

MARRIAGE PREPARATION OPPORTUNITIES



*Marriage
Preparation*

St. Francis of Assisi Marriage Preparation Program

This is a one-day session, 9am-5pm, offered four Saturdays each calendar year. It is an interactive seminar that discusses and explores the practical aspects of our marriage commitment from a Catholic perspective. It covers areas like effective communication, management of finances, dreams and goals, intimacy and spirituality. The day is facilitated by long-time parishioners, Joe & Beth Millares, who have more than 15 years experience in facilitating marriage preparation seminars. If you are getting married at St. Francis of Assisi, this course is included in your fees. We keep our prep classes small so plan ahead and sign up early. For more information or to sign up for a date, please contact Gillian Griffis at 408-223-1562 (*main*), 408-223-1770 x 324 (*direct*) or ggriffis@dsj.org

Catholic Engaged Encounter of San Jose

The Engaged Encounter Weekend offers couples a unique opportunity to look at their commitment to each other in a deeper way as they prepare for marriage. It gives them the opportunity to focus exclusively on each other in peaceful surroundings, free from the pressure and distractions of the outside world. Though Catholic in origin, this experience is open to any engaged couple wanting to prepare for a deeper, more meaningful life together. The Weekend is an in-depth, private, personal, marriage preparation experience within the context of Catholic faith and values.

<https://www.eesanjose.org/>

Engaging the Heart

There are several different options one can choose to fulfill the Church's Pre-Cana requirements however please consider all that you get with Engaging the Heart. A highly regarded, one day retreat given by professional Marriage counselors where you can learn about each other in a romantic and beautiful setting, set the course for your lives together and enjoy a wonderful meal made just for you. Engaging the Heart is simply the best first step you can make and we are honored to be part of your journey together.

<https://www.vallombrosa.org/> 650-326-5614.

Please see next page for more opportunities

Marriage for Life

Marriage for Life is a one-day process, where couples are invited to explore marriage as a Christian Covenant. The focus will be on the view of marriage as a lifelong commitment, a journey of love and renewal, a relationship with a spiritual foundation, and a very important and integral part of our Church, presented as a series of topics in a seminar style. The engaged couples are invited to privately share and discuss the topics throughout the day.

<https://marriageforlifef.com/home/>

415-664-8108 jcdaura@marriageforlifeSF.com

Building a Christ-Centered Marriage

Online Pre-Cana – Theology of the Body Marriage Prep Course

One-on-one with a certified instructor couple, at the couple's pace. To be completed in three weeks to three months. Online worksheets foster conversation between the couple, and are followed up with personalized feedback from their instructors. For more information:

www.catholicmarriageprep.com

Our Lady of Peace (Santa Clara)

Please contact Genevieve Van Tuyl, the Marriage Coordinator, at (408) 988-4585 x2106; gvantuyl@dsj.org to register or if you have any questions.

<http://www.olop-shrine.org/sacraments/marriage/marriage-preparation/>