

The Stations of the Cross



Opening Meditation

Almighty and eternal Father, accept our prayer of thanksgiving for your Beloved Son, our Savior and Lord. As we recall his Sacred Passion and Death send the Spirit of Christ into our hearts, we beg You, so that whether we pray or work we might do all in union with Christ our Redeemer. Amen.

Jesus, remember me when you come into your kingdom... (2x)

THE FIRST STATION



Leader: Jesus is condemned to die. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Jesus, we ask that You call men and women today to publicly accept Your invitation to follow You in spite of what others may think or say. Give to them a passion for reaching out through Your love to the needs of Your brothers and sisters.

Our Father...

Were you there when they sentenced him to die? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they sentenced him to die?

THE SECOND STATION



Leader: Jesus takes his cross. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Father in heaven, your Son, Jesus Christ, still carries his Cross in his persecuted brothers and sisters throughout the world. Make us feel the needs of all persons so that we might as readily help them as we would help Jesus himself.

Hail Mary...

Were you there when they laid the cross on him? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they laid the cross on him?

THE THIRD STATION



Leader: Jesus falls the first time. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: O God, to free us from sin and weakness your Son, Jesus Christ, embraced his fearful passion and crucifixion. Strengthen us to our baptismal resolutions by which we renounced sin and Satan, so that through the passion of this life's sufferings we might rise to a new life of joyful service free of all selfishness.

Glory be...

Were you there when he fell beneath the cross? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when he fell beneath the cross?

THE FOURTH STATION



Leader: Jesus meets his holy mother. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: O blessed Lord, at your passion a sword of sorrow pierced the loving heart of your mother as Simeon had foretold. Grant that we who look back on her sorrows with compassion might receive the healing fruits of your sufferings.

Our Father...

Were you there when Mary met her son? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when Mary met her son?

THE FIFTH STATION



Leader: Jesus is helped by Simon. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world. (RISE)

Meditation

All: Lord Jesus Christ, help us to see in the sufferings and shortcomings of our lives a share in Your Cross; strengthen and console us in the belief that we bear all things in union with You, who have taken upon Yourself even our guilt.

Hail Mary...

Were you there when Simon helped the Lord? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when Simon helped the Lord?

THE SIXTH STATION



Leader: Veronica wipes the face of Jesus. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Almighty and ever-loving God, we feel your love and understanding in the consolation and support we receive from one another. Give us, we beg You, the courage and dedication to sacrifice and suffer with those who are in need, the least of your people.

Glory be...

Were you there when she wiped his Holy Face? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when she wiped his Holy Face?

THE SEVENTH STATION



Leader: Jesus falls the second time. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Lord Jesus Christ, You shared in our weaknesses and accepted our guilt. Grant us the favor of rejoicing over our human weaknesses, so that in all we do, Your strength, dwelling in us, may be shown to all others.

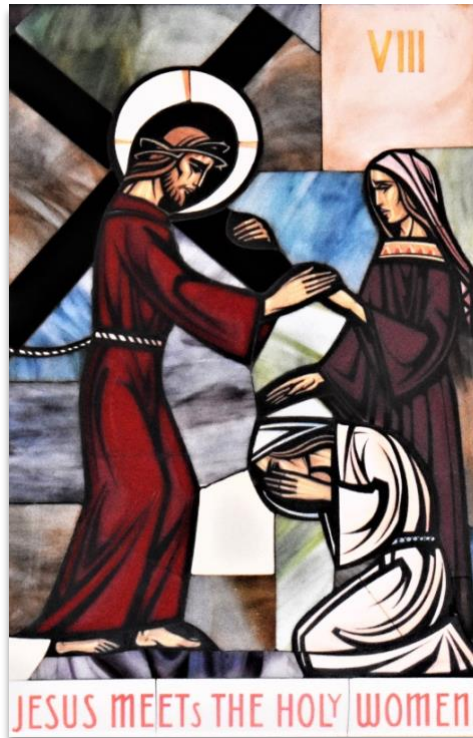
Our Father...

Were you there when he fell a second time? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when he fell a second time?

THE EIGHTH STATION



Leader: Jesus meets the holy women. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Beloved Jesus, with tears of pity these women of Jerusalem responded to You, broken, bruised, and beaten, on the road to Calvary. Deepen our faith, we beg You, so that we may see You in our brothers and sisters, bruised by our envy, beaten down by injustice, and broken by our greed and our indifference.

Hail Mary...

Were you there when the women wept for him? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when the women wept for him?

THE NINTH STATION



Leader: Jesus falls the third time. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Almighty and eternal God, You permitted your Son to be weakened, crushed, and profaned so that He might rise from the dead freed from the ravages of sin. Help us to accept our weaknesses and failings as forerunners of our glorious resurrection in union with your Son.

Glory be...

Were you there when he tumbled to the ground? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when he tumbled to the ground?

THE TENTH STATION



Leader: Jesus is stripped of his garments. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world. (RISE)

Meditation

All: Lord Jesus Christ, stripped of everything, You stood exposed to the jeers and contempt of the people whom You loved. Clothe us with genuine love of others, so that nothing we suffer may ever fill our hearts with hatred or bitterness.

Our Father...

Were you there when they stripped him of his clothes? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they stripped him of his clothes?

THE ELEVENTH STATION



Leader: Jesus is nailed to the cross. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Lord and Savior. You have told us that we too must accept crucifixion if we are to accept resurrection with You. Help us to rejoice in the sufferings that come with the fulfillment of our daily duties, seeing in them the royal road of the cross to resurrection.

Hail Mary...

Were you there when they nailed him to the cross? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they nailed him to the cross?

THE TWELFTH STATION



Leader: Jesus dies upon the cross. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Jesus, give to all a deep love of the Eucharist, the Most Holy Sacrament of Your passion, death and resurrection. Let them find in the Mass a daily renewal of Your invitation to live their lives through You, with You, and in You, giving glory and honor to God our Father

Glory be...

Were you there when they crucified my Lord? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they crucified my Lord?

THE THIRTEENTH STATION



Leader: Jesus is taken down from the cross. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: Jesus, touch the minds, hearts and spirits of those You call to serve the people of God. Fill them with the assurance of our Blessed Mother's love and care for them, especially as they grow to embrace their vocations. Enable them to respond to Your call to bring Your redeeming presence to a world grieving, fearful and hungry for Your Truth through prayer and service.

Our Father...

Were you there when they took him from the cross? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they took him from the cross?

THE FOURTEENTH STATION



Leader: Jesus is laid in the sepulchre. (GENUFLECT)

We adore You, O Christ, and we praise You.

All: Because, by Your holy cross, You have redeemed the world.

(RISE)

Meditation

All: We thank you, Jesus, for the infinite power of Your death and resurrection which brought salvation and healing to the world. Help us, we beg You, so to empty ourselves of self-concern that we might see your hand in every failure and your victory in every defeat.

Hail Mary...

Were you there when they laid him in the tomb? (2x)

O-o-o-oh! Sometimes it causes me to tremble, tremble, tremble.

Were you there when they laid him in the tomb?

Concluding Meditation

My good and dear Jesus, I kneel before You, asking You most earnestly to engrave upon my heart a deep and lively faith, hope, and charity, with true repentance for my sins, and a firm resolve to make amends. As I reflect upon Your five wounds, and dwell upon them with deep compassion and grief, I recall, good Jesus, the words the Prophet David spoke long ago concerning Yourself: "They pierced My hands and My feet; they have numbered all My bones."