



Our Lady of the Most Holy Rosary Catholic Community

5415 Fortuna Road, NW, Albuquerque, NM 87105
www.holyrosaryabq.org ~ hrparish@holyrosaryabq.org
Phone: 505.836.5011 ~ Fax: 505.836.7562

2020 INFLUENZA AND COVID-19 PRECAUTIONS

Prevent the spread of disease:

- If you are sick, stay home!
- If you are a caregiver or live with someone with a compromised immune system or is vulnerable to illness, stay home!
- Avoid close contact with people
- Cover your cough or sneeze with a tissue and discard the tissue
- Avoid touching your eyes, nose, mouth, and face
- Wash you hands regularly with soap and water (for at least 20 seconds)
- Use hand sanitizer
- Clean and disinfect frequently touched surfaces and objects

Based on recommendations by the State of New Mexico, and pending further restrictions from the State and/or the Archdiocese of Santa Fe, Our Lady of the Most Holy Rosary Catholic Community is taking the following immediate and short-term precautions to avoid the spread of influenza and COVID-19:

Religious Education

- Large group gatherings will be **CANCELLED** through Sunday, March 15, including:
 - Thursday, March 12, 2020
 - Religious education classes & sacramental preparation
 - Youth Ministry / Confirmation Preparation
 - Spanish Mid-School
 - Sunday, March 15, 2020
 - Youth Ministry / Confirmation Preparation
- First Reconciliation, Saturday, March 14, will **CONTINUE AS SCHEDULED, with the following change:**
 - There will be **no** communal prayer service
 - Families are asked to come between 10:00 a.m. and 11:00 a.m. for individual confession.



Parish Groups, Ministries, and Events

- Friday, March 13 Soup Supper and Stations of the Cross are **CANCELLED**
- Small group ministries and gatherings may meet as scheduled
 - Ministry leaders should use their best judgement to meet or not, based on the membership/attendance of their gathering

Weekday and Weekend Mass

- Masses will be offered as usual, with the following restrictions:
 - Please stay home if you have a health condition or live with someone with a compromised immune system which makes them vulnerable to illness.
 - Please stay home if you are sick or are experiencing symptoms. If you are ill, you are not bound by the obligation to attend Mass, including on Sunday. Out of charity to others, sick individuals should not attend Mass or other liturgical events.
 - During the Our Father, folded hands are the liturgical norm. Avoid bodily contact.
 - The Sign of Peace will be omitted.
 - Communicants **MUST** receive Holy Communion in the hand. Please do not ask to receive on the tongue.
- Sacraments will be celebrated as scheduled, including:
 - Anointing of the Sick (Friday, March 13 at 9:00 a.m. Mass)
 - Confessions (Saturday, March 14 at 2:00 p.m.)
 - Funerals – we will ask that funerals be for family only, to the greatest extent possible

These precautions may change, be extended, or reduced as the situation changes.

We are implementing the aforementioned precautions because of our desire as a Catholic Community to protect the vulnerable and promote the common good for all people in our community. I encourage you to take the time you may have used to engage in faith formation and parish activities to be reflective and prayerful during this Lenten season. Remember those impacted by illness this time of year, and take this as an opportunity for silence, reflection, and faith-centered conversations among your family and loved ones. We are United in the Body of Christ even during these times of social distance.

Your brother in Christ,
Fr. Graham