Last November I was BLESSED to be able to attend a four night mission at St. John the Baptist in Alvin presented by Father Larry Richards. If you are unfamiliar with Fr. Larry, please consult YouTube or EWTN radio! It would be an understatement to say that I have never known anyone who was truly devoted to this glorious Saint, for I know by long experience what blessings he can obtain for us from God. St. Joseph, husband of the Blessed Virgin Mary and foster father of Jesus, our Lord and Savior of the world, was the opposite of Adam. Scripture tells us that Joseph, chosen by God as guardian of Mary and Jesus, was a humble carpenter, virtuous with unshakable faith. He was compassionate, unwilling to expose Mary to shame when he found out she was pregnant. Each time the angel appeared in a dream, Joseph was obedient and accepted what was commanded without question. He was a courageous protector when the family had to flee from danger. Joseph was always the man God created him to be!

Men, take note of St. Joseph’s example and be the spiritual leaders of your families! How? Lead prayers before meals, family Rosaries and Divine Mercy Chaplets. Attend Holy Hours together! Take your wife by the hand, thank God for her, then pray an Our Father, Hail Mary, and Glory Be together. Ask St. Joseph for assistance getting started!

St. Joseph lived a quiet life. Jesus and Mary respected him as head of their Holy Family, and Joseph understood the role to which he was appointed by God. St. Alphonsus Liguori said, “God, because of the great love He bears us, and His great desire to see us saved, has given us among other means of salvation the practice of devotion to the saints. It is His will that they, who are His friends, should intercede for us, and by their merits and prayers obtain graces for us which we ourselves do not deserve. But everyone must know that, after the Mother of God, St. Joseph is, of all the saints, the one dearest to God. He has, therefore, great power with Him and can obtain graces for His devout clients.”

Regarding St. Joseph, St. Teresa of Avila said, “Would that I could persuade all men to be devoted to this glorious Saint, for I know by long experience what blessings he can obtain from God. St. Joseph is, of all the saints, the one dearest to God. He has, therefore, great power with Him and can obtain graces for His devout clients.”

St. Albertus Magnus said, “Some saints are privileged to extend to us their patronage with particular efficacy in certain needs, but not in others; but our holy patron St. Joseph has the power to assist us in all cases, in every necessity, in every undertaking.”

St. Joseph is a powerful intercessor for our prayers! One of his titles is Terror of Demons, the month of March is dedicated to him, and there are MANY prayers to St. Joseph (even a Memorare). Develop a devotion to St. Joseph this year!

St. Joseph, pray for us!

Venite Adoremus Dominum!
Blessings, Dawn

**Eucharistic Adoration in the Day Chapel**
- Monday 9am - 10pm
- Tuesday 9am - 10pm
- Wednesday 1pm - 10pm
- Thursday 9am - 10pm
- Friday 9am - 10pm
- First Saturday Holy Hour for Fr. Victor & vocations in the church 8am - 9am

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**WINTER 2019 VOLUME FIVE - ENGLISH**

**Most Holy Trinity Catholic Church**

**VENITE ADOREMUS DOMINUM!**
Need a Miracle? Try This Quick Novena!

A novena is a devotion that involves praying a prayer nine days in a row for a specific intention. The word novena comes from the Latin word novem meaning nine. The precedent was set for this type of prayer when, after the ascension of Jesus, the Apostles, Blessed Virgin Mary, and others obediently went back to the upper room and prayed for nine days until the Holy Spirit descended upon them, “tongues of fire” style.

There are many novenas to pray at different times throughout the year or anytime intercession is needed. In general, there are four categories of novenas: mourning, preparation, petition, and indulgence. Novenas can be addressed to different saints, angels, the Lord, and Blessed Mother. However, even when a prayer is addressed to someone other than the Lord, the prayer is taken directly to Him by whomever the novena or prayer is addressed.

What if you have an urgent need and don’t have nine days to pray a novena? Saint Mother Teresa of Calcutta came up with a solution: she prayed a “flying” novena to petition our Blessed Mother for help. This quick novena is easy to pray, especially if you are already familiar with The Memorare prayer. 

Sincerely pray The Memorare ten times in a row to our Mother - nine times for the specific intention and the tenth in thanksgiving for the answered prayer. Easy, no?!

