SELF-TRANSCENDENCE (Genuine Holiness)

The ability to move beyond one's own needs, often in dramatic ways, to serve needs of others. It is difficult to reach this stage in a genuine way unless other needs have been reasonably met. The concept of self-transcendence is more recent.

SELF-ACTUALIZING NEEDS: Being able to reach one's potential, developing one's gifts, integration.

ESTEEM NEEDS: Feeling important, useful, competent, needed.

ACCEPTANCE NEEDS: Having love, friends, intimacy, feeling a part of other people’s lives.

SAFETY NEEDS: Security, stability, freedom from fear.

PHYSIOLOGICAL NEEDS: Food, water, shelter, sex, whatever is needed for survival. If a person does not meet these needs, he or she will not be able to move on to the next level of need.

Abraham Maslow: Hierarchy of Needs
Highest level: Self-actualization
Fran Ferder:
Highest level: Self-transcendence