



# VENITE ADOREMUS DOMINUM!

Most Holy Trinity Catholic Church Adoration Newsletter

VOLUME NINE - WINTER 2020 - ENGLISH

## *The Adorer's Voice - Come, Holy Spirit!*



**VENI, SANCTE SPIRITUS  
COME, HOLY SPIRIT**

Paraclete. Consoler. Spirit of Truth. Spirit of Promise. Spirit of Adoption. Spirit of Christ. Spirit of the Lord. Spirit of God. Spirit of Glory. The Holy Spirit. Come Holy Spirit!

According to the *Catechism of the Catholic Church (CCC)*, "Holy Spirit is the proper name of the one whom we adore and glorify with the Father and the Son. The Church has received this name from the Lord and professes it in the Baptism of her new children. The term 'Spirit' is translated from the Hebrew word *ruah*, which, in its primary sense, means breath, air, wind." (CCC 691) In addition to the many titles, several symbols are associated with the Holy Spirit: water, anointing, fire, cloud and light, the seal, the hand, the finger, and the dove. (Excerpted, CCC 694-701)

The month of April is dedicated to the Holy Spirit, the third person of the

Trinity, who as we profess proceeds from the love between the Father and Son. It is the Holy Spirit who spoke to the prophets and speaks to each one of us. Have you heard Him? Are you listening with the ears of your heart?

We first receive the gift of the Holy Spirit during the Sacrament of Baptism. For most of us, we were given this precious, undeserved gift as an infant. As such, very often we grow up without truly understanding what a gift we have been given! The Sacrament of Confirmation completes the graces received during Baptism and brings us to the fullness of the Holy Spirit. (See CCC 1285 and following.)

If you are fortunate enough to be a cradle Catholic, you may have learned about the seven gifts of the Holy Spirit during your CCD/CCE catechesis. Can you name the seven gifts of the Holy Spirit now? Do you know what each gift enables you to do? Take a minute to ponder and test your knowledge while I share a personal side story...

I was blessed to receive the Sacrament of Baptism as an infant; however, my parents did not honor their baptismal promise to raise me in the Catholic faith. Yes friends, I am a convert. I used to be jealous of all you cradle Catholics! I did not pursue the Catholic faith until after graduating from college; and because I re-

ceived private instruction instead of going through an RCIA program, I felt deficient where my knowledge of the faith was concerned. That being said, over time I have heard from countless cradle Catholics about their lack of catechesis. So what's the takeaway? It's not good enough to just attend Mass after Confirmation. We should never stop learning or stop pursuing Him!

Now back to the seven gifts...did you remember them? The seven gifts are:

- wisdom,
- understanding,
- counsel,
- fortitude,
- knowledge,
- piety, and
- fear of the Lord.

**Wisdom** helps us desire the things of God and direct our lives and actions toward His honor and glory.

**Understanding** helps us to know more clearly the mysteries of the faith.

**Counsel** helps us make right decisions and warns us against the deceit of satan.

**Fortitude** helps strengthen us to do the will of God and avoid evil.

**Knowledge** helps us to discover the will of God in all things.

(continued on page 2)

### **ADORATION HOURS:**

- ◆ Monday 9am - 10pm
- ◆ Tuesday 9am - 10pm
- ◆ Wednesday  
1pm - 6pm | 7pm - 10pm
- ◆ Thursday 9am - 10pm
- ◆ **First Saturday**  
8am - 9am for  
**Fr. Khoi & vocations**



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**"GOD IS AS  
 REALLY  
 PRESENT IN THE  
 CONSECRATED  
 HOST AS HE IS IN  
 THE GLORY OF  
 HEAVEN."**

ST. PASCHAL BAYLON

**WILL YOU  
 COMMIT TO  
 SPENDING JUST  
 ONE HOUR WITH  
 OUR  
 EUCHARISTIC  
 LORD?**

### *The Adorer's Voice - continued from cover*

**Piety** helps us to love God as a Father and obey Him because we love Him.

**Fear of the Lord** gives us the dread of sin and fear of offending God.

If you are a long time parishioner you probably know that all the gorgeous stained glass windows at Most Holy Trinity were original to the old St. Basil church. But have you ever taken a good look at them? Studied them? Pictured above on the left is the large window behind the altar which we see every time we attend Mass. Hopefully this looks familiar! Starting from the top we can easily identify God the Father who has His arms around God the Son, Our Lord Jesus Christ, below Him. The arms are positioned like a hug representing the love God the Father has for His Son. Likewise, Jesus has His arms raised up toward the Father reciprocating love. Below Jesus is God the Holy Spirit, represented here by a dove, who as we profess proceeds from the Father and the Son. **The Holy Spirit proceeds from the love between the Father and the Son. The Most Holy Trinity: Father, Son, and Holy Spirit - our Triune God who is Love!**

What is going on underneath the Holy Spirit? There is so much movement! If you count them, there are *seven* white circles with what could be a flame in the middle of each circle descending randomly from the Holy Spirit. Dare we identify these as the

"tongues of fire" from Acts 2:1-4...

