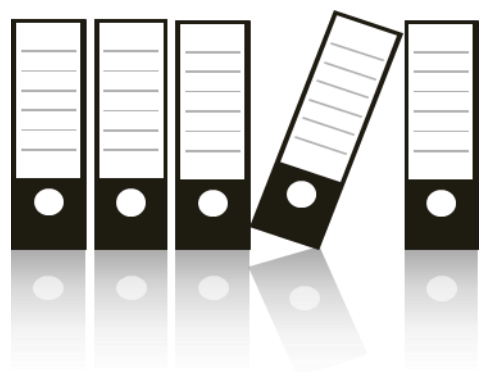




COMMUNITY SERVICES MENTAL HEALTH DIRECTORY



Last updated on April 6, 2018

INTRODUCTION

The purpose of the Directory is to provide the Family Well-ness- Prevention and Early Intervention program with resources to refer clients who wish to be seen by another agency due to a long wait list; and for those that are not suitable for the agency or who are experiencing severe mental health issues and would benefit from more experienced psychotherapy sessions.



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SAN JOAQUIN COUNTY

Children & Family Services

Catholic Charities of the Diocese of Stockton

1106 N El Dorado St

Stockton, CA 95202

209-444-5900

Provides short-term counseling services, and support groups as needed in the community. Assistance with referral information and prevention intervention services. The program also provides mental health presentations such as Suicide Prevention, Stigma Reduction, Post-partum depression, and others. The services are offered in various locations throughout the Stanislaus and San Joaquin counties. In the Mother Lode the Sparrow program provides counseling services for seniors.

Access Manage Care

209-468-9370

Only Medi-Cal, do screenings or out. Assessment completed over the phone. For children and adults.

Victor Community Support Services

2495 W. March Lane Ste. 125

Stockton, CA 95207

209-465-1080

Counseling services for children.

Children & Family Services

School Based Services Valley Community Counseling

6707 Embarcadero Dr.

Stockton, Ca 95219

209-956-4240

Lodi Clinic

1209 W Tokay, Suite 5

Lodi, CA 95240

20-468-8780

Provides individual, family and child mental health therapy for those persons living in the north county area.

Nautico Inc.

1420 W. Kettleman Lane, Suite R

Lodi, CA 95242

209-334-2053

Marriage and family counseling, also child and adolescent counseling and crisis intervention. Spiritual aspects of addiction and recovery, classes on shame, anger and guilt.

Children & Family Services

Valley Community Counseling Services

6707 Embarcadero Dr. Stockton, CA 95219; 209-956-4240

110 N. Sherman Ave, Manteca, CA 95336; 209-823-1911

846 W. Lodi Ave, Lodi, CA 95240; 209-334-2126

527 W. 11th St Tracy CA, 95376; 209-835-8583

Individual, group, family and marriage counseling, some first and second offender programs. Court ordered and voluntary domestic violence, and sexual abuse counseling.

San Joaquin County Mental Health Care Services

1212 N. California St

Stockton, CA 95202

209-948-4484; Weekend and Holiday Number 209-948-7111

Inpatient and outpatient services. Support groups, assessments and counseling, children's counseling and day treatment. Bilingual, Spanish and Southeast Asian.

Severe Mental Illness for Adults

San Joaquin County Mental Health Behavioral Health Services

1414 N. California St

Stockton, CA 95202

209-468-8700

Psychiatric Health Facility (PHF)

1212 N. California St

Stockton, CA 95242

209-468-8720; crisis 209-468-8686 24/7

Provides hour inpatient hospitalization with supportive psychiatric, medical, social work, and nursing treatment.

Transcultural Clinic (TCC)

4422 N. Pershing Ave., Suite D-2

Stockton, CA 95207

209-953-8843

Mental Health Outpatient Services for the Southeast Asian Community.

Dpt. of Vocational Rehabilitation Services and Mental Health Collaborative

1212 N. California St

Stockton, CA 95202

209-468-8780

Provides assessment, referrals, goal setting and follow-up services to mental health population who desire to enter into the workforce.

Severe Mental Illness for Adults

The Crisis Clinic (same as PHF)

1212 N. California St

Stockton, CA 95202

209-468-8686

Crisis Phone is 24– Hour response. Walk-in hours Monday-Friday 8am-5pm.

San Joaquin County Mental Health Care Services

1212 N. California St

Stockton, CA 95202

209-948-4484; Weekend and Holiday Number 209-948-7111

Inpatient and outpatient services. Support groups, assessments and counseling, children's counseling and day treatment. Bilingual, Spanish and Southeast Asian.

