

## **Policy of the Diocese of San José Preparation for the Sacrament of Confirmation**

### **Those who request the sacrament of Confirmation:**

- A. Must provide a copy of their baptismal certificate.
- B. Are expected to participate in the weekly Sunday liturgy (attend mass/receive Eucharist)
- C. Must be participating in a program of systematic catechesis in the parish.
- D. Must have attained the use of reason.
- E. Must have a basic understanding of the bible, the creed, the sacraments, the Christian life and prayer.
- F. Must be able to renew their baptismal promises.
- G. Must choose a sponsor who will accompany the candidate.

### **Sponsors:**

It is recommended that the Confirmation sponsor be the baptismal sponsor so that the link between Baptism and Confirmation is expressed clearly.<sup>6</sup>

However, the Confirmation sponsor should not be so separated from the candidate by age or geography as to be unable to maintain appropriate contact with the candidate before and after Confirmation.

Sponsors must:

- be chosen by the candidate (or, if necessary, by parent, guardian or pastor);
- have completed the sixteenth year unless the pastor or minister has a just cause for an exception;
- be a fully initiated (all three sacraments) practicing Catholic who participates in Sunday liturgy and leads a life in harmony with the faith;
- not be the father nor mother of the one to be confirmed.<sup>5</sup>