

**Assumption Parish  
Schools**



*Rooted in Faith,  
Growing in Grace*

### **HEALTH CARE POLICY**

All children will be required to have their current immunizations on file. Children will not be allowed to stay in the program unless the file is complete. If your child becomes ill or contracts a contagious illness while at school, the nurse or teacher will notify you immediately. We will provide a quiet area for your child to rest until you can arrive. We will also inform you of any possible exposure to any communicable diseases. **Once a parent or guardian has been called, your child must be picked-up within 90 minutes.**

If your child is ill, they must be Tylenol-free and fever-free (fever being 100 degrees or more when taken under the arm) for at least 24 hours and 48 hours for pink eye before they return to school. If your child has more than one episode of diarrhea, he or she will be sent home and may not return until the condition has been stabilized. We reserve the right to send any child home if we feel they are showing signs of illness or a contagious disease and may ask for medical permission to return to school. There will not be any reduction of tuition due to absences or illnesses.

**The following symptoms could indicate a contagious disease:**

Fever/Pain Extreme Fatigue/Nausea or Vomiting  
Diarrhea/Skin Eruptions or Open sores/Rash Red/Weeping or Glassy Eyes  
Constant sneezing/Constant Coughing  
Swelling and/or Redness of the Throat

Staff cannot administer any prescription or non-prescription medication without the provided release form signed by the child's parent. All prescribed medication needs to be in the original bottle with the child's name and dosage clearly marked. All medications administered will be recorded and kept on file.

In the event that a child is injured, an accident report will be filled out and will need to be signed by the child's parent and kept on file. Small scrapes or bumps will be cleaned and dressing will be applied if necessary. If an injury requires further treatment and the child needs to go to the hospital, the parent will be notified immediately. If the parent cannot be reached, we will attempt to contact someone on the emergency list. We will take your child to the hospital you requested on your enrollment form or will follow directive of the Emergency Medical Service Professional. The center Director and/or classroom teacher will accompany your child to the hospital.

Medication that is to be kept at school for emergencies only (asthma, bee sting, peanut allergies, etc.), must include special instructions. They must be submitted in writing from parent.

## **Health and Safety**

### **Healthcare, Illness and Injury**

Health Room personnel will follow the guidelines set forth by the Archdiocese of St. Louis.

Medical information is collected and maintained on each student. All medical information is maintained in a secure area separate from school educational records in order to maximize confidentiality. Included are:

- a medical history (annually updated) and/or physical form (K, 3rd, 6th ) (from Archdiocesan Policy 4401.3)
- a cumulative health record with all mandatory immunization dates
- a completed family information form (annually updated) (from Archdiocesan Policy 4401.2)

Communications about student health concerns must come directly to the school office.

- Medication (see below)
- A physician's note is required if it becomes necessary for a student to limit physical activity during the school day, PE, or at recess. A release form indicating that the student may resume normal activity will also be required.

Catholic Schools of the St. Louis Archdiocese will follow the recommended policies and procedures on communicable diseases – life threatening diseases with no known cure – established by the Missouri Department of Health. (Archdiocesan Policy 4401.1)

The Missouri Department of Health regulations are followed concerning communicable disease/contagious conditions and the child's return to school. Chickenpox, head lice and conjunctivitis (pink eye) are the most commonly reported. If your child contracts these or any contagious conditions, notify the school office.

### **STUDENTS WITH SIGNIFICANT MEDICAL CONDITIONS**

A student enrolled in a Catholic school who has a significant or potentially life threatening medical condition may require special consideration. Schools should take steps to obtain the information necessary to understand the condition, its manifestations in the school setting, and any specific adjustments or plans for an emergency response which may be necessary in order to provide the student with a healthy and safe environment. (Archdiocesan Policy 4401.6)

**Illness or injury at school** (Archdiocesan Policy 4401.21) All students with health concerns, illness, or injury will be seen by the school nurse or trained office staff as they arrive in the health room. Those requiring the most immediate attention will be assessed first. First aid will be administered in the case of an emergency.

