

HOLY FAMILY PARISH COMMUNITY

2210 CALLAWAY STREET

HILLCREST HEIGHTS, MARYLAND 20748



Rectory 301-894-2222
Hours: Mon-Thurs, 10:00 am— 3:00 pm
www.holyfamilyparishmd.org

School Office 301-894-2323
School Fax 301-894-7100
Office Hours: Mon.-Fri., 8:00 am—3:00 pm
www.holyfamilymd.org

Rev. Matthew J. Fish, Administrator
ext. 13 pastor@holyfamilyparishmd.org

CHURCH STAFF

Deacon Gerald Collins, Permanent Deacon
deaconjer1@gmail.com ext. 10
Mr. Keith Poindexter, Parish Manager
rectory@holyfamilyparishmd.org ext. 14
Ms. Kristen Bryant, Pastoral Assistant
Kbryant@holyfamilyparishmd.org ext. 14
Mr. Dominic Cipollone, Business Manager
accountant@holyfamilyparishmd.org ext. 14
Mrs. Thelma Adams, Adult Faith Formation
thelmaadams1@verizon.net
Mrs. Helen Norris, Pastoral Care of the Sick
Mr. David Pugh, Maintenance Supervisor
Mr. Gregory Lathan, Choir Director
Mr. John Adeleye, Pianist

To join our parish family, call or visit the Rectory, or complete the Census form found in the Church.

SUNDAY MASS SCHEDULE

Saturday: 4:00pm
Sunday: 8:00 & 11:00am
Holy Days: As Announced

WEEKDAY MASS SCHEDULE (Chapel of Saint Joseph)

Wednesday: 12:10 pm
Thursday: 8:30 am (School Mass)
Friday: 7:00 am
Friday: Adoration and Confession
7:30 am—8:30 am

SACRAMENT OF CONFESSION

Saturday: twenty minutes before Masses.

SCHOOL STAFF

Mrs. Michelle Taylor, School Principal ext. 22
mtaylor@holyfamilymd.org
Mrs. Gail Daughtridge, School Administrator ext. 11
gdaughtridge@holyfamilymd.org

Registration is open for the 20-21 School Year.

CONFESSION TIMES DURING LENT

Holy Family

Friday before Noon Mass (main church)
11:30 - 11:50 AM

After each Sunday Masses

Assumption Catholic Church

Wednesdays 11:00 – 12:00 PM

Mount Calvary

Wednesdays 6:30 - 7:00 PM
30 minutes before Sunday masses

Our Lady Queen of Peace

Wednesdays 6:30 - 7:30 PM

Saint Bernadine of Siena

Mondays 6:00- 7:00 PM

Saint Francis Xavier

Wednesdays 5:30 - 6:30 PM
Sundays 9:00 - 9:30 AM | 12:00 - 12:30 PM

Saint Columba

Wednesdays 6:00 - 6:45 PM | Saturdays 3:30 - 4:30 PM

Franciscan Monastery

Monday – Saturday
9:00 | 10:00 | 11:00 AM | 1:00 | 2:00 | 3:00 | 4:00 PM

Dear Brothers and Sisters,

As I mentioned last week at Mass, I want to thank you all for being so cooperative with the changes we've had to make recently at Mass in regards to the Coronavirus outbreak. That being said, I thought this occasion would be an opportunity to reflect on some of the teachings and laws regarding the Blessed Sacrament.

As I have mentioned before, the fullness of the substance of Christ is present in either way of receiving Communion. The word we use to describe the *kind* of sacramental presence is *species*: so we speak of either the *sacred species* of the *Body of Christ* in the *consecrated bread*, or of the *Blood of Christ* in the *consecrated wine* – two different ways Jesus can be sacramentally present.

But the Church teaches that wherever Jesus is present, it is not just a part of him that is present. If you have his actual body or his actual blood, you have the rest of him, present by the power and mystery of the Sacrament: wherever you have his *Body*, you also have his Blood, Soul, and Divinity; wherever you have his *Blood*, you also have his Body, Soul, and Divinity; just as in heaven, where Christ lives now seated at the right hand of the Father, wherever you have his Divine Person, you also have his human nature, and all that goes along with it.

Jesus is not multiplied in a thousand different places each day, wherever Mass is celebrated. It is only ever the one-and-the-same Jesus who is present, just as it is only ever the one-and-the-same Sacrifice that is celebrated. It is the divine power of the Holy Spirit that makes this, truly a *miracle*, possible. We are used to saying that “Jesus lives inside of us”: but it would be more accurate to say that Jesus is spiritually inside of us *because we have the Holy Spirit living in us*, whose Temple we are, given to us in Baptism. And where the Spirit is, you always have the Son and the Father, the entire one Holy Trinity dwelling within us, never separated – though this presence, unlike the Sacrament of the Eucharist, is a *spiritual* and not a physical, substantial presence.

And if the Holy Spirit does *not* live in us, because we lack supernatural charity, because we are not in a state of grace, then we should

not receive the Sacrament of Jesus' Body and Blood. And if our beliefs are not one with the

Church, if we are not part of the visible communion that is the One, Holy, Catholic, and Apostolic Church, even if we still a Christian, one with Christ by virtue of our common baptism, we should not say with our bodies by receiving Communion what we are not saying yet with our minds and our hearts: that the same Jesus who is present in this Host and this Chalice is truly present in this visible Catholic Church, guiding and directing it to this day.

