

What Makes A Good Mentor?

Some basic guidelines for choosing your mentor couple

Stable

Your mentor couple has been married for a minimum of 5 years

Active

Your mentor couple lives an active Catholic life and worships weekly at Holy Mass

Admirable

Your mentor couple has a marriage that you admire, and others think highly of

Neighbor

Not in a strict sense, but your mentors are parishioners at St. Matthew the Apostle

Friend

Your mentor couple is ideally not an immediate family member

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Pray

The most important and essential thing to do is to pray about your choice. Ask God who He wants your mentor couple to be. He knows what is best for us because He is a good and loving Father!

Ask

- Who can challenge you to have a better marriage?
- Do they have a strong relationship with Christ?
- Are they the couple you would go to naturally if you needed relationship help in the future?
 - Do you like the way their kids turned out?
- Would you be happy if you had a marriage relationship like theirs?
- Discuss what it is specifically that you admire about their marriage.

It doesn't matter if you know them well, but it does matter that you trust and admire them. If you get stuck, ask the marriage prep coordinator for suggestions in the parish.