

TRANSFORMED



And we all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit. 2 Corinthians 3:18

WHO: 9th -12th grade high school students

WHERE: DORM 1 – Camp Higher Ground , 3820 Logan Creek Ln. West Harrison, IN

WHEN: March 1-3, 2109 – Arrive at Retreat Center at 6:30PM (dinner will NOT be served)

The retreat will include:

Breakfast, lunch and dinner on Saturday, breakfast and lunch on Sunday, housing for both evenings.

Cost:

\$45.00

The adult coordinators are:

Fr. Jerry Byrd and the Frassati Youth Ministry Team

Packing List

You will need to pack for a **two night, two day stay**. DO NOT pack more than one bag.

- **Clothing Policy:** Modest and simple attire is expected. The following items may not be worn for any indoor activity during the retreat: tight-fitting clothing, short shorts, athletic shorts, gym wear, yoga pants, sweatpants, leggings/tights as pants, sleeveless shirts, hats, flip flops, open-toed shoes and sandals (for safety purposes). Please do not bring shirts that have offensive illustrations or terminology, pants or jeans that have holes.
 - 2 days of clothes
 - Appropriate gym wear for free time activities
 - Comfortable shoes

- Pajamas, Socks, underwear, etc...
- A jacket/sweatshirt/hoodie (check weather to determine how light or heavy of a jacket you need!)
- **Toiletries**
 - Shampoo, soap, toothbrush, toothpaste, deodorant, etc...
 - Towel and anything else you need for showers
- **Sleeping Items**
 - Sleeping bag and/or sheets and blanket
 - Pillow
- **Personal Items**
 - Rosary
 - Journal
 - Bible
- Medications: *all medications must be in a plastic bag and marked with youth's name and handed to the Adult Chaperones prior to boarding the bus.*
- Cell phone: Youth are allowed to bring their cellphones but **are NOT allowed to use it during all and any retreat events, talks, etc...** Disregard of this rule will result in the phone being taken away until the conclusion of the retreat.
- An open and joyful heart!

DO NOT Bring the Following:

- Homework (you will have no time to work on it)
- Electronics or anything you aren't willing to lose (when in doubt, don't pack it)
- Anything illegal or morally offensive

SLEEPING ARRANGEMENTS: We will be staying at Higher Ground Retreat Center in their dormitories. Dormitories include shower stalls, and bunk beds.

Emergency contact information for the weekend:

Fr. Jerry Byrd 513-403-1547

Courtney Seiwert -812-552-4219

+Please keep this sheet at home for your information+
If you have any questions, please call the Parish Office at 346-3604

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March 1st – 3rd, 2019

I/We, the parents of (please print) _____ request that the St. Ann, St. Joseph, St. Mary Youth Ministry Programs allow our son/daughter to participate in this retreat. I/we hereby release and save harmless St. Ann, St. Joseph, St. Nicholas and St. Mary Catholic Church and Higher Ground Retreat Center and any and all of its employees and volunteers from any and all liability for any and all harm arising to our son/daughter as a result of this retreat and travel to the camp. I/we, the undersigned have read this release and understand all its terms and execute it voluntarily and with full knowledge of its significance.

In the event of an emergency, please call me at _____ and if I/we cannot be contacted, we hereby authorize that emergency treatment may be administered.

Parent Signature(s) _____ Date _____

Parents Name (print) _____

Participant's t shirt size (please circle one – these are adult sizes) S M L XL XXL XXXL

Please list all medications that my child needs and when they need to be administered:

(All Medications must be in a plastic bag and marked with child's name and handed to the Adult Chaperones prior to boarding the bus.)

The following are special circumstances regarding my child of which you should be aware:

Please list any dietary needs:

Return and complete this Permission/Participation form and the \$45 fee

on or before Friday, February 22nd, 2019

to the Parish Office or in the Sunday Collection