

National Prayer on Good Friday

Join Archbishop José Gomez, president of the U.S. Conference of Catholic Bishops and Archbishop of Los Angeles, in a national moment of prayer in the time of the coronavirus. Together as a nation, we will pray the Litany to the Sacred Heart of Jesus and seek our savior's healing and protection.

When?
 Good Friday, April 10
 12pm Eastern | 11am Central | 10am Mountain | 9am Pacific

How to Participate?
 Visit facebook.com/usccb or lacatholics.org/sacred-heart to join the live-stream and pray as one nation.

United States Conference of Catholic Bishops #PRAYTOGETHER

Litany of the Sacred Heart of Jesus on Good Friday at 12 p.m.

Bishop José Gomez, Archbishop of Los Angeles and President of the United States Conference of Catholic Bishops (USCCB), is inviting faithful from throughout the country to join in prayer in the Litany of the **Sacred Heart of Jesus at 12:00 p.m.** on Good Friday, April 10, 2020.

By a special grant from the Apostolic Penitentiary of the Holy See for those who pray for the end of the pandemic, a **plenary indulgence** is available for those who join Archbishop Gomez in praying the Litany of the Sacred Heart on Good Friday.

What is a plenary indulgence?

A plenary Indulgence removes all of the temporal punishment due to sins and may be applied to oneself or to the souls of the deceased [*Catechism of the Catholic Church*, no. 1471]. To receive this indulgence, a member of the faithful would need to:

- a) Pray the Litany of the Sacred Heart on Good Friday;
- b) Be truly repentant of any sins they have committed and receive the Sacrament of Reconciliation (at the earliest opportunity); and
- c) Pray for the Holy Father's intentions.

As an aid to this call to prayer, please find attached a prayer card of the Litany of the Sacred Heart of Jesus. Together we may seek healing for all who are unwell, wisdom for those whose work is halting the spread of coronavirus, and strength for all God's children.

Litany of the Sacred Heart of Jesus

Lord, have mercy *Lord, have mercy*
Christ, have mercy *Christ, have mercy*
Lord, have mercy *Lord, have mercy*
Christ, hear us. *Christ, hear us.*
Christ, graciously hear us. *Christ, graciously hear us.*
God our Father in heaven, *have mercy on us* *

* *have mercy on us*, is repeated after each invocation

God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,
Heart of Jesus, Son of the eternal Father,
Heart of Jesus, formed by the Holy Spirit in,
the womb of the Virgin Mother,
Heart of Jesus, one with the eternal Word,
Heart of Jesus, infinite in majesty,
Heart of Jesus, holy temple of God,
Heart of Jesus, tabernacle of the Most High,
Heart of Jesus, house of God and gate of heaven,
Heart of Jesus, aflame with love for us,
Heart of Jesus, source of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, well-spring of all virtue,
Heart of Jesus, worthy of all praise,
Heart of Jesus, king and center of all hearts,
Heart of Jesus, treasure-house of wisdom and knowledge,
Heart of Jesus, in whom there dwells the fullness of God,
Heart of Jesus, in whom the Father is well pleased,
Heart of Jesus, from whose fullness we have all received,
Heart of Jesus, desire of the eternal hills,
Heart of Jesus, patient and full of mercy,
Heart of Jesus, generous to all who turn to you,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, atonement for our sins,
Heart of Jesus, overwhelmed with insults,
Heart of Jesus, broken for our sins,
Heart of Jesus, obedient even to death,
Heart of Jesus, pierced by a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim of our sins,
Heart of Jesus, salvation of all who trust in you,
Heart of Jesus, hope of all who die in you,
Heart of Jesus, delight of all the saints,

Lamb of God, you take away the sins of the world,
spare us, O Lord

Lamb of God, you take away the sins of the world,
graciously hear us, O Lord

Lamb of God, you take away the sins of the world,
have mercy on us

Jesus, gentle and humble of heart.
Touch our hearts and make them like your own.

Let us pray.

Father, we rejoice in the gifts of love we have received from the heart of Jesus your Son. Open our hearts to share his life and continue to bless us with his love. We ask this in the name of Jesus the Lord. Amen.

Almighty and eternal God, look upon the Heart of your dearly beloved Son and upon the praise and satisfaction He offers you in the name of sinners and for those who seek your mercy; be appeased, and grant us pardon in the name of the same Jesus Christ, your Son, who lives and reigns with you forever and ever. Amen.