



BREAKFAST

SEPTEMBER 2021

St. Edwards Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday

No School

6

Choice of Cereal
String Cheese
Fruit
100% Fruit Juice
Low Fat Milk

13

Pancakes
Fruit
Raisins
Low Fat Milk

14

Cereal Bar
Fruit
Smoothie
Fruit
Low Fat Milk

15

Scrambled Eggs
& Ham
Muffin
Fruit
Low Fat Milk

16

Choice of Cereal
Whole Wheat Toast
Fruit
100% Fruit Juice
Low Fat Milk

17

No School

7

Yogurt
Parfait
Muffin
Fruit
Low Fat Milk

8

Oatmeal
Raisins
Fruit
Low Fat Milk

9

Choice of Cereal
String Cheese
Fruit
100% Fruit Juice
Low Fat Milk

10

Choice of Cereal
Whole Wheat Toast
Fruit
100% Fruit Juice
Low Fat Milk

20

Oatmeal
Raisins
Fruit
Low Fat Milk

21

Egg & Cheese
Sandwich
Fruit
100% Fruit Juice
Low Fat Milk

22

Pancakes
Fruit
Raisins
Low Fat Milk

23

Choice of Cereal
String Cheese
Fruit
100% Fruit Juice
Low Fat Milk

24

Choice of Cereal
Whole Wheat Toast
Fruit
100% Fruit Juice
Low Fat Milk

27

French Toast
Sticks
Raisins
Fruit
Low Fat Milk

28

Yogurt
Parfait
Muffin
Fruit
Low Fat Milk

29

Oatmeal
Raisins
Fruit
Low Fat Milk

30

This Institution is an
Equal Opportunity Employer



Monday

Tuesday

Wednesday

Thursday

Friday

1
No School

2
No School

3
No School

4
No School

5
No School

6
No School

7
No School

8
No School

9
No School

10
No School

11
Chicken Nuggets
French Fries
Peas
Fruit
Low Fat Milk

12
Chicken Fried Steak
Mashed Potatoes
Green Beans
Fruit
Low Fat Milk

13
Ham & Cheese
Bun
Carrots
Fruit
Low Fat Milk

14
Turkey Gravy &
Mashed Potatoes
Green Beans
Roll
Fruit
Low Fat Milk

15
Turkey Gravy &
Mashed Potatoes
Green Beans
Roll
Fruit
Low Fat Milk

16
No School

17
No School

18
No School

19
No School

20
No School

21
Turkey Sandwich
Chips
Lettuce/Tomato
Celery
Fruit
Low Fat Milk

22
Chicken & Cheese
Burrito
Black Beans
Fruit
Low Fat Milk

23
Pancakes
Sausage Patty
Hash Browns
Red Bell Peppers
Fruit
Low Fat Milk

24
Pig in a
Blanket
Refried
Beans
Fruit
Low Fat Milk

25
Mac & Cheese
Roll
Carrots
Fruit
Low Fat Milk

26
Chicken Nugg
French Fries
Peas
Fruit
Low Fat Milk

27
Ham & Cheese
Bun
Carrots
Fruit
Low Fat Milk

28
Turkey Gravy &
Mashed Potatoes
Green Beans
Roll
Fruit
Low Fat Milk

29
Corn Dogs
Potato Wedges
Celery
Fruit
Low Fat Milk

30
Pizza
Fresh Garden
Salad
Fruit
Low Fat Milk

31
Ham & Cheese
Bun
Carrots
Fruit
Low Fat Milk

32
Turkey Gravy &
Mashed Potatoes
Green Beans
Roll
Fruit
Low Fat Milk

33
No School

34
No School

35
No School



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