The Memorare:

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

In Latin memorare means to call to mind or remember. As stated in the prayer itself, we can pray The Memorare with confidence in our Mother as our advocate and protector. She always wants to take our petitions to the Lord! Present them with humility, sincerity, and love!

There is power in prayer, and God hears and answers ALL our prayers! Will we always get what we want? Sorry, nope! God’s plan is infinitely better than ours. Persevere and continue to pray, praise, wait, and trust!

Jesus said, “Whatever you ask for in prayer with faith, you will receive.” Matthew 21:22

Have faith and pray!

Remember the MANY prayers to St. Joseph from page 1 and how he has his own Memorare? I would imagine that the St. Joseph Memorare could also be prayed in this quick St. Mother Teresa of Calcutta style in a pinch!

Eucharistic Miracle - Sokola, Poland

On October 12, 2008, a Consecrated Host fell to the ground during Mass at St. Anthony of Sokola in Sokola, Poland. When the priest noticed it, he believed it was dirty and placed it in a vasculum (a small container filled with water) to dissolve it in the proper manner. A week later, when the Host was brought out again, although partially dissolved, what was thought to be dirt looked more like a blood stain or blood clot.

In January of 2009 a sample was taken and examined independently by two scientists, specialists in histopathology (the microscopic study of changes in tissue) from the Medical University of Bialystok. To ensure no bias in the study, the scientists were not informed that the sample being examined was from a Consecrated Host. Despite this, both scientists reached the same conclusion: the sample examined was neither a clot, nor blood… it was human cardiac (heart) muscle tissue which was still alive. The scientists were even able to observe that the cardiac tissue was joined to the Consecrated Host in an inseparable manner, as if a fragment of “bread” had suddenly transformed itself into “body”. Exactly our Catholic doctrine of transubstantiation! It is Jesus!
Adoration Testimonial - Jeff Worman

I first visited Most Holy Trinity in March of 2016 and from the first time I walked thru the doors I knew this was to be my home parish. Having grown up in the Catholic church and serving as a youth in the church, Eucharistic Adoration was not something that I was familiar with at all. I have always been one who loves to read the scriptures and spend time in prayer, although I have not always been as committed to my prayer life as I wanted to be, and felt as though I was not growing spiritually. I was sitting in church one Saturday evening when Father Victor made an announcement that adorers were needed to fill hours during the week, and it was at that moment I felt the Holy Spirit tugging at me to check it out. So I took the bulletin home, looked for the hours and days that people were needed, and decided I would go. I was not yet committing to anything at this point, just going to go on a day that was listed, spend an hour with Jesus and see where it would go from there.

I walked in to the chapel and not looking around found a seat toward the back, knelt down and started to pray. Instantly I felt an overwhelming sense of peace like nothing I had ever experienced before, it was if all of my daily problems and struggles just seemed to disappear. As I sat in my chair and started to read my Bible, I would read a few passages and then look back at Jesus and meditate on the passages I had just finished reading. At some point I looked up and realized that the two ladies that started the hour with me were gone and there were three new ladies there. I had been there with Jesus for and hour and half. As I was driving home I knew I had to call the person listed in the bulletin and sign up for my weekly hour and make a commitment to spend that time with Jesus each and every week.

I can honestly say that was one of the best decisions I have ever made. Each week is a new week, and how I spend my time in Adoration is different from week to week depending on what is going on in my life. Some days I spend time praying the Rosary and reading, sometimes I pray for the intentions of others, read the scriptures and meditate on the readings for that day. Then there are those tough days that I just need to talk to Jesus and unload the heavy burdens I am carrying around that week. Each week, good or bad, I know Jesus is there waiting on me to spend time with Him and tell Him everything that is weighing on me and allow Him to speak directly into my heart.

Over the past year and half I have developed a much deeper and more profound relationship with Jesus by spending time with Him each and every week in Adoration. It has changed my life more than I ever thought possible. If you had asked me two years ago, “Do you love Jesus?” I would have answered, “Yes of course I do.” It would have been true; however, it would have been the kind of love that is less than He deserves and that was something I wanted to change. I knew if that was going to change, I would need to spend time with Jesus each and every week and allow Him to work on my heart in the areas I needed to work on.

