



September 17, 2019

**Dates to Remember:**

Wednesday, Sept. 18                      School Mass – 9:00 AM, Full Uniform  
ASB Speeches – 1:15 PM  
**RESCHEDULED - Parent Ambassador Meeting**

**MAP testing begins September 23 through October 18, 2019**

Sunday, Sept. 22                              Cross Country Meet - 1:00 PM  
**Woodland Park – 1000 North 50<sup>th</sup> St, Seattle, WA 98103**

Monday, Sept. 23                              Picture Day – Full Uniform  
2:00 PM Dismissal

Wednesday, Sept. 25                        School Mass – 9:00 AM  
Jog-a-thon After Mass – Free Dress – Comfortable running clothes  
Parent Ambassador Meeting – 5:30 PM – PS Room

Thursday, Sept. 26-                            8<sup>th</sup> Grade Leadership Retreat – Depart 9:00 AM  
Friday, Sept. 27                                Return 3:15 PM

Sunday, Sept. 29                              School Student Mass – 11:00 AM - Full Uniform  
Children’s Choir sings  
Cross Country Meet - 3:15 PM  
**Woodland Park – 1000 North 50<sup>th</sup> St, Seattle, WA 98103**

**\*\*\*VOLUNTEER REQUIREMENTS\*\*\***

**Safe Environment Class** – This is a one-time Archdiocesan Mandatory Class that must be taken before you are able to volunteer with any school related events. You will not be able to do any service volunteer hours until this class has been taken. If you have already taken this class, you do not need to take it again.

- **New parents** - please log on to the Virtus website at <http://www.virtus.org/virtus/index.cfm> and click the “Registration” tab to create a Virtus profile and to register for a class.
- **Existing parents** - please log on to the Virtus website and update your current Virtus profile to make sure that you are up to date with all your requirements.

**ASB Speeches** – Our 7<sup>th</sup> & 8<sup>th</sup> Grade students who are running for ASB will be presenting their speeches on **Wednesday, September 18<sup>th</sup> at 1:15 PM** in the Apostol-Constantino Family Gym.

**Jog-A-Thon** – Jog-A-Thon is launched!! The St. Pius X Jog-A-Thon is our first fundraiser of the year. It is a fun event with the help of many wonderful parent volunteers. Thank you to Jennifer Culala for volunteering to chair this fundraiser. The Jog-A-Thon will be held on **Wednesday, September 25<sup>th</sup>**. Please see the flyer in your email today.

**MAP Testing** – Our testing dates for this fall will be from **September 23<sup>rd</sup> – October 18<sup>th</sup>, 2019**. MAP testing is a computerized assessment that replaced ITBS testing throughout the Archdiocese of Seattle. As a result, students, parents and teachers will receive immediate scores and be able to track student growth more effectively.

**Cross Country Boys and Girls Team** – Cross Country is available for **K-8<sup>th</sup> Grades**. Practices will be with Scott Lawrence, Judi Rash and parent volunteers on the following days and locations:

**Wednesday: 9/18** from 5:30-6:30 PM at Lyndale Park, 18927 72<sup>nd</sup> Ave W, Lynnwood, WA 98036. Meet at the Picnic Shelter

**Fridays: 9/13-10/4** from 3:45-4:45 PM at Evergreen Playfield track. Please first meet in the gym and we will walk together to the track at Evergreen 6 Playfield and return to school together.

**Meet Location: Woodland Park – 1000 North 50<sup>th</sup> St, Seattle, WA 98103**

There will be four preliminary meets:

- Sunday, Sept. 22nd, 2019 @ 1:00 PM
- Sunday, Sept. 29th, 2019 @ 3:15 PM
- K-3 Final: Sunday, Oct. 6th, 2019 @ 1:00 PM
- 4-8 Championship Meet: Sunday, Oct. 13th, 2019 @ 1:00 PM

**Mr. Lawrence and Ms. Rash will need 3 adults to help them at every meet. These volunteer hours will go towards your school volunteer hours. Please help when you can. Thank you to the many parents that have already stepped up!** If you have any questions, please contact our Cross Country coach **Scott Lawrence** at **[duck\\_law@live.com](mailto:duck_law@live.com)**.

**\*\*FROM THE CLASSROOM, COMING HOME TODAY, September 17:** 1) Annual Fund Dinner Volunteer Form, 2) CYO Basketball Registration Form (Grades 4 – 8)

# Jog-A-Thon

Wednesday, September 25, 2019!



Jog-A-Thon Day, our first fundraiser of the year, is tomorrow, Wednesday, September 25, 2019! Our goal this year is \$8,000!!! Each family is required to collect a minimum of \$75 with the proceeds going to various school activities. Every child will receive a pledge envelope to record and collect sponsor donations.

This is a very fun event, with lots of good-natured competition among the different classes. The whole school proceeds to run, jog, or walk as many laps as possible around the playfield in 30 minutes 11:00 – 11:30 AM (for grades PK-3) or 45 minutes 11:00 – 11:45 AM (for grades 4-8).

**Lunch will be provided for all the students.**

We will need 3 groups of volunteers for different activities:

4 parents to arrive at 9:45 AM to:

- Set up, prepare water jugs, balloons and other misc items

2 parents per class to arrive at 10:15 AM to:

- Get children organized in the classroom and escort them to the field
- Do stretching /warm up exercises

Parents to arrive at 10:15 AM to:

- Tally laps on the field, dispense water, nurse (just in case!), and most important of all.... CHEERING!!!

After the laps are walked/ran, we need to get the children back to school, tally the total laps run, record the total laps on each envelope, and return the envelopes to the students in their classrooms to take home.

The Jog-a-thon results will be posted in early October.

To volunteer please go to [Signup.com](http://Signup.com) or if you have any questions please email Jennifer Culala at [jenculala@hotmail.com](mailto:jenculala@hotmail.com)



## Jog-A-Thon Guidelines 2019

- Jog-A-Thon:** Wednesday, September 25, 2019  
**10:30 AM – 12:00 NOON**
- Goal:** \$8,000 or more
- Minimum Requirement:** \$75 per family (you can always collect more)
- Solicitation of Sponsors:** Tuesday, September 10 – Tuesday, September 24, 2019. Please return your pledge envelopes by Wednesday, September 25<sup>th</sup>, 2019 so laps can be marked on the envelopes. **DO NOT SEND ANY MONEY AT THIS TIME.**
- Clothing:** Sweats, loose clothing, T-shirts/sweatshirts  
Tennis/running shoes  
Bring something warm for a change of clothing
- Weather:** We run on Wednesday, September 25, 2019 unless there's a downpour. If it drizzles, we still run.
- Collection of Sponsorships:** **MONEY IS TO BE COLLECTED AFTER THE JOG-A-THON EVENT from Thursday, September 26<sup>th</sup> – Friday, October 4<sup>th</sup>, 2019**
- ALL MONEY MUST BE COLLECTED AND  
TURNED IN BY **FRIDAY, OCTOBER 4<sup>TH</sup>, 2019**  
TO QUALIFY  
FOR ANY PRIZES.
- Prizes:** Class with the highest Pledge/Donation contributions in the school will receive a pizza party
- Top 3 pledgers in the school  
1<sup>st</sup> - \$50      2<sup>nd</sup> - \$30      3<sup>rd</sup> - \$20
- Businesses:** We welcome donations from businesses.
- REMINDER: ALL DONATIONS MUST BE IN BY FRIDAY, OCTOBER 4<sup>TH</sup>, 2019 TO QUALIFY FOR PRIZES**