present in the Blessed
 Sacrament, R. have mercy on
 us.
 Jesus, abiding in Your fulness,
 Body, Blood, Soul and Divinity,
 R. have mercy on us.
 Jesus, Bread of Life, R. have
 mercy on us.
 Jesus, Bread of Angels, R. have
 mercy on us.
 Jesus, with us always until the
 end of the world, R. have mercy
 on us.

Sacred Host, summit and
 source of all worship and Chris-
 tian life, R. have mercy on us.
 Sacred Host, sign and cause of
 the unity of the Church, R.
 have mercy on us.
 Sacred Host, adored by count-
 less angels, R. have mercy on
 us.
 Sacred Host, spiritual food, R.

have mercy on us.
 Sacred Host, Sacrament of love,
 R. have mercy on us.
 Sacred Host, bond of charity,
 R. have mercy on us.
 Sacred Host, greatest aid to
 holiness, R. have mercy on us.
 Sacred Host, gift and glory of
 the priesthood, R. have mercy
 on us.
 Sacred Host, in which we par-
 take of Christ, R. have mercy
 on us.
 Sacred Host, in which the soul
 is filled with grace, R. have mer-
 cy on us.
 Sacred Host, in which we are
 given a pledge of future glory,
 R. have mercy on us.

Blessed be Jesus in the Most
 Holy Sacrament of the Altar.
 Blessed be Jesus in the Most
 Holy Sacrament of the Altar.
 Blessed be Jesus in the Most
 Holy Sacrament of the Altar.

For those who do not believe in
 Your Eucharistic presence, R.
 have mercy, O Lord.
 For those who are indifferent
 to the Sacrament of Your love,
 R. have mercy on us.
 For those who have offended
 You in the Holy Sacrament of
 the Altar, R. have mercy on us.

That we may show fitting rever-
 ence when entering Your holy
 temple, R. we beseech You,
 hear us.
 That we may make suitable
 preparation before approaching
 the Altar, R. we beseech You,
 hear us.
 That we may receive You fre-
 quently in Holy Communion
 with real devotion and true
 humility, R. we beseech You,
 hear us.
 That we may never neglect to
 thank You for so wonderful a
 blessing, R. we beseech You,
 hear us.

That we may cherish time spent
 in silent prayer before You, R.
 we beseech You, hear us.
 That we may grow in
 knowledge of this Sacrament of
 sacraments, R. we beseech You,
 hear us.
 That all priests may have a pro-
 found love of the Holy Eucha-
 rist, R. we beseech You, hear
 us.
 That they may celebrate the
 Holy Sacrifice of the Mass in
 accordance with its sublime
 dignity, R. we beseech You,
 hear us.
 That we may be comforted and
 sanctified with Holy Viaticum
 at the hour of our death, R. we
 beseech You, hear us.
 That we may see You one day
 face to face in Heaven, R. we
 beseech You, hear us.

Lamb of God, You take away
 the sins of the world, R. spare
 us, O Lord.
 Lamb of God, You take away
 the sins of the world, R. gra-
 ciously hear us, O Lord.
 Lamb of God, You take away
 the sins of the world, R. have
 mercy on us, O Lord.

V. O Sacrament Most Holy, O
 Sacrament Divine,
 R. all praise and all thanksgiving
 be every moment Thine.

Let us pray. Most merciful
 Father, You continue to draw
 us to Yourself through the Eu-
 charistic Mystery. Grant us
 fervent faith in this Sacrament
 of love, in which Christ the
 Lord Himself is contained, of-
 fered and received. We make
 this prayer through the same
 Christ our Lord. Amen.

Nihil Obstat. Very Reverend Peter J. Kenny, D.D.,
 Diocesan Censor

Imprimatur. Most Reverend Denis J. Hart DD Titular
 Bishop of Vagada Vicar General



Adoration Testimony - Judy Vera

Adoration has been a treasured part of my life since the 1990s soon after I joined the Catholic Church. It has been a life journey, sometimes joyful and sometimes exceedingly sad. I first started adoration for the beautiful Gregorian chant music that was played in a humble college parish in Corpus Christi. It just made me feel good.

Then a few years later when I moved to Tulsa I learned there was no adoration and felt moved by the spirit to talk to

the priest about starting it, which happened to my delight. No music was played but one time when I was in front of the Blessed Sacrament a young priest said, "He is here! He is here! You just need to open your heart!" So I did and Jesus came flooding in. I had never felt such love and I didn't want to leave but when it was over I was forced to but on my drive home while listening to Christian music I heard the song "We are not home yet" and I started to cry

for joy of Jesus speaking to me.

In the many years I was in Tulsa I struggled with health problems where Jesus was my life-line in adoration. I spent hours pouring my heart out to him.

After moving to wonderful Angleton and experiencing Jesus' healing touch, now I spend my time in adoration two times a week just praising Him for all he has done in my life.

Judy Vera



Adoration Protocol

Just like our beautiful church, the adoration chapel is a Sacred Space, Holy Ground. **PLEASE show your respect to the awesome Presence of Jesus in the Blessed Sacrament when entering and exiting the chapel.**

"Genuflection in the presence of the Blessed Sacrament, whether reserved in the tabernacle or exposed for public adoration, is on one knee." (*Eucharistiae Sacramentum*, 84) Further, the *General Instruction of the Roman Missal (GIRM)* states: "A genuflection, made by bending the right knee to the ground, signifies adoration, and therefore it is reserved for the Most Blessed Sacrament." (*GIRM*, 274) If you are physically unable to genuflect, a solemn bow of respect is appropriate.