The family information form indicating parents'/guardians wishes regarding physical/medical emergency and contact information will be utilized. Parents will be contacted if:

- A student has sustained a head injury that was severe enough to cause a bump, laceration, or other distinguishing mark.
- Students require immediate emergency attention (e.g. broken bone, stitches)
- Students make frequent trips to health room without obvious signs of illness (fever, vomiting, etc.)
- A student was injured because of another student (biting, hitting)
- A student has any illness that requires being sent home

### General Guidelines for Sending an Ill Student Home

- Fever (>100.0) or 1-2 degrees above student's normal temperature and/or ill-appearing
- Rash with fever
- Rash of unclear cause that has not been evaluated by a physician
- Difficulty breathing (esp. asthmatic not relieved with medication)
- Sore throat with fever
- Eye drainage (clear or yellow) with itching and history of crusting on lashes at waking
- Vomiting at school
- Diarrhea, sleepiness and abdominal cramping
- Mouth sores with inability to control saliva
- Chickenpox or other communicable disease

Guidelines for returning to school: students must be fever-free and/or not vomited for 24 hours before returning to school.

### **Medication and personal care items**

#### **Prescribed medications – the following procedures are in place:**

1. The direct order/consent of a licensed physician, licensed physician's assistant or nurse practitioner, signed and properly filed with the school. "The current prescription label on the container may serve as a physician's order and physician's orders may be faxed or mailed to the school."
2. Written consent of the parent/guardian for school personnel to administer the medication.
3. The medication in the original container.
4. Proper training of personnel on medication administration. (from Archdiocesan policy 4401.4)

**Inhalers** - Students requiring inhalers must follow the same procedures as other medications. In the handling of inhalers, individual needs must be arranged with the school nurse, principal, or secretary. If a student must carry an inhaler with him/her, a parental consent form, a physician's order, a Student Asthma Action Card/Emergency Plan and an Inhaler Procedure form must be completed and on file in the school office.

**Epinephrine injector (EpiPen)** – EpiPens should accompany students during lunch and outdoor activities (via supervisor).

**Cough Drops** - All cough drops must have written permissions and, as with all medications, are not to be carried on the student.

**Chapstick** - Students are allowed to carry Chapstick on their person. They are not to share their Chapstick with other students. Vaseline is available in the Health Room and in some primary homerooms for your child's use.

## **Physical Examination and Immunization**

### **Immunizations**

Upon entering, students must have all immunizations as required by Missouri State Law. All students at any grade level not complying with state regulations for immunizations will be referred to the principal. Admittance to school may be refused.

### **Physical Exams**

A physical examination by the family physician or health clinic is required for a new student and before entering Kindergarten, 3rd and 6th grades. Any physical taken after January 1 of the current year will be accepted.

Screenings Conducted at School – annually for vision for children 6 months and older. Parents are notified of problems observed during any of these tests.

### **Emergency Contact Information**

Parents/Guardians are required to complete a Family Information Form annually. Should an emergency involving a student occur, the Family Information Form is the school's guide for making contact with a parent/guardian, physician, or close relative/friend. The information on the Family Information Form also instructs the school on the procedures for immediate medical care for the student, information regarding allergies, and medical conditions (pre-existing, on-going, or newly diagnosed). The school will review all information and determine if a medical intervention plan is necessary. It is the legal responsibility of parents/guardians to ensure that the school has correct and updated information (address, phone numbers, and medical information) for each student. If the school is unable to contact a parent/guardian due to incorrect, inaccurate, or out-of-date emergency information, the incident will be reported to the proper authorities.

### **Student Insurance**

Contact school for information regarding student accident insurance.

### **Safety Drills (See Appendix A, Policy 3.1)**

The emergency preparedness plan is reviewed annually to provide for the safety and security of students and staff in the event of a natural disaster or other extraordinary situations.