**"When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit..."**

So much imagery! Take another look at the window in light of the verse above. It seems apparent that these are the seven gifts of the Holy Spirit which we have previously identified as wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

Where are the tongues of fire headed? Notice the blue at the very bottom of the window. It would not be a stretch to associate the blue with water; and more specifically, the water of Baptism. So continuing the downward motion of what is happening in the window everything is headed from God toward us through our Baptism. Beautiful and so meaningful! Come to Mass early or stay after for a few minutes just to sit and ponder this window in person because the picture does not do it justice!

But wait, there's more! In addition to the seven gifts of the Holy Spirit, there are also twelve fruits: "The *fruits* of the spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The

tradition of the Church lists twelve of them: 'charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity.'" (CCC 1832)

"By this power of the Spirit, God's children can bear much fruit. He who has grafted us onto the true vine will make us bear 'the fruit of the Spirit:... We live by the Spirit' the more we renounce ourselves, the more we walk by the Spirit." (CCC 736)

"The Holy Spirit has marked us with the *seal of the Lord* (*Dominicus character*) for the day of redemption. Baptism indeed is the seal of eternal life. The faithful Christian who has 'kept the seal' until the end, remaining faithful to the demands of his Baptism, will be able to depart this life 'marked with the sign of faith,' with his baptismal faith, in expectation of the blessed vision of God - the consummation of faith - and in the hope of resurrection." (CCC 1274)

Let us rejoice and be glad over all these gifts and fruits we have received through Baptism and completed at Confirmation! As human beings we have free will and therefore, the Holy Spirit works in us only to the extent we allow. Let us reflect on the disposition of our hearts and open ourselves more fully to Him. We are loved and marked with the seal of the Lord and our bodies are truly temples of the Holy Spirit!

Venite Adoremus Dominum!  
 Blessings, *Dawn*

### *Adoration Prayer - Veni, Creator Spiritus*

Come, Holy Spirit, Creator Blest, is a hymn used throughout the Church whenever the Holy Spirit is invoked. A partial indulgence is granted to the faithful who recite it, and a plenary indulgence is granted when recited on January 1 or on the Feast of Pentecost - May 31, 2020. What a great prayer to meditate with during Adoration!

**Come, Holy Spirit, Creator blest, and in our souls take up Thy rest; come with Thy grace and heavenly aid to fill the hearts which Thou hast made.**

**O comforter, to Thee we cry, O heavenly gift of God Most High, O fount of life and fire of love, and sweet anointing from above.**

**Thou in Thy sevenfold gifts are known; Thou, finger of God's hand we own; Thou, promise of the Father, Thou Who dost the tongue with power imbue.**

**Kindle our sense from above, and make our hearts o'erflow with love; with patience firm and virtue high the weakness of our flesh supply.**

**Far from us drive the foe we dread, and grant us Thy peace instead; so shall we not, with Thee for guide, turn from the path of life aside.**

**Oh, may Thy grace on us bestow the Father and the Son to know; and Thee, through endless times confessed, of both the eternal Spirit blest.**

**Now to the Father and the Son, Who rose from death, be glory given, with Thou, O Holy Comforter, henceforth by all in earth and heaven. Amen.**



**“THROUGH THE FEAR OF THE LORD, WE RISE TO PIETY, FROM PIETY THEN TO KNOWLEDGE, FROM KNOWLEDGE WE DERIVE STRENGTH, FROM STRENGTH COUNSEL, WITH COUNSEL WE MOVE TOWARDS UNDERSTANDING, AND WITH INTELLIGENCE TOWARDS WISDOM AND THUS, BY THE SEVENFOLD GRACE OF THE SPIRIT, THERE OPENS TO US AT THE END OF THE ASCENT THE ENTRANCE TO THE LIFE OF HEAVEN”**

**POPE SAINT GREGORY THE GREAT**

*HOMILIAE IN HIEZECHIELEM  
PROPHETAM, II 7,7*

### *Adoration Reflection - Saint Jeanne Jugan*



**St. Jeanne Jugan**  
(10/25/1792 - 08/29/1879)

Saint Jeanne Jugan dedicated her life to the neediest of the elderly poor. Her service resulted in the establishment of the Little Sisters of the Poor who care for the elderly who have no other resources throughout the world.