Eucharistic Adoration has been an opportunity for me to grow in so many ways and has helped open the ears of my heart to hear Jesus speak directly to me. We all have areas of our lives that we want to change, areas that maybe we have neglected or have kind of given up on because nothing ever seems to work. If you feel stuck, as though you are not growing spiritually, or maybe you answered the question the same way I did two years ago, then Eucharistic Adoration is the perfect place for you. Spend time with Jesus in Adoration and allow Him to help you. Tell Him how much you love and need Him. He is there waiting for you. God Bless, Jeff

Adoration Ministry Request & Reminders

Many thanks and blessings to everyone who has signed up and committed to spend an hour or more with Jesus exposed in the Eucharist!

We are always in need of substitute adorers in addition to dedicated adorers throughout the week. Please contact a daily sub coordinator on page 4 if you can fill in periodically as a substitute adorer or commit to just one hour each week with Jesus.

How AMAZING it would be if we could FILL the chapel each day and show Him our LOVE!!!

Important reminders:

Please NEVER leave Jesus in the Blessed Sacrament alone!

Please maintain reverent, prayerful SILENCE. Phones should be turned off or placed on vibrate.

Please do not chew gum or bring ANY food/drinks into the church or day chapel!

If you are unable to attend your scheduled Holy Hour, please find a SUBSTITUTE adorer and contact the sub coordinator for your day as soon as you know you will not make your commitment.

Please arrive ON TIME for your scheduled Holy Hour!

If your Holy Hour has ended and the next scheduled adorer has not arrived, do not leave Jesus alone! If you need to leave right away, contact the daily sub coordinator (phone numbers are in front of sign in binder) then stay until a relief adorer arrives.

If you are not in a rush, stay with Jesus. HE WILL NEVER TIRE OF YOU!

Whether you are a regular adorer, a substitute adorer, or just vising, PLEASE SIGN IN!
MY CHILD, you need not know much in order to please Me, only love Me dearly. Speak to Me as you would talk to your mother, if she had taken you in her arms. Have you no one to commend to Me? Tell Me the names of your relations, of your friends; after each name add what you wish Me to do for them. Ask a great deal, I love generous hearts that forget themselves for others.

TELL Me about the poor whom you want to help, the sick whom you have seen suffer, the sinner whom you would convert, the persons who are alienated from you, and whose affections you wish to win back. For all recite a fervent prayer. Remind Me that I have promised to grant every prayer that comes from the heart; and surely the prayers are heartfelt which we say for those whom we love, and who love us.

HAVE you no favors to ask for yourself? Write, if you like, a long list of all your wishes - all the needs of your soul - and come and read it to Me. Tell Me simply how self-indulgent you are, how proud, how touchy, how selfish, how cowardly, how idle; ask Me to help you to improve. Poor child! Do not blush! There are in heaven many saints who had the same faults as you; they prayed to Me, and, little by little, they were cured.

DO not hesitate to ask for the goods of body and mind - for health, for memory, for success. I can give everything, and I always give when the gifts would make souls more holy. What do you want today, My child? Oh, if you knew how I long to do you good!

HAVE you no plans to interest you? Tell me about them. Do they concern your vocation? What do you think of? What would you like? Are you planning some pleasure for your mother, for your family, for your guardian? What do you wish to do for them?

AND have you no thoughts of zeal for Me? Are you not anxious to do a little good for the souls of your friends, for those whom you love, and who, perhaps, forget Me? Tell Me who interests you, what motives urges you, what means you wish to take.

CONFIDE to Me your failures. I will show you the cause. Whom do you wish to see interested in your work? I am the master of all hearts, My child, and I lead them gently where I please. I will place about you those who are necessary to you; never fear!

HAVE you nothing to annoy you? My child, tell Me your annoyances with every detail. Who has pained you? Who has wounded your self-love? Who has treated you contemptuously? Tell Me all, and then say that you forgive and forget; and I will give you My blessing.

DO you dread something painful? Is there in your soul a vague fear which seems unreasonable, and yet torments you? Trust fully in My providence. I am here, I see everything; I will not leave you.

HAVE you no promises to make Me? You know I read the very bottom of your heart. Men are deceived, but not God; be frank.

ARE you resolved to avoid that occasion of sin, to give up the object which leads you astray - not to read the book which excites your imagination, to withdraw your friendship from that person who is irreligious, and whose presence disturbs the peace of your soul? Will you go at once and be kind to that companion who annoyed you?

WELL, My child, go now and resume your daily work. Be silent, be honest, be patient, be charitable, and tomorrow bring Me a heart even more devoted and loving. Tomorrow I shall have new favors for you.