

## GRADE 5: CHAPTER 1 | BELIEVE

### Supplies:

- Student Text
- A copy of the Apostle's Creed
- A light colored marker
- A bible (We Recommend the Catholic Children's Bible from St. Mary Press for Grade 2 and above)

**Main Theme:** "Be watchful, stand firm in your faith, be courageous, be strong."-1 Corinthians 16:13

### Lesson:

Set up a place where you always work on your Faith Formation Lessons together. Decorate the space with a bible and other sacramentals you may want to use throughout the year. We will be giving you items to help fill this space as the year goes on. Consider having a candle in this space so that we know that something special is happening when we work on our lessons.

**Opening Prayer:** The Our Father together.

Read Chapter 1, pages 11-12 together.

- Read the first two paragraphs on page 11: Reflect together on your child's baptism and confirmation. Discuss what the word "Faith" means to you and to them. Discuss how it feels to try to apply that faith in the "real world". When do you, as a parent, use your faith in your life outside of going to Mass?
- Read the third paragraph on page 11: Talk about where in our lives we see people who have no faith or even just a different faith than us. What does this mean in terms of having conversations with others? Discuss how influences such as YouTube or TV shows or video games affect or challenge our faith? What should you do if you feel like you are being asked to do something "fun", but it goes against what you believe?
- Read the page 12: Read about the Apostle's creed and discuss how this is a profession of our faith. What does profession mean? Is this prayer meant to be said in a monotonous/chant-type way or in a way that tells a story? Have you ever thought about how you say this? Sometimes we have been saying something for so long, it loses it's meaning. This year, our children will learn that this prayer is the story of our faith, it is the summary of all that we believe and this should be said with confidence, reverence, and pride.

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### Introduction to the Bible:

Alongside learning about our faith through The Creed, this is a great year to ensure our children fully understand how the Bible is organized and begin to appreciate how they can use the Bible similar to a textbook. It is the ultimate “reference book” to our faith and should be used as such.

Any Bible will really do for this exercise each week, but the one that I will be using and we have used in class is the BreakThrough!: The Bible for young Catholics.

### Bible Exercise:

1. Discuss the parts of the Bible, explore them together
  - a. Old Testament
  - b. New Testament
  - c. Definitions/Dictionary Section
  - d. Suggested verses for certain circumstances
2. Discuss how you find a certain verse or phrase.
  - a. For Example, 1 Corinthians 16:13 means:
    - i. The Book is 1 Corinthians
    - ii. Within the Book of 1 Corinthians, go to Chapter 16
    - iii. Within Chapter 16 of the Book of 1 Corinthians, go to verse (sentence) 13.

### **Closing Activity and Prayer:**

With your photocopy of the Apostle’s Creed and your light colored marker in hand, together begin to say the Apostle’s Creed. Remember, this is a story, this is something you should “profess”, be confident and courageous as you say it. Each time you say the word BELIEVE, highlight this with your marker.

Throughout the year, we will do this exercise and highlight different words each time. By the end of the year, most of this prayer will be highlighted in your marker color of choice.

### **Concluding prayer:**

Lastly, take a few moments to Thank God for this time you just spent together and all the gifts you receive through your faith and ask God for guidance for the coming week.

This week, make it a habit to say the first sentence of Apostle’s Creed once per day.

“I believe in one God, the Father almighty, maker of Heaven and Earth, of all things visible and invisible. “

## GRADE 5: CHAPTER 1 I BELIEVE

### **Go Forth and Observe:**

This week, make it a habit to say the 1<sup>st</sup> sentence of the Apostle's Creed once a day so that they get accustomed to the words and saying it with you.. Try to observe times during the week where you feel comfortable applying your faith and also observe those times where you know you should, but you don't feel comfortable doing so and let's discuss these the following week.