

Hierarchy of Needs, Psychosocial and Faith Stages- Parallels

Maslow, Hierarchy of Needs	Erikson, Psychosocial Stages	Fowler, Stages of Faith	Implications for Learning
Physiological Safety Acceptance-Belonging	Trust vs. Mistrust Autonomy vs. Shame Initiative vs. Guilt	Undifferentiated Faith Intuitive-Projective Faith “ “	Simple, single-focus stories, Don't over-teach, Be an example, Listen carefully to detect confusion.
Acceptance- Belonging	Industry vs. Inferiority	Mythic-Literal Faith	Choose stories with clear messages, Highlight people w/positive examples to follow, Times for prayer, devotion.worship
Self Esteem	Identity vs. Role Confusion	Synthetic-Conventional Faith	Encourage questions & to think for themselves, help them feel good about what they know, use factual info, encourage expression of opinion, use group-oriented teaching styles, express your own faith.
Self-Esteem	Intimacy vs. Isolation	Individuative-Reflective Faith	Recognize that “traditional” values may be rejected, encourage personal reflective thinking, listen to their questions, challenges & unique ideas as they search for a personal expression of faith. Affirm, accept, support. Express your own Px witness-open & nonjudgmental
Self-Esteem	Generativity vs. Stagnation	Conjunctive Faith	Prepare for questions that explore paradoxes & tensions. Encourage reflective sharing & leadership. Encourage critical questions about inherited traditions, symbols. Suggestions for self-directed learning
Self-Actualization	Integrity vs. Despair	Universalizing Faith	

Erikson, Fowler table taken from St. John Newman Catholic Church, Eugene, MN: <http://www.sjn.org/index.php/component/phocadownload/category/38-youth-catechists?download=468:developmental-stages-chart>