If we are conscious of having committed a serious sin, if we are not practicing our faith, or if we are not Catholic, or have left the Church, we should not receive until we have been reconciled through the Sacrament of Confession and received Absolution. To do so is to commit *sacrilege*. As St Paul said:

“Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let one examine himself, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself.” (1 Cor 11:27)

Finally, the Church asks us to fast for *one hour* before receiving Communion. This means no food, cough drops, gum, etc., unless we need to eat or take something for medicinal reasons.

Following these laws is yet another way we show reverence for the presence of Jesus in the Blessed Sacrament.

God bless,

Fr Matt

Offertory for March 8th
Offertory Collected - \$5,366.00
Budget Goal - \$5,769.23
Surplus/(Deficit) - (\$403.23)

Thank you for your prayerful consideration and continued support.

LENTEN REGULATIONS

Abstinence from meat is to be observed by all Catholics 14 years of age and older on Good Friday and all Fridays of Lent. Fasting is to be observed on Good Friday by all Catholics who are at least 18 years of age but not yet 59 of age. Those who are bound by this may take only one full meal a day. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid food between meals is not permitted.

Almsgiving: Pick up your **CRS Rice Bowl** from the back of the church. 75% of contributions goes to Catholic Relief Services for global programs and 25% remains in the Archdiocese for local use.

PARISH LIFE

Lenten Food Dive will conclude next week. Please return the bags in the rear of the church with you donations to be added directly to the Holy Family Pantry.

An important meeting will be held on Saturday, March 21st for **all liturgical ministers** in preparation of the Easter season. Contact: Deacon Collins for more information.

Join the Holy Family Choir as it performs in a **Black History Gospel Celebration** on March 21st from 5–7pm at Hillcrest Heights Community Center. Contact any Choir member for more.

In 2018, Sister Thea Bowman FSPA, was declared a servant of God. To god be the glory. Join Faith Formation as they present **This Little Light of Mine: The Amazing Light of Sister Thea Bowman**, Sunday, March 29th, in the Allen Drury after the 11:00 am mass. Contact Thelma Adams for more information.

The Holy Family Sodality is sponsoring a bus trip to **Sight and Sound in Lancaster, PA** to see “Queen Esther” on Tuesday, August 18th. Bus will leave at 6:00 am and will return between 7:30 and 8:00pm. For more information contact; Vernetta Stevenson, (301) 894-8372, Essie Shorter, (301) 609-0710, Cassandra Butler, (301) 423-9157 or Michelle Porter (301) 702-0741.

PRAYERS FOR THOSE WE KNOW AND LOVE:

Our Parishioners

Cynthia Washington
William Green
Demetrius Butler
Barbara Smith
Angela Hewins
Richard Hewins
Barbara Price
Iris Pierce
Angela McNair
Michelle Handon
Frances Fisher

Homebound

Mary Byus
Bennie Hooks Jr.
Andre Johnson
Rose Sparrow
Alease Terry
Clarence King
Mildred Jones
Barbara Moore
Margaret Kennerly
Juanita Presley
Frank Wilson
Ethel Handon

Elsewhere

Wendell Young
Dorothy Nelson
Kathleen Guidry
Alpha Banks
Roy Banks
Betty Furr
David M. Smith Sr.
Francis Briscoe
Barbara Williams
Middleton Russell

Birthday Blessings to Verna Garrett, Angela McNair, Ramona Roselle, Natosha Mahoney, Sonja Hamilton, Evans Chambers, and Rev. Kevin Regan.

MASSES FOR WEEK OF MAR 15—MAR 22

Mar 15th

3RD SUNDAY OF LENT

Sat. 4:00 pm
8:00 am
11:00 am

Carmelo Chillari +
Holy Family Parishioners
Holy Souls in Purgatory

Daily Masses

Wed. 12:10 pm
Thurs. 8:30 am
Fri. 12:00 pm

Patrica Trefry +
Holy Souls in Purgatory
Poindexter Family

Mar 22nd

4TH SUNDAY OF LENT

Sat. 4:00 pm
8:00 am
11:00 am

Holy Family Parishioners
Holy Souls in Purgatory
Mrs. Jessie Walker +

Daily readings can be found at <http://usccb.org/bible/readings/index.cfm>.

Altar Arrangements and Mass Intention. Offerings in honor of a deceased or living loved one, a person's birthday, anniversary, or any another special occasion. Mass Intentions will be offered by our priests on Sundays in the Church and on weekdays in the Chapel of St Joseph in the Rectory. Mass cards are available to share your intention.

Applications for 2020 Holy Family Scholarships are available at the school office and in the back of the church on the information table. Forms are also available on the website for download.

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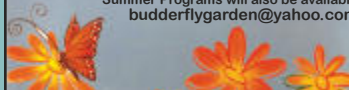
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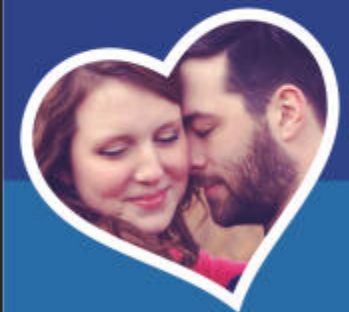
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