

Family Activity

Lesson 1: How do we know God?

Materials Needed: A Bible, a device with internet access

Kids ask Parents: How did you learn about God?

Parents ask Kids: What do you want to learn about God this year?

Discuss: God reveals himself to us because he wants us to know him. He reveals himself in 4 main ways:

1. Through Creation
 - a. **ACTIVITY:** Take a quick field trip to your yard. What do you see, smell, hear, feel, taste?
 - b. What does creation tell us about God? (*Possible answers: God created everything with a purpose, God loves beauty, God gives us everything we need, etc*)
2. Through Sacred Scripture
 - a. **ACTIVITY:** Open your Bible and let the pages just fall open. Close your eyes and place a finger on the page. Read the scripture together.
 - b. What does the Bible tell us about God? (*Possible answers: God keeps his promises, God is present in our world, God has a plan, etc.*)
3. Through his Son, Jesus Christ
 - a. **ACTIVITY:** Locate the Gospels of Matthew, Mark, Luke, and John in your Bible. Flip through and share some of your favorite stories about Jesus.
 - b. What does Jesus teach us about God? (*Possible answers: God became one of us, God loves us, God saved us on the cross, God wants us to love others*)
4. Through the Church
 - a. **ACTIVITY:** Go to our parish website (Saintaidanparish.org). How many ways can you spot our parish teaching others about God?
 - b. How does the Church teach us about God? (*Possible answers: through the Mass and sacraments, through the Pope/Bishop/priests/deacons/lay ecclesial ministers/catechists, through the community*)

Challenge: Choose a family Bible verse and place it somewhere in your home where you will see it often (like the mantel, refrigerator, or on the door you always use). Pray it as often as you can as a family.

Some examples:

- As for me and my house, we shall serve the Lord – Joshua 24:15
- Be still and know that I am God – Psalm 46:10
- Love one another as I have loved you – John 13:34
- For God so loved the world that he gave his only Son – John 3:16
- Nothing is impossible with God – Luke 1:37
- This is the day the Lord has made – Psalm 118:24
- Love the LORD your God with all your heart and with all your soul and with all your strength. – Deuteronomy 6:5
- Do justice, love mercy, and walk humbly with God – Micah 6:8

Turn In: On the Christ in Us platform, have each child complete an assignment.