

PLENARY INDULGENCES FOR THE YEAR OF *Saint Joseph*

Year of Saint Joseph Indulgences

**Granted by the Holy See from
December 8, 2020 to December 8, 2021**



YEAR OF SAINT JOSEPH
December 8, 2020 – December 8, 2021

Below is a summary of how you can receive the special indulgences granted by the Holy See for the Year of Saint Joseph. Find the ways to honor Saint Joseph mentioned below. The plenary indulgences granted under the usual conditions (sacramental confession, Eucharistic Communion and prayer according to the Intentions of the Holy Father) to the faithful who, with a spirit detached from any sin, participate in the Year of Saint Joseph on the occasions and in the manner indicated by this Apostolic Penitentiary:

- Meditate for at least 30 minutes on the Our Father
- Participate in a spiritual retreat of at least one day that includes a meditation on Saint Joseph
- Perform a corporal or spiritual work of mercy
- Recite the Holy Rosary in families and between the husband and wife
- Entrust their work daily to the protection of Saint Joseph and to all believers who invoke with their prayers the intercession of the worker of Nazareth
- Pray the litany of Saint Joseph or some other prayer to Saint Joseph, typical of the other liturgical traditions. For the persecuted Church and for the relief of all persecuted Christians
- Pray any lawfully approved prayer or act of piety in honor of Saint Joseph, especially on:
 1. March 19th (Solemnity of Saint Joseph)
 2. May 1st (Feast of Saint Joseph the Worker)
 3. December 26th (Feast of the Holy Family)
 4. The Sunday of Saint Joseph (according to the Byzantine tradition)
 5. The 19th day of every month
- Every Wednesday (a day dedicated to the memory of the Saint according to the Latin tradition) the gift of Plenary indulgence extends particularly to - the elderly, the sick, and the dying.

All those who for legitimate reasons cannot leave their home - who, with the spirit detached from any sin and with the intention of fulfilling as soon as possible, the three usual conditions, in your own home or wherever the impediment holds you, pray an act of piety in honor of Saint Joseph, consolation of the sick and patron of good death, confidently offering God the pains and difficulties of his life.