

MOST HOLY TRINITY

CONFIRMATION PROGRAM

Most Holy Trinity is offering a 2.5 year Youth Confirmation Program that begins typically in 9th Grade, receiving Confirmation in the Fall of their 11th Grade year, culminating with a capstone Mission Trip during Spring Break of their 11th Grade year. **Our goal is to form Missionary Disciples of Jesus Christ.**

Each year of their Confirmation preparation, they will **1) meet for weekly formation, 2) attend a yearly retreat, and 3) participate in at least one service project per semester.** Over the course of the 2 years, they will also study the Youcat (Youth Catechism), and **4) turn in one homework assignment per semester,** beginning in their second semester. The first two years, there will be an additional Sacramental Prep cost of \$50, along with the general Faith Formation cost of \$55. Cost should never hinder registration. Scholarships are available where needed.

YEAR 1

Overview

Confirmation Candidates will begin year 1 receiving the basic teachings of our faith. They will have weekly meetings on **Wednesday's 6:30-8:30pm** which include food, formation, small groups, and Eucharistic Adoration. In addition to Wednesday nights, they will attend one **weekend retreat** in the Spring. Each Candidate will be required to have a **Confirmation Interview** their first semester. They will also need to choose a **Sponsor** (a faithful, Confirmed Catholic who the candidate knows and looks up to in the faith) in the Fall semester.

Curriculum

Alpha Youth (Fall)

Mere Catholicism & Sacraments (Spring), Youcat part 2

Requirements

-Attendance required at Confirmation class each **Wednesday from 6:30-8:30pm.**

Maximum of TWO (2) excused absences are allowed per semester

2 tardies = 1 absence (tardy = 15 minutes or more late)

-Attendance at weekly Sunday Mass

-Receive the Sacrament of Reconciliation at least once a semester

-Schedule Confirmation Interview for Fall Semester

-Attend **Alpha Saturday Nov 6, 2021 8am-2pm**

-Attend **Missions Retreat, Feb 26-28, 2022 at Forest Glen**

-Serve at one service opportunity (minimum 3 hours) per semester

-**Youcat (Part 2) Homework due March 30, 2022**

-**Sacramental Records Due Sept 15, 2021**

-**Sponsor Information Sheet & Sacrament Record Sheet Due Dec 1, 2021**

Sacramental Records:

Please bring a copy of your candidate's Baptism and First Eucharist certificates to the Most Holy Trinity parish office or at youth group ASAP. (If your child has not been baptized, they need to go through RCIA, not this Confirmation program). If your youth was baptized or made first communion at Most Holy Trinity, you must call the MHT office and request that a copy of the certificates be given to the youth office. If your youth received their sacraments at another church, you must call that parish and have them send you a copy or send/email a copy to rachel@adoreministries.com

YEAR 2

Overview

Confirmation Candidates in Year 2 begin with the **Kerygma Retreat**. This year will dive more deeply into Sacred Scripture and Morality, including a study of John Paul II's Theology of the Body. They will have weekly meetings on **Sundays 4:30-7:30pm** which include formation, discussion, Eucharistic Adoration, and the Holy Sacrifice of the Mass. Sponsor and youth will attend **2 Sponsor Sundays**.

Curriculum

Sacred Scripture (Fall), Youcat part 3
Morality/TOB (Spring), Youcat part 4

Requirements

- Attendance required at Confirmation class each **Sunday from 4:30-7:30pm**.
Maximum of TWO (2) excused absences are allowed per semester
2 tardies = 1 absence (tardy = 15 minutes or more late)
- Attendance & **service** at weekly Sunday Mass (6:30pm)
- Serve in Liturgy: Altar server, sacristan, usher, or music
- Receive the Sacrament of Reconciliation at least once a semester
- Attend **Kerygma Retreat Fri-Sun, Labor Day Weekend**
- Attend both **Sponsor Sundays (with Sponsor), Dec 4, 2022 & Mar 26, 2023, 1-7:30pm**
- Youcat (Part 3) Homework due Oct 23, 2022**
- Youcat (Part 4) Homework due March 26, 2023**
- Serve at one service opportunity (minimum 3 hours) per semester
- Saint Report **due Apr 30, 2023**

YEAR 3

Overview

Year 3 is the Missionary Disciples year! Candidates will be Confirmed in Fall 2023. They will serve as missionary disciples within the parish at Youth Alpha **Wednesday's 6-8:30pm** of the Fall semester. In the Spring of Year 3, the Confirmation Program will culminate in a capstone **Mission Trip** over Spring Break, to Guatemala. This year is their chance to begin to put their faith into practice and to share the Gospel with those who have not heard it.

Curriculum

Serve at Alpha (Fall), Youcat part 1

Spring Break Mission Trip (Spring)

Requirements

-Serve at Alpha Youth each **Wednesday from 6:30-8:30pm.**

Maximum of TWO (2) excused absences are allowed per semester

2 tardies = 1 absence (tardy = 15 minutes or more late)

-Attendance at weekly Sunday Mass

-Receive the Sacrament of Reconciliation at least once a semester

-**Youcat (Part 1) Homework due Oct 25, 2023**

-**Capstone Mission Trip, Sunday-Friday of Spring Break 2024**

ARCHDIOCESE OF GALVESTON-HOUSTON

YOUTH CONFIRMATION REQUIREMENTS

The Archbishop (Cardinal DiNardo) has established the 10th/11th grade as the specific period of time for preparation and reception for the sacrament of Confirmation. It must be understood that not all young people mature and develop at the same rate in their moral, faith, or intellectual development. Different people possess differing degrees in their understanding, appreciation, and response to God's love. Confirmation models for this Archdiocese are constructed to address adolescent candidates who are in these grades.

QUALIFICATIONS OF THE CANDIDATE

Each baptized Catholic has the right and the obligation to receive the Sacrament of Confirmation, but the candidate has the responsibility to personally choose to complete initiation into the faith life of the Church. The candidate may request the Sacrament if he/she:

- is baptized and able to renew baptismal promises unless a grave reason suggests otherwise
- exhibits an active faith life and knowledge of the Church
- participates in the sacramental life of the Church, especially Eucharistic liturgies
- is willing to commit to active involvement in the parish Confirmation catechesis
- is willing to respond to the call of active ministry
- is willing to continue to learn and grow in faith following Confirmation and throughout his/her lifetime
- has received the most holy sacrament of the Eucharist and leads a life of faith consistent with the teachings of the Catholic Church. ***“To receive Confirmation one must be in a state of grace. One should receive the sacrament of penance in order to be cleansed for the gift of the Holy Spirit. More intense prayer should prepare one to receive the strength and graces of the Holy Spirit with docility and readiness to act”*** (CCC:1310).