St. Jeanne Jugan, pray for us!

“Go and find Him when your patience and strength run out and you feel alone and helpless. Jesus is waiting for you in the chapel. Say to Him, ‘Jesus, you know exactly what is going on. You are all I have, and you know all things. Come to my help.’ And then go, and don’t worry about how you are going to manage. That you have told God about it is enough. He has a good memory.”

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**EMAIL THE EDITOR TO  
SHARE YOUR  
ADORATION  
TESTIMONIAL!**

*Adoration Reflections - Saint Augustine*

"It is our duty to adore the Blessed Sacrament. No one receives the Blessed Sacrament unless he adores it...and not only do we not sin by adoring, we do sin by not adoring. To fall in love with God is the greatest of all romances; to seek Him, the greatest adventure; to find Him, the greatest human achievement."

St. Augustine, pray for us!

*Adoration Protocol*

Just like our beautiful church, the adoration chapel is a Sacred Space, Holy Ground. **PLEASE show your respect to the awesome Presence of Jesus in the Blessed Sacrament when entering and exiting the chapel.**

"Genuflection in the presence of the Blessed Sacrament, whether reserved in the tabernacle or exposed for public adoration, is on one knee." (*Eucharistiae Sacramentum*, 84) Further, the *General Instruction of the Roman Missal (GIRM)* states: "A genuflection, made by bending the right knee to the ground, signifies adoration, and therefore it is reserved for the Most Blessed Sacrament." (*GIRM*, 274) If you are physically unable to genuflect, a solemn bow of respect is appropriate.

**NEVER leave Jesus in the Blessed Sacrament alone for any reason!** If your Holy Hour has ended and the next scheduled adorer has not arrived, do not leave Jesus alone! If you need to leave right away,

**St. Augustine's Prayer to the Holy Spirit**

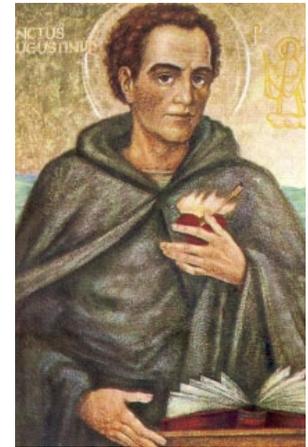
Breathe on me, O Holy Spirit, that my thoughts may all be holy.

Act in me, O Holy Spirit, that my work, too, may be holy.

Draw my heart, O Holy Spirit, that I love but what is holy.

Strengthen me, O Holy Spirit, to defend all that is holy.

Guard me then, O Holy Spirit, that I may always be holy. Amen.



**St. Augustine  
(354-430)**

contact the daily sub coordinator. Adoration Ministry contact numbers are located in front of the sign in binder in the chapel.

**Respect the Blessed Sacrament and fellow adorers through SILENT prayer.** Phones should be turned off or placed on vibrate. Please do not play music, pray aloud, or visit with other adorers during adoration.

**Please do not chew gum or bring ANY food/drinks into the church or chapel!**

**Arrive ON TIME for your scheduled Holy Hour and SIGN IN when you enter the chapel.** Whether you are a regular adorer, a substitute adorer, or just visiting, please sign in. There is also space on the sign in sheet to write down prayer requests!

**If you are unable to attend your scheduled Holy Hour, please find a SUBSTITUTE adorer and contact the sub coordinator for your day as soon as possible when you know you**

will be unable to attend your commitment. **An electronic sub request can be made through our adoration scheduling software:**

[https://adorationpro.org/  
sub.php?org=mostholyltrinity](https://adorationpro.org/sub.php?org=mostholyltrinity)

Use the password: subpass  
Select "Send Auto Sub Request"  
Enter your first name  
Enter your last name  
Enter your email  
Enter the date and time you need a substitute  
Click "Send Sub Request" to submit

**Periodically adoration must be temporarily closed or cancelled altogether; and the Adoration Ministry does its best to communicate these events in advance via email, text, and/or phone. Please be sure to inform your daily sub coordinator if you have a change in contact information!**

Thank you!