St. Joseph's Behavioral Health Center

2510 N California St

Stockton, CA 95204

209-948-2100

Offers many services, including chemical recovery program, behavioral evaluations, and inpatient services.

Support Groups

Alano Club of Stockton, Inc.

1812 Monte Diablo Avenue

Stockton, Ca 95203

209-463-2855

For individuals who are recovering alcoholic or addicts. \$7 monthly fee. Club offers social club activities without alcohol or drugs. Activities include a night dance on the first and third Saturday of the month from 9pm to 12 am.

Al-Anon/ Alateen (24 hours per day, 7 days a week)

209-547-3086 (San Joaquin County Information Line/ Answering Service)

209-547-3907 (Modesto Information Line/Answering Service)

916-334-2970 (Sacramento Information Line/ Answering Service)

For anyone whose life has been affected by someone else's drinking.

STANISLAUS COUNTY

Children & Family Services

Catholic Charities of the Diocese of Stockton

2351 Tenaya Dr

Modesto, CA 95354

209-529-3784

Provides short-term counseling services, and support groups as needed in the community. Assistance with referral information and prevention intervention services. The program also provides mental health presentations such as Suicide Prevention, Stigma Reduction, Post-partum depression, and others. The services are offered in various locations throughout the Stanislaus and San Joaquin counties. In the Mother Lode the Sparrow program provides counseling services for seniors.

Sierra Vista Child and Family Services

1400 K Street, Suite B

Modesto, CA 95354

209-550-5869

[Www.sierravistacares.org](http://www.sierravistacares.org)

Provides mental health services to families with children ages 6-21 experiencing emotional and behavioral difficulties. The services include assessment and evaluation, individual, group and family counseling, school consultation and advocacy; parent education groups, children's social skills groups and medication services when needed.

Sierra Vista Child and Family Services

2925 Niagra Street, Suite 3

Turlock, CA 95382

209-669-6771

[Www.sierravistacares.org](http://www.sierravistacares.org)

Provides mental health services to families with children ages 6-21 experiencing emotional and behavioral difficulties. The services include assessment and evaluation, individual, group and family counseling, school consultation and advocacy; parent education groups, children's social skills groups and medication services when needed.

Children & Family Services

Center for Human Services

2000 W. Briggsmore Ave, Suite I

Modesto CA 95350

209-526-1440

Www.centerforhumanservices.org

Provides counseling services to children between the ages of 5-21 and their families. They also have a community clinic that provides counseling to individuals, couples, families, and in group. Support groups offer counseling for anxiety, depres-

Aspiranet

1009 J St

Modesto CA 95354

209-338-5444

Www.aspiranet.org

Provides services to children and families. Services include early periodic screening, detection and treatment for mental health symptoms, crisis intervention for children and youth at risk of out of home placement or psychiatric hospitalization, and in-home therapy for parents at risk of having their children removed by the child

Aspiranet

1620 Cummins Dr, Suite C

Modesto CA 95358

209-576-1750

Www.aspiranet.org

Provides services to children and families. Services include early periodic screening, detection and treatment for mental health symptoms, crisis intervention for children and youth at risk of out of home placement or psychiatric hospitalization, and in-home therapy for parents at risk of having their children removed by the child

Children & Family Services

Behavioral Health Resource Services

800 Scenic Dr

Modesto, CA 95350

1-888-376-6246

[Www.stancounty.com/bhrs](http://www.stancounty.com/bhrs)

Provides integrated mental health services to adults and older adults with serious mental illness and [to children and youth with serious emotional disturbance](#). Also provides outpatient and residential alcohol and drug treatment and prevention services and serves as Stan County's Public Guardian.

Deep Wellness Center

5815 Stoddard Rd Suite 600

Modesto, CA 95356

209-543-1874

Deepwellnesscenter.com

Services include a range of emotional and behavioral issues for any age. Services span from therapy for depression and grief counseling to parenting support couples and beyond.

El Concilio

1314 H Street

Modesto, CA 95356

209-523-2860

<http://www.elconcilio.org/Behavioral-Health-1.html>

Has a wide range of advanced behavioral programs to treat depression, anxiety, abuse, and trauma for all ages. Individual, family-based, and group outpatient therapies for overcoming psychological, behavioral and psychiatric problems.

Addiction Services

Stanislaus Recovery Center

1904 Richland Ave

Ceres, CA 95350

209-541-2121

[Www.stanislausrecoverycenter.com](http://www.stanislausrecoverycenter.com)

Offers community health and substance abuse services. Services include adult residential, residential withdrawal management, intensive outpatient, co-occurring treatment, outpatient drug-free, and aftercare services.

