

Family Activity

Lesson 2: Who is God?

Materials Needed: Paper, coloring supplies, pencil/pen

Kids ask Parents: What is your favorite thing about God?

Parents ask Kids: What is your favorite thing about God?

Discuss: God reveals himself to us as the Blessed Trinity: Father, Son, and Holy Spirit. Three persons in one God.

1. God the Father
 - a. What is the job of a parent? How is God a parent to us? (*Possible answers: God gives us life, God gives us creation: food, water, shelter, God loves us, takes care of us, listens to us, helps us, etc.*)
 - b. ACTIVITY: Thank God for loving you. Thank your family for showing you God's love.
2. God the Son
 - a. These are some different titles for Jesus. What do they tell us about Jesus?
 - Savior
 - Lord (Master)
 - Christ (The Chosen One)
 - Messiah (The Anointed One)
 - Son of God
 - Son of man
 - Lamb of God
 - Emmanuel (God with us)
 - Prince of Peace
 - Light of the World
 - Rabbi (teacher)
 - b. ACTIVITY: Write your favorite name for Jesus on a piece of paper and decorate it as an art prayer
3. God the Holy Spirit
 - a. The Holy Spirit is sometimes called our guide and helper. When have you felt the Spirit guiding or helping you?
 - b. ACTIVITY: Many people connect to the Holy Spirit through music. Check out this Spotify playlist of contemporary Holy Spirit worship music as you finish this lesson:
<https://open.spotify.com/playlist/4umKMQxxwCvocRdgCP64mY?si=0tr11O9oSp6AlCeJ-R3ouA>
4. Trinity
 - a. The Blessed Trinity is a mystery we can never fully understand, so we use symbols to help us think about 3 persons in 1 God. How do these symbols show us the Blessed Trinity? What other symbols can you think of that show us 3 in 1?
 - Shamrock (three leaves, one stem)
 - Apple (skin, flesh, seed)
 - Sun (sun, light, warmth)
 - Relationships (I am a daughter, sister, friend in one person)

Challenge: Read Psalm 8 together. This psalm marvels at everything God has done. Keep verse 2 and verse 10 (below), but fill in the middle with your own verses. What has God done for your family?

Example: *O LORD, our Lord, how awesome is your name through all the earth! I will sing of your majesty above the heavens...* You brought our parents together in marriage. You gave us three beautiful children. You helped John when he was sick. You brought grandma home to heaven with you. You give us the Eucharist every Sunday. We love you and will praise you as a family... *O LORD, our Lord, how awesome is your name through all the earth!*

Turn In: On the Christ in Us platform, have each child complete an assignment.