NEVER leave Jesus in the Blessed Sacrament alone for any reason! If your Holy Hour has ended and the next scheduled adorer has not arrived, do not leave Jesus alone! If you need to leave right away,

contact the daily sub coordinator. Adoration Ministry contact numbers are located in front of the sign in binder in the chapel.

Respect the Blessed Sacrament and fellow adorers through SILENT prayer. Phones should be turned off or placed on vibrate. Please do not play music, pray aloud, or visit with other adorers during adoration.

Please do not chew gum or bring ANY food/drinks into the church or day chapel!

Arrive ON TIME for your scheduled Holy Hour and SIGN IN when you enter the chapel. Whether you are a regular adorer, a substitute adorer, or just visting, please sign in. There is also space to write down a prayer request on the sign in sheet!

If you are unable to attend your scheduled Holy Hour, please find a SUBSTITUTE adorer and contact the sub coordinator for your day as

soon as possible when you know you will be unable to attend your commitment. **An electronic sub request can be made through our adoration scheduling software:**

<https://adorationpro.org/sub.php?org=mostbolytrinity>

Use the password: subpass
Select "Send Auto Sub Request"

Enter your first name

Enter your last name

Enter your email

Enter the date and time you need a substitute

Click "Send Sub Request" to submit

Periodically adoration must be temporarily closed or cancelled altogether; and the Adoration Ministry does its best to communicate these events in advance via email, text, and/or phone. Please be sure to inform your daily sub coordinator if you have a change in contact information! Thank you!

"WHAT EXCUSE SHALL WE HAVE, OR HOW SHALL WE OBTAIN PARDON, IF WE CONSIDER IT TOO MUCH TO GO TO JESUS IN THE EUCHARIST, WHO DESCENDED FROM HEAVEN FOR OUR SAKE?"

ST. JOHN CHRYSOSTOM

WILL YOU COMMIT TO SPENDING JUST ONE HOUR WITH OUR EUCHARISTIC LORD?

**EUCCHARISTIC ADORATION
MINISTRY CONTACTS**

FR. KHOI LE,
PASTOR & DIRECTOR

DAWN DEDAS,
**COORDINATOR &
NEWSLETTER EDITOR**
DAWNDEDAS@GMAIL.COM

JUDY VERA,
**MONDAY
SUB COORDINATOR**
918-269-9227

DONNA HUNDL,
**TUESDAY
SUB COORDINATOR**
979-417-5237

NELLIE VILLARREAL,
**WEDNESDAY
SUB COORDINATOR**
979-549-2440

ISABEL MARTINEZ,
**THURSDAY
SUB COORDINATOR**
979-997-9416

IRMA HASTINGS,
**FRIDAY
SUB COORDINATOR**
979-900-8658

JEFF WORMAN,
FIRST SATURDAY DIRECTOR
979-230-8446

ROXANNE ARISMELENDEZ,
**CHILDREN'S ADORATION &
FACEBOOK ADMINISTRATOR**
[MOSTHOLYTRINITYADORATION](#)

AMANDA OCAÑAS,
**CHILDREN'S ADORATION &
HOSPITALITY**

**EMAIL THE EDITOR TO
SHARE YOUR
ADORATION
TESTIMONIAL!**



Adoration Meditation - Seven Sorrows

In honor of the Seven Sorrows Pope Pius VII approved this series of prayers for daily meditation in 1815:

O God, come to my assistance; O Lord, make haste to help me. Glory be to the Father, the Son, and the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

1. I grieve for you, O Mary most sorrowful, in the affliction of your tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by your heart so afflicted, obtain for me the virtue of humility and the gift of the holy fear of God. *Hail Mary...*

2. I grieve for you, O Mary most sorrowful, in the anguish of your most affectionate heart during the flight into Egypt and your sojourn there. Dear Mother, by your heart so troubled, obtain for me the virtue of generosity, especially toward the poor, and the gift of piety. *Hail Mary...*

Eucharistic Miracle - Italy 1263

The Corporal of Bolsena (pictured to the right) dates back to a Eucharistic miracle which occurred in 1263. A priest celebrating Mass was experiencing doubt about transubstantiation. After consecration the Eucharist began to bleed onto the corporal on the altar. Today the Corporal of Bolsena is preserved in a reliquary in the Cathedral of Orvieto, Italy.

3. I grieve for you, O Mary most sorrowful, in those anxieties which tried your troubled heart at the loss of your dear Jesus. Dear Mother, by your heart so full of anguish, obtain for me the virtue of chastity and the gift of knowledge. *Hail Mary...*

4. I grieve for you, O Mary most sorrowful, in the consternation of your heart at meeting Jesus as He carried His Cross. Dear Mother, by your heart so troubled, obtain for me the virtue of patience and the gift of fortitude. *Hail Mary...*

5. I grieve for you, O Mary most sorrowful, in the martyrdom which your generous heart endured in standing near Jesus in His agony. Dear Mother, by your afflicted heart obtain for me the virtue of temperance and the gift of counsel. *Hail Mary...*

6. I grieve for you, O Mary most sorrowful, in the wounding of your compassionate heart, when the side of Jesus was struck by the lance before His Body was

removed from the Cross. Dear Mother, by your heart thus transfixed, obtain for me the virtue of fraternal charity and the gift of understanding. *Hail Mary...*

7. I grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the gift of wisdom. *Hail Mary...*

Let Us Pray: Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns world without end. Amen.