Behavioral Health Resource Services

800 Scenic Dr.

Modesto, CA 95350

1-888-376-6246

[Www.stancounty.com/bhrs](http://www.stancounty.com/bhrs)

Provides integrated mental health services to adults and older adults with serious mental illness and to children and youth with serious emotional disturbance. [Also provides outpatient and residential alcohol and drug treatment and prevention ser-](#)

Severe Mental Illnesses

Behavioral Health Resource Services

800 Scenic Drive

Modesto, CA 95350

1-888-376-6246

[Www.stancounty.com/bhrs](http://www.stancounty.com/bhrs)

Provides integrated mental health services to adults and older adults with serious mental illness and to children and youth with serious emotional disturbance. Also provides outpatient and residential alcohol and drug treatment and prevention ser-

Doctor's Behavioral Health Center (inpatient)

1505 Claus Rd

Modesto, CA 95355

209-557-6300

[Www.dbhc-modesto.com](http://www.dbhc-modesto.com)

In a structured and nurturing environment provides close observation and treatment for adults who are experiencing depression & mood disorders; anxiety; traumatic stress; suicidal thinking and behaviors; inability to function; prolonged grief reactions; and combined mental health and substance abuse disorders (dual diag-

El Concilio

1314 H Street

Modesto, CA 95356

209-523-2860

<http://www.elconcilio.org/Behavioral-Health-1.html>

Has a wide range of advanced behavioral programs to treat depression, anxiety, abuse, and trauma for all ages. Individual, family-based, and group outpatient therapies for overcoming psychological, behavioral and psychiatric problems.

Support Groups

Stanislaus County Behavioral Health Wellness RC

500 North 9th St, Suite A

Modesto, CA 95350

209-558-4610

Services for those diagnosed with mental illness who are interested in support or recovery. Consumers must have completed rehabilitation services or have no need for intensive case management or crisis intervention services. Peer facilitated groups and activities are free of charge, confidential and available to consumers without referral.

Center for Human Services (Counseling Center)

2000 W. Briggsmore Ave., Suite I

Modesto, CA 95350

209-526-1440

[Www.centerforhumanservices.org](http://www.centerforhumanservices.org)

Group counseling for anxiety, depression and anger management. An assessment is required prior to attending any group. Assessment fees are determined by a sliding scale based on income and the number of household members. The cost to attend each is \$15.

Support Groups

Women's Addiction Group

Empowerment Center

1001 Needham, Modesto

Tuesdays 9am-10am

209-544-1913

For a little extra support from other women.

Men's Support Group

Wellness Recovery Center

500 N 9th St, Modesto

Thursdays 1pm-2pm

209-558-4610

Support group for men centering on all aspects of recovery, including mental health, substance abuse, and anything else pertaining to men's issues.

MOTHER LODE

San Joaquin County Mental Health Behavioral Health Services

1414 N. California St

Stockton, CA 95202

209-468-8700

San Joaquin County Mental Health Care Services

1212 N. California St

Stockton, CA 95202

209-948-4484; Weekend and Holiday Number 209-948-7111

Inpatient and outpatient services. Support groups, assessments and counseling, children's counseling and day treatment. Bilingual, Spanish and Southeast Asian.

Hotlines

Suicide Prevention (English)

1-800-273-8255

Online chatting available through website

suicidepreventionlifeline.org

Suicide Prevention (Spanish)

1-800-628-9454

Online chatting available through website

suicidepreventionlifeline.org

KLOVE Pastors

800-525-LOVE (5683)

www.klove.com/ministry/pastors

Turning Point Community Programs Warm Line

209-558-4600

Non-crises peer-support

www.tpcp.org/programs/warm-line/

National Runaway Switchboard

1-800-621-4000

Provides crisis intervention and local referrals for runaways and parents.

Hotlines

24 Hour Crisis Line for San Joaquin

209-486-8686

Domestic Violence (nonemergency/ victim)

Stockton (message 937-8377) 937-7911

Escalon 209-838-7093

Galt 209-366-7000

Lodi 209-333-6727

Manteca 209-239-8401

Ripon 209-599-2102

Tracy 209-831-4550

Sheriff Dept. 209-468-4400

California Youth Crisis Runaway Hotline

800-843-5200

SafeHouse Runaway Shelter

209-948-1911

Rape Crisis (24 hours)

209-465-4997

Battered Women's Shelter San Joaquin County (24 hrs)

209-465-4878

Haven's Women Shelter (24hrs) Stanislaus County

209-577-5980

Hotlines

National Child Abuse Hotline

1-800-422-4453

National Domestic Violence Hotline

1-800-799-7233

Adult Abuse Hotline

1-800-222-8000