

## Family Activity

### Lesson 4: Who is Jesus Christ?

*Materials Needed:* Bible, paper, coloring supplies

**Kids ask Parents/Parents ask Kids:** Who is Jesus Christ?

**Discuss:** Jesus is the Son of God who came to earth as man and saved us through his death and resurrection.

1. Incarnation: Jesus is fully human and fully man.
  - a. What qualities of Jesus show his divinity, and what qualities show his humanity? (possible answers: Divinity is shown by miracles, love for everyone, no sin resurrection. Humanity is shown by coming as a baby, suffering, death.)
  - b. ACTIVITY: Read Matthew 14:13-21 (Feeding of the 5,000). How does this story show Jesus both human and divine?
2. Mary is the Mother of Jesus
  - a. Mary said YES when God asked her to be the mother of his Son. When was a time that you said Yes to God?
  - b. ACTIVITY: Fiat is a Latin word meaning "Let it be done". Make a poster of the word Fiat and hang it in your home to remind you to say yes to God like Mary.
3. Jesus saved us through his death and resurrection
  - a. What does it mean to sacrifice? When was a time you made a sacrifice for someone?
  - b. ACTIVITY: Commit to making one sacrifice for your family today: let your sibling have the last cookie, give up 10 minutes of screen time to help your mom, etc.
4. Jesus will come again.
  - a. Jesus is in heaven, and with us all the time. But he will come back to earth at the end of time. Is Jesus' return something to be scared of or something to look forward to? Why? (possible answer: We wait in joyful hope for Jesus' return because then we will be with him forever in heaven).
  - b. ACTIVITY: Make a simple timeline showing the events of the Paschal Mystery: Jesus' death, resurrection, ascension, and return.

**Challenge:** Mary brings us closer to her Son, Jesus. Pray the Glorious Mysteries of the rosary with your family. It takes just 20 minutes. Don't worry about children getting antsy or moving around. Remember, Jesus loves the prayers of children most of all! Here is a link to learn how to pray the rosary: <https://www.usccb.org/how-to-pray-the-rosary>

**Turn In:** On the Christ in Us platform, have each child complete an